

Prevention: A Cornerstone of Health System Reform

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Governor Schwarzenegger's Health Care Reform Proposal

- Prevention, health promotion, and wellness
- Coverage for all Californians
- Affordability and cost containment



Prevention, Health Promotion, and Wellness

- Preventable disease and disability profoundly affect health and contribute to continued growth in health care costs.
- Increased emphasis on disease prevention, health promotion, and healthy lifestyles will improve health outcomes and help contain health care costs.



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Diabetes Prevention & Control

- Establish a national model for the prevention and treatment of diabetes
 - Pre-diabetes and diabetes screening
 - Primary prevention
 - Self-management
 - Collaboration between CDPH, DHCS and community partners
 - Pilot in fee-for-service Medi-Cal



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Health Care Quality

- Preventing medical errors and health care-associated infections
 - Health care facility patient safety programs
 - State Office of Patient Safety
 - New health care safety measures
 - E-prescribing
 - New reporting requirements
 - Healthcare-associated infections
 - “Never events”
 - Non-payment for never events
 - New administrative penalties



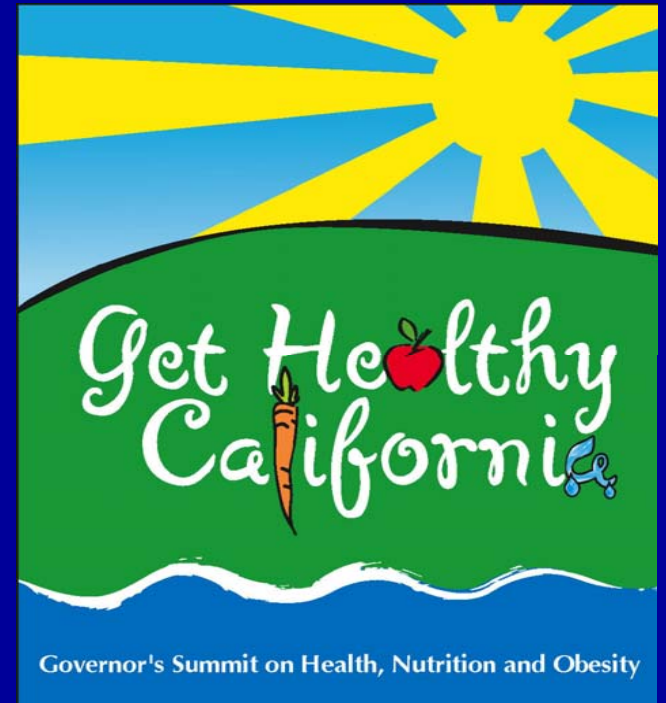
A Healthier California Tobacco Control

- Continue California's leadership in tobacco control and reduce deaths and illness related to tobacco use
 - Increased marketing of Helpline
 - Increased support for cessation services
 - Monitoring of insurer benefits



A Healthier California Obesity Prevention

- Reversing obesity trends through innovative and comprehensive strategies



A Healthier California Obesity Prevention

- Transform the Norm
 - Aggressive media campaign
 - Policy Initiatives



A Healthier California Obesity Prevention

- Healthy Worksites
 - Comprehensive wellness programs
 - Emphasis on nutrition and physical activity
 - Ready access to stairs and healthy foods
 - Incentives to walk, bike, or take public transit to work



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- Healthy Schools
 - Monitor student BMIs
 - Improve food service
 - Vendor offerings
 - Nutrition guidelines
 - Increase physical activity



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- Healthy Communities
 - collaborations between local health departments, schools, community-based organizations, businesses, media



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Healthy Actions

- Structure benefits and provide incentives/rewards to promote prevention, wellness, and healthy lifestyles programs in the public and private sectors

