

Res 04-14

RESOLUTION SUPPORTING SCHOOL-BASED HEALTH SERVICES

WHEREAS, poor health is a significant contributor to decreased academic performance, truancy, and school dropout rates¹; and

WHEREAS, schools have significant potential in impacting the physical, social, and emotional well-being of their students by helping them develop the necessary life-skills to be healthy, achieve academic success, and become productive adults²; and

WHEREAS, *Healthy People 2010* objectives and evidence-based programs support the promotion of health in schools through comprehensive health education and services^{3,4}; and

WHEREAS, the Centers for Disease Control and Prevention's model for coordinated school health programs (CSHP) consists of eight components integral to supporting positive health outcomes in schools: health and physical education; the provision of health services; health promotion for staff; counseling and psychological services; healthy school environments, and; parent/community involvement⁵; and

WHEREAS, "schools with CSHPs report better attendance, less smoking, lower rates of teen pregnancy, increased participation in physical fitness activities, and greater interest in healthier diets."⁵; and

WHEREAS, schools with coordinated and comprehensive school health programs may assist in the provision of health services to students with little or no access to health care in their communities;

THEREFORE, BE IT RESOLVED that the National Association of County and City Health Officials (NACCHO) supports partnering and collaboration between federal, state, and local health and education agencies to assure the health of all students in school settings; and

BE IT FURTHER RESOLVED that NACCHO supports continued evaluation of CSHPs and the integration of evidence-based programs that promote school health; and

BE IT FURTHER RESOLVED that NACCHO supports the development of policies and implementation of programs in collaboration with local communities that address disproportionate access to care and disparate burden of disease, among underrepresented, low-income, and socially disadvantaged populations inside and outside of the school setting.

Proposed by Community Health and Prevention Advisory Committee

Adopted by NACCHO Board of Directors

November 7, 2004

References

¹Butin, Dan. National Clearinghouse for Educational Facilities: School Health Centers. University of Virginia. July 2000 <http://www.edfacilities.org/pubs/health.pdf>

²National Association of School Nurses. Position Statement: Coordinated School Health Education. Adopted June 2003. <http://www.nasn.org/positions/coordinated.htm>

³Whalen LG, Grunbaum JA, Kann L, Hawkins J, McManus T, Davis K. School Health Profiles: Surveillance for Characteristics of Health Programs Among Secondary Schools (Profiles 2002). Atlanta, GA: Centers for Disease Control and Prevention, 2004.

⁴Allensworth, D. (1995). *Research base for innovative practices in school health, Healthy Students 2000: Agenda for improvement in America's schools*. American School Health Association.

⁵Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion. Chronic Disease Notes and Reports: Special Focus- School Health. Winter 2001: Volume 14, Number 1.