Sullivan County
Community Themes and Strengths Assessment
Rural Health Network and MAPP Committee

Conducted by:
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Marist College

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EXECUTIVE SUMMARY

In an effort to gain a better understanding of the perceptions of Sullivan County residents Marist College conducted a Community Themes and Strengths Assessment for the MAPP (Mobilizing Action Through Planning and Partnerships) Committee. During this assessment, community thoughts, opinions, and concerns were gathered, providing insight into the issues of importance to the community. Feedback about quality of life in the community and community assets was also gathered. The survey, which was the tool used to compile residents' perceptions for the assessment, was administered to a random sample of Sullivan County residents (N-456) under the supervision of Elizabeth Teed, Ph.D., Director of the Office of Community Research, Marist College. The Rural Health Network funded the entire process.

Among respondents, 63% and 37% were female and male respectively. Respondents were predominately white (86%), married (53%), employed (62%) with household median incomes between $30, 000 - $39,000 and between the ages of 26 and 64 (70%).

Major findings were: the most important indicator for a healthy community was a strong family life (14.2%). Sullivan County residents ranked unhealthy behaviors in order of severity with alcohol abuse (18.2%) perceived as most important and unsafe sex (17.8%) followed. Each indicator was cross-referenced with employment, and age. Additional consideration was given to perceptions held by special populations including: Latino, elderly, geographically isolated Sullivan County rural residents of federal primary care health professional shortage groups, which are currently located in the western corridor of Sullivan County, and economically deprived individuals.

The impressions and thoughts of community residents help to pinpoint important issues and highlight possible solutions. The themes and issues identified here offer additional insight into the findings uncovered in the other three assessments that are part of the MAPP model: the Local Public Health System Assessment, the Community Health Status Assessment, and the Forces of Change Assessment. The four assessments will be used to identify strategic issues and formulate goals and strategies for addressing each issue.

This assessment tool was developed by the Community Themes and Strengths workgroup of MAPP and approved by the entire MAPP subcommittee, a part of Partners in Community (PIC). The members of the MAPP Committee and the co-chairs of the Community Themes and Strengths workgroup are listed on the following page.

THE CO-CHAIRS OF THE COMMUNITY THEMES AND STRENGTHS WORKGROUP:

Gladys Walker, Executive Director of CACHE (Community Action to Help the Economy)

Mary Inghrim (Immediate past Director of Retired Senior and Volunteer Programs at Office for the Aging).

THE MAPP MEMBERS:

Ann Kowalik, Youth Bureau

Ann Weinberg, Youth Bureau

Caroline Massey, Hudson Health Plan

Michael Henry, Hudson Health Plan

Dyan Campbell, Prasad Children's Dental Health Project

Carol Ryan, Public Health

Ellen Galligan, Sullivan County Community College

Genevieve Dainack, Public Safety and Probation

Jeff Skaar, The Recovery Center

Lynne Carlin, Public Health

Shelley Eggleton, Public Health

Sylvia Peters, Public Health

Anne Ring, Public Health

Marc Mendelsohn, Catskill Regional Medical Center

Terri Thall, Maternal Infant Services Network

Trina Heimcke, Aids Related Community Services

Marta Hanacik, Department of Community Services

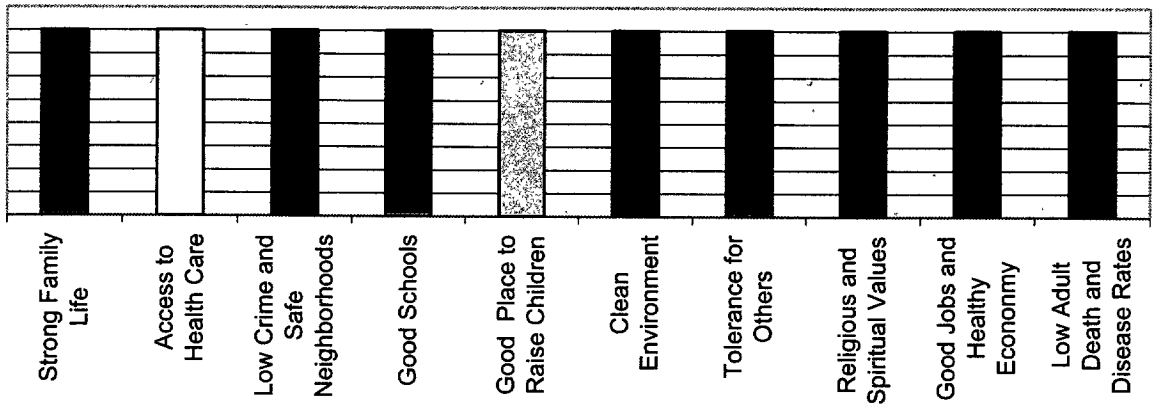
Yvette Windsor, Family Empowerment Council

Scott Clarke, Action toward Independence

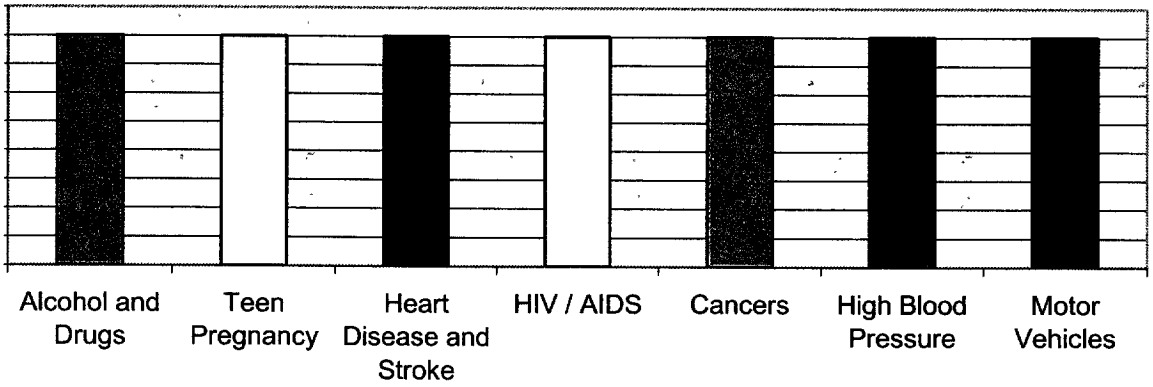
Rena Meyer, Rural Opportunities

Color Key for Sullivan County Report

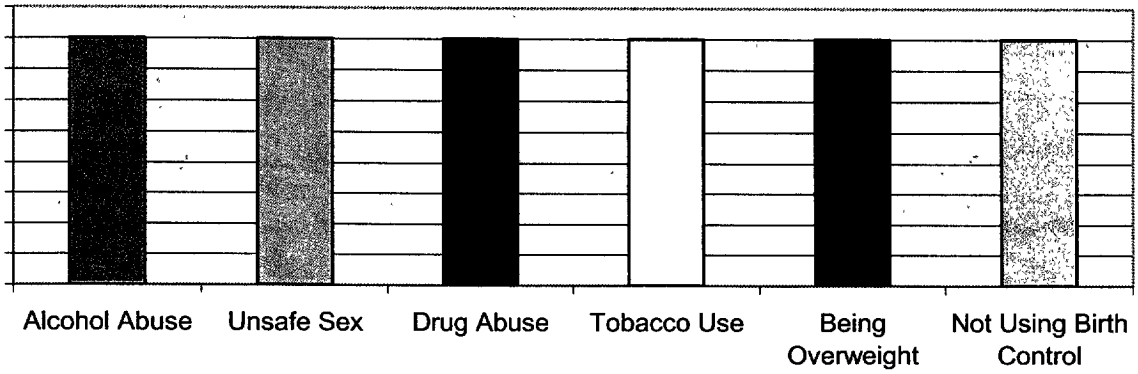
Indicator Colors for A Healthy Community In General



Indicator Colors for Perceptions of Health Problems in Sullivan County



Indicator Colors for Perceptions of Unhealthy Behaviors



Methodology for Data Collection

A random sample telephone survey entitled "Community Themes and Strengths Assessment" of Sullivan County residents was administered in Fall 2002. (Please see Appendix A.) Special populations were further analyzed including Hispanic, elderly, geographically isolated Sullivan County Rural residents of federal primary care health professional shortage groups, and economically deprived individuals.

Who Answered This Survey

Sixty two percent of those surveyed are currently employed. Among those who are currently employed, 79% work full- time. It should be noted that 63% of the respondents are female and 53% are married. Ninety-seven percent of the respondents are eligible to vote and 81% vote on a regular basis. The educational background of the participants shows 31% have a high school diploma/GED, 22% completed some college, 13% have an associate's degree, 13% have a bachelor's degree, and 14% have a master's degree.

County Demographics

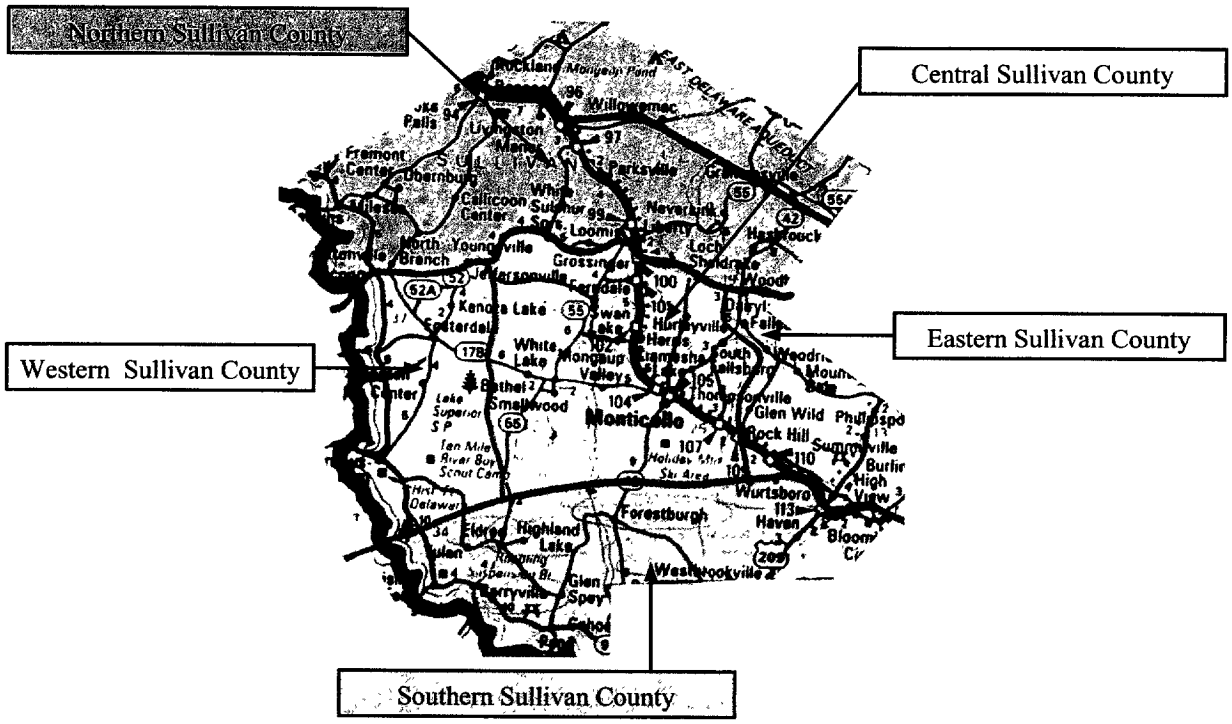
Exhibit A— Comparison of 2001 Census Information and Survey Data

	2001 Census	Survey Data
Ethnicity		
African American / Black	8.5%	6.5%
Asian / Pacific Islander	1.1%	1.1%
Hispanic / Latino	9.2%	6.3%
White / Caucasian	80.1%	84.2%
Income		
Median Household Money Income	$36, 998	$ 30, 000 - $39,000
Age		
Persons Under 18	24.9%	-
Persons Over 65	14.3%	24%
Gender		
Male	-	37%
Female	49.1%	63%

Sullivan County by Geographic Area

To better understand the perceptions of residents in different parts of the County, the County was divided into the following sections: Northern, Southern, Central, Eastern, and Western. Please see Exhibit B.

Exhibit B— Sullivan County by Geographic Area

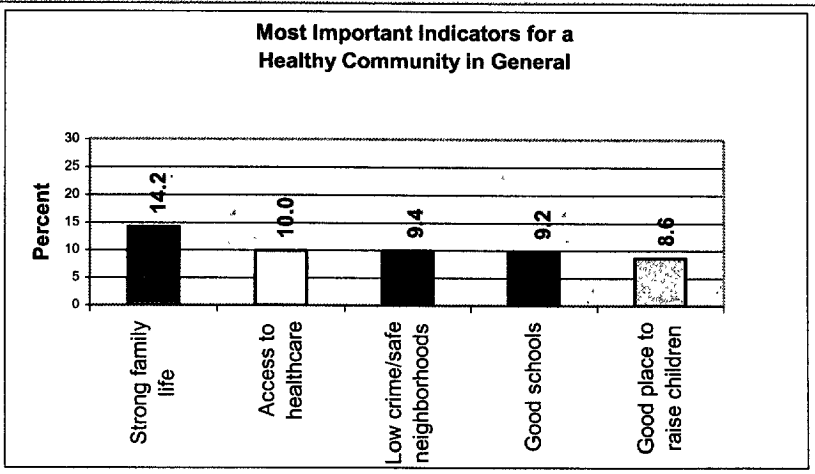


Limitations

It is important to recognize that the data collected for this survey represents Sullivan County residents' perceptions of health indicators and that the information provided is not data measuring the incidence of each indicator.

General Populations Perceptions

Exhibit C— Most Important Indicators for a Healthy Community In General.



Overall Sullivan County residents identified strong family life as the most important indicator (14.2%) for a healthy community. The following illustrate the 3 most important indicators for a healthy community as identified by respondents from each geographic area in the county. (For a map of area delineations please see page 4, exhibit B).

Three Most Important Indicators for a Healthy Community - by Geographic Area

The following illustrate the three most important indicators for a healthy community as identified by respondents from each geographic area in the county. (For a map of area delineations please see page 4, exhibit B).

Exhibit D - *Three Most Important Indicators for a Healthy Community - **Northern Sullivan County***

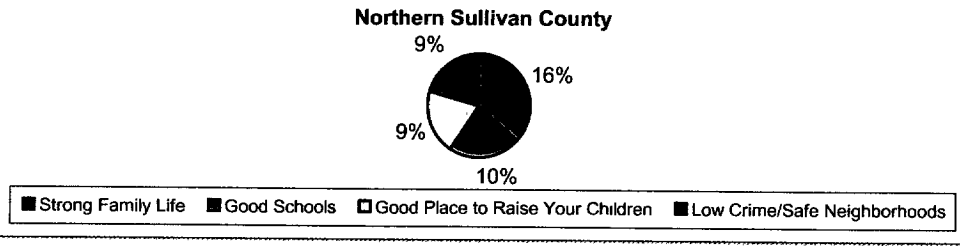


Exhibit E -*Three Most Important Indicators for a Healthy Community - **Southern Sullivan County***

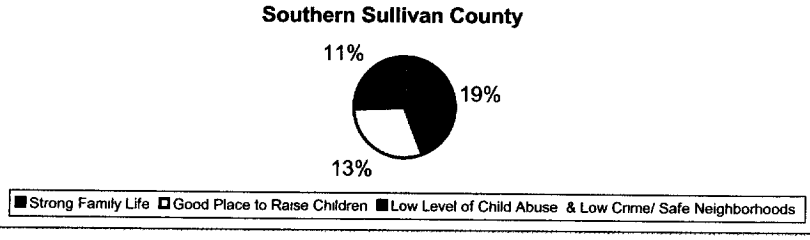


Exhibit F - *Three Most Important Indicators for a Healthy Community - **Eastern Sullivan County***

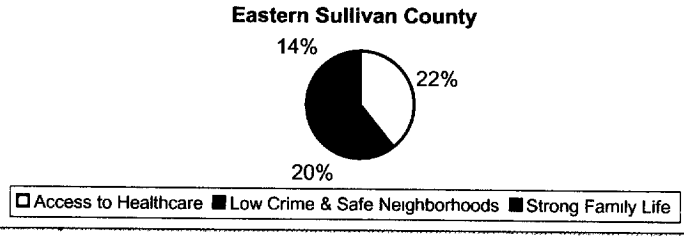


Exhibit G - *Three Most Important Indicators for a Healthy Community - **Western Sullivan County***

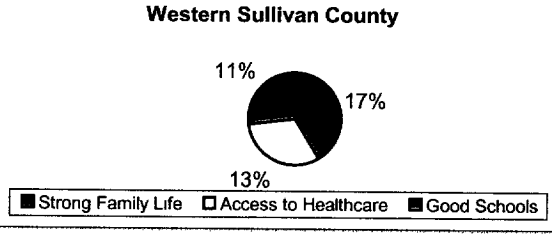
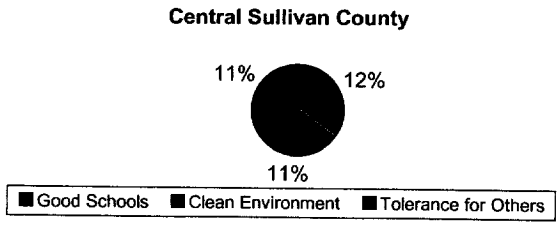


Exhibit H - *Three Most Important Indicators for a Healthy Community - **Central Sullivan County***



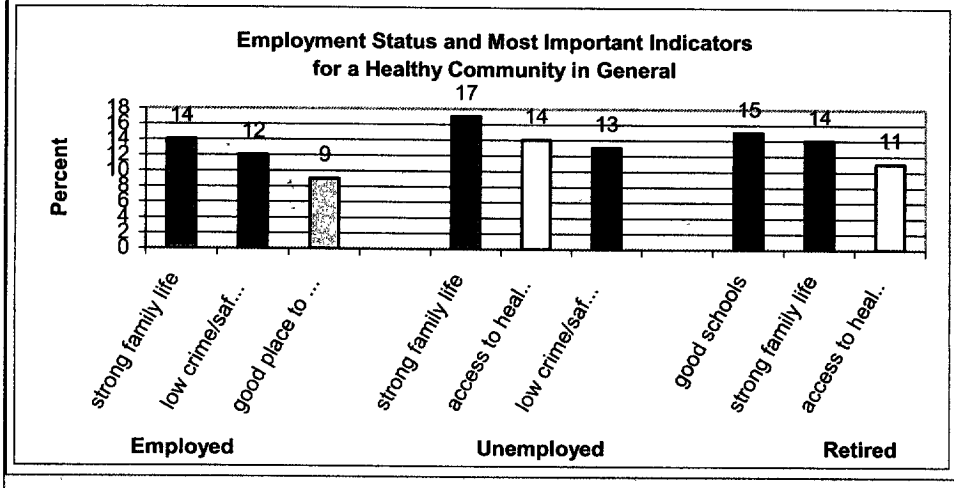
The following table presents relationships between age and the most important indicators for a healthy community.

Exhibit I— Age and Most Important Indicator for a Healthy Community

Age	16 – 20 Years	21 – 25 Years	26 – 39 Years	40-54 Years	55 – 64 Years	65+ Years
	24% Low Crime Safe Neighborhoods	13% Good Place to Raise a Child *Family Life*	17% Strong Family Life	15% Strong Family Life	13% Good Schools	15% Strong Family Life
	18% Good Schools	13% Low Crime *Healthcare*	13% Low Crime Safe Neighborhoods	12% Low Crime Safe Neighborhoods	13% Access to Healthcare	14% Good Schools
	18% Strong Family Life	13% Religious Spiritual Values	11% Access to Healthcare	10% Access to Healthcare	11% Tolerance for Others	9% Raise Child *Clean Environment*

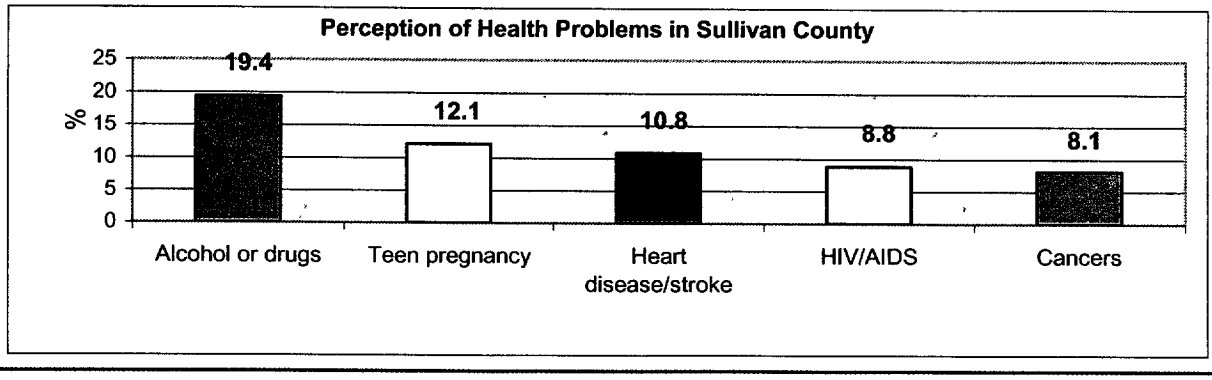
Employment status and most important indicators for a healthy community are shown below.

Exhibit J— Employment Status and Most Important Indicator for a Healthy Community



More than 19% of all respondents reported alcohol and drugs was the most serious health problem in Sullivan County; 12% and 11% identified teen pregnancy and heart disease respectively.

Exhibit K— Perception of Health Problems in Sullivan County



Perception of Health Problems in Sullivan County - by Geographic Area

Exhibits L through P show respondents perceptions of specific health problems in their geographic area.

Exhibit L - *Perception of Health Problems in Sullivan County - **Northern Sullivan County***

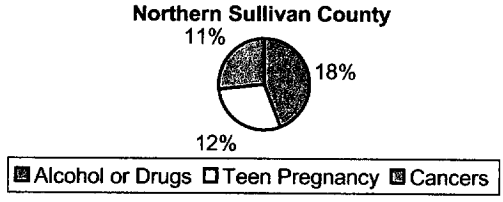


Exhibit M - *Perception of Health Problems in Sullivan County - **Southern Sullivan County***

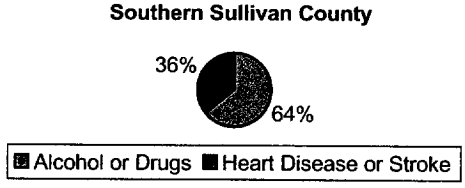


Exhibit N - *Perception of Health Problems in Sullivan County - **Eastern Sullivan County***

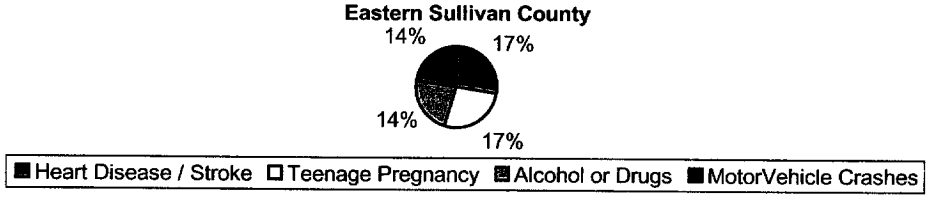


Exhibit O - *Perception of Health Problems in Sullivan County - **Western Sullivan County***

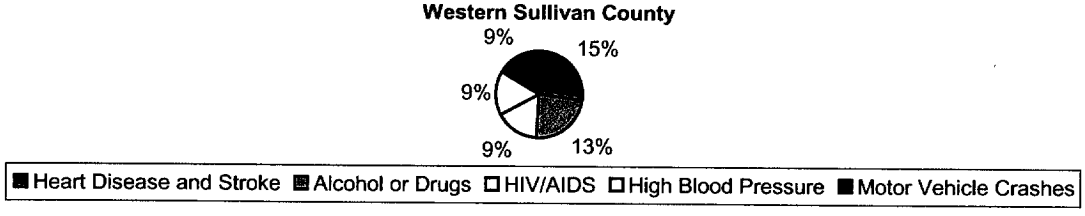


Exhibit P - *Perception of Health Problems in Sullivan County - **Central Sullivan County***

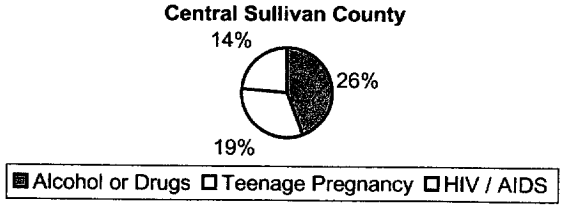
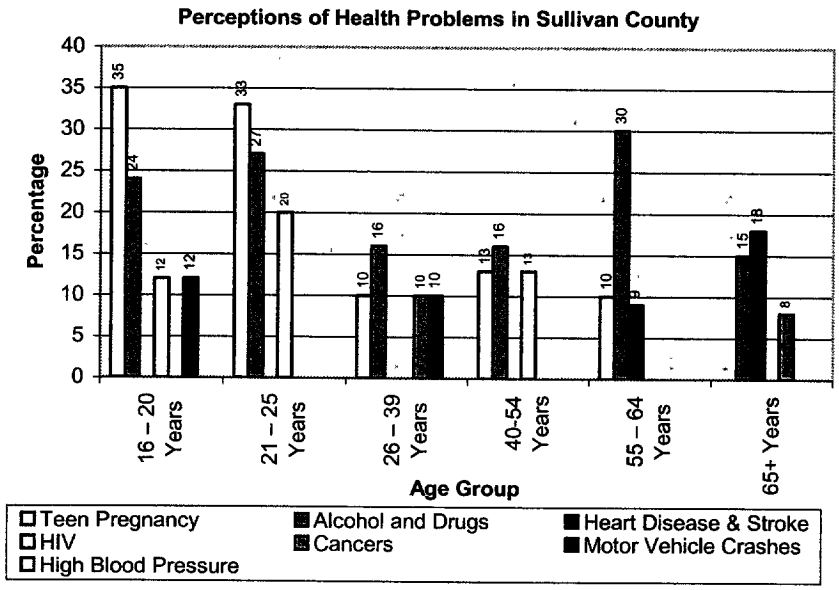
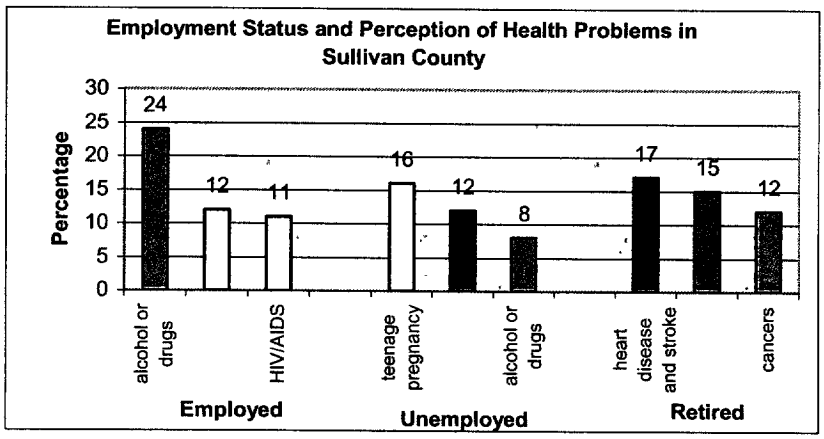


Exhibit Q— Age and Perceptions of Health Problems in Sullivan County



The perceptions of health problems in Sullivan County by individuals in particular age groups are identified below.

Exhibit R— Employment Status and Perceptions of Health Problems in Sullivan County

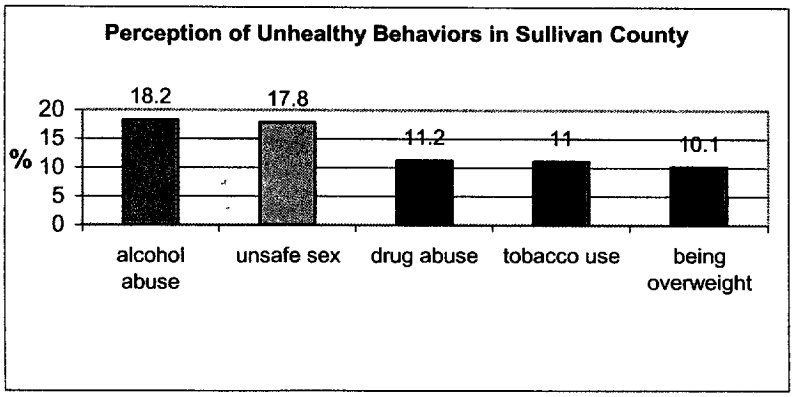


Health problems are shown below in relation to employment status.

Perception of Unhealthy Behaviors in Sullivan County

Exhibit S— Perception of Unhealthy Behaviors in Sullivan County

Alcohol abuse was perceived to be the most common unhealthy behavior by 18.2% of respondents with unsafe sex following, at 17.8% and drug abuse at 11.2%.



Perception of Health Problems in Sullivan County - by Geographic Area

Exhibits V through Z show respondents' perceptions of specific unhealthy behavior in their

Exhibit T - *Perception of Unhealthy Behavior in Sullivan County - **Northern Sullivan County***

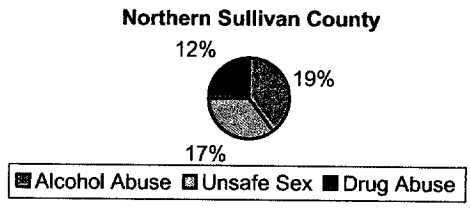


Exhibit U - *Perception of Unhealthy Behavior in Sullivan County - **Southern Sullivan County***

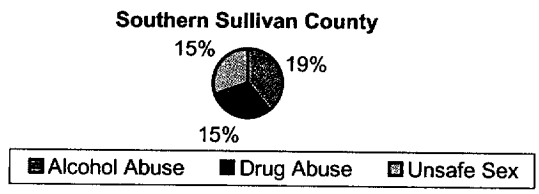


Exhibit V - *Perception of Unhealthy Behavior in Sullivan County - **Eastern Sullivan County***

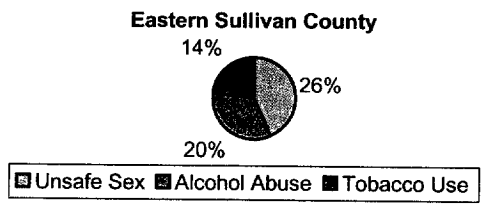


Exhibit W - *Perception of Unhealthy Behavior in Sullivan County - **Western Sullivan County***

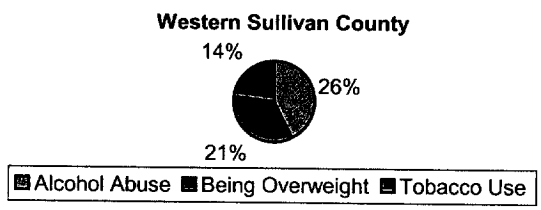


Exhibit X - *Perception of Unhealthy Behavior in Sullivan County - **Central Sullivan County***

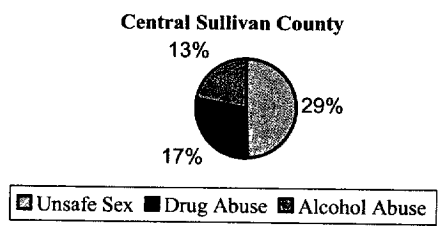
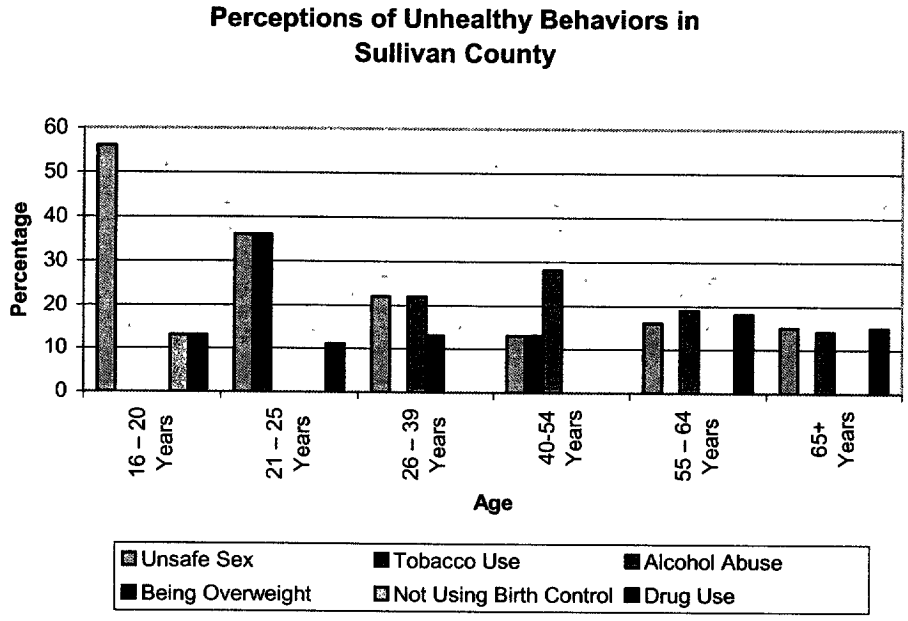
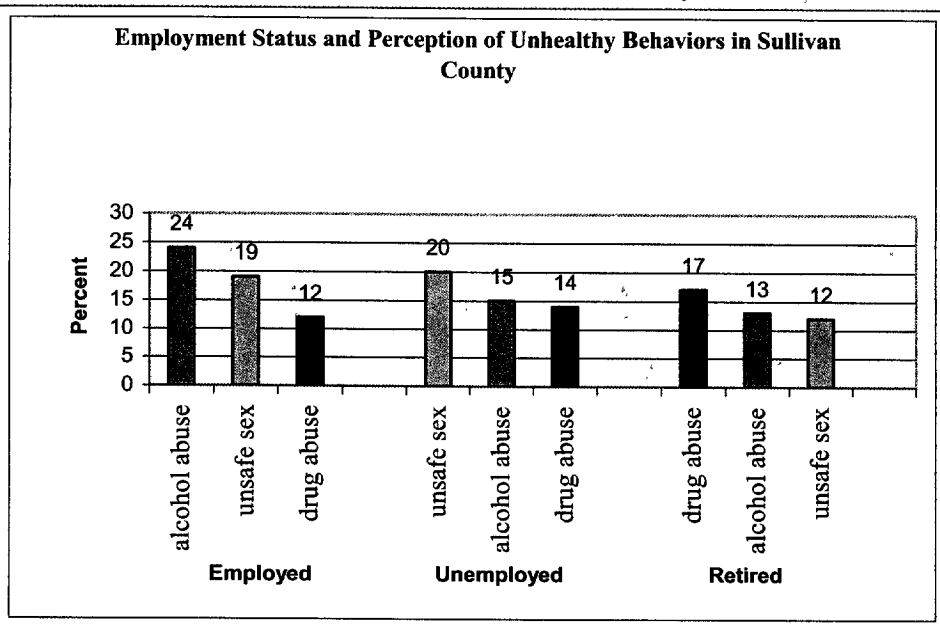


Exhibit Y - Age and Perceptions of Unhealthy Behaviors in Sullivan County



The perceptions of unhealthy behaviors in Sullivan County by individuals in particular age groups are identified in exhibit Y.

Exhibit Z - Employment Status and Perceptions of Unhealthy Behavior in Sullivan County



Unhealthy behaviors are shown below in relation to employment status.

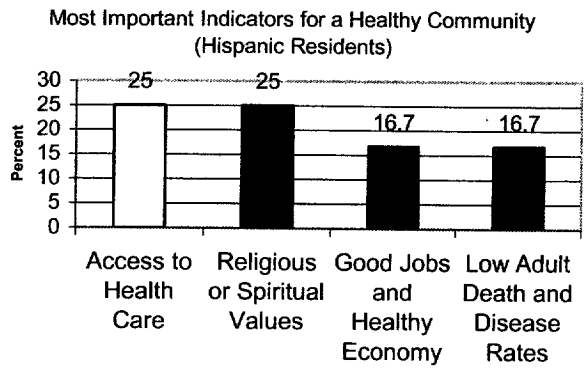
Special Populations

Additional consideration was given to the perceptions held by special populations including: Latino, elderly, geographically isolated Sullivan County rural residents of federal primary care health profession shortage groups which are currently located in the western corridor of Sullivan County, and economically deprived individuals,

Latino Respondents

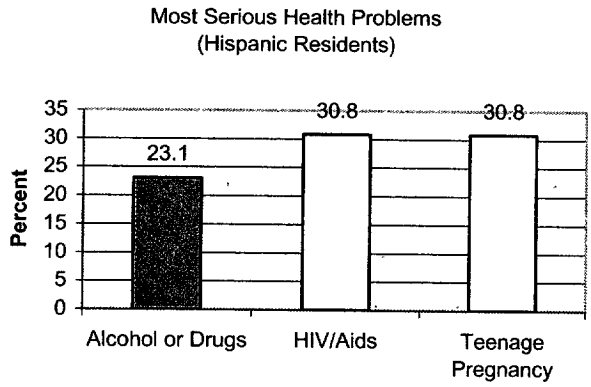
The Hispanic population is continually growing in Sullivan County and is considered an 'emerging population.' Based on the perceptions of human service providers, this population may be particularly important because barriers, such as language, transportation and citizen status, inhibit receiving services. To ensure the opinions and needs of the Hispanic population were adequately represented in this study, efforts were made to target these individuals. Staff from Rural Opportunities solicited information from Spanish speaking clients and the data gathered is presented below.

Exhibit GG - Most Important Indicators for a Healthy Community



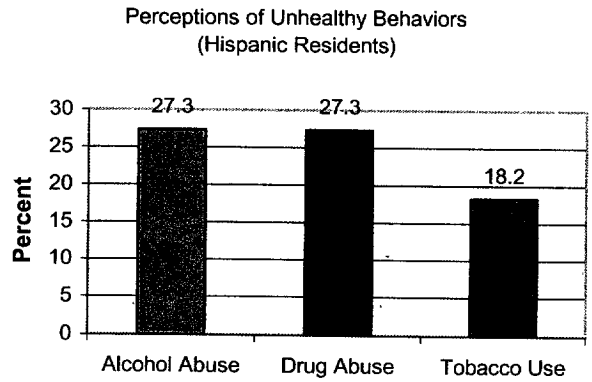
When Hispanic residents of Sullivan County were asked about the most important indicator for a healthy community, access to healthcare, religious or spiritual values, good jobs, healthy economy and low adult death and disease rates were among the most frequently reported responses.

Exhibit HH - Perceptions of Top Three Health Problems



Hispanic citizens identified that alcohol and drugs, HIV/AIDS, and teenage pregnancy as the most serious health problem in Sullivan County communities.

Exhibit II - Perceptions of Unhealthy Behaviors

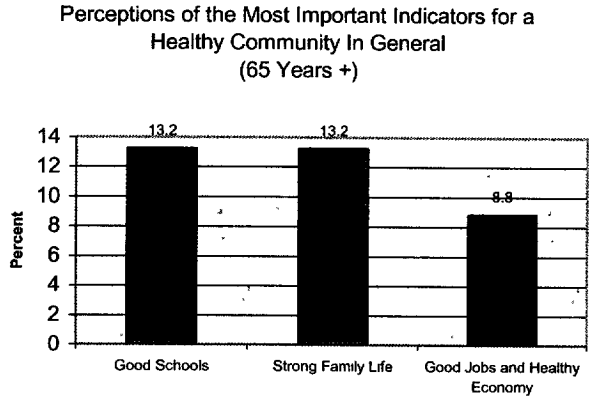


When asked about the most problematic unhealthy behaviors, Hispanic citizens reported alcohol abuse, drug abuse, and tobacco most frequently among the most unhealthy behaviors in Sullivan County communities.

Elderly Respondents

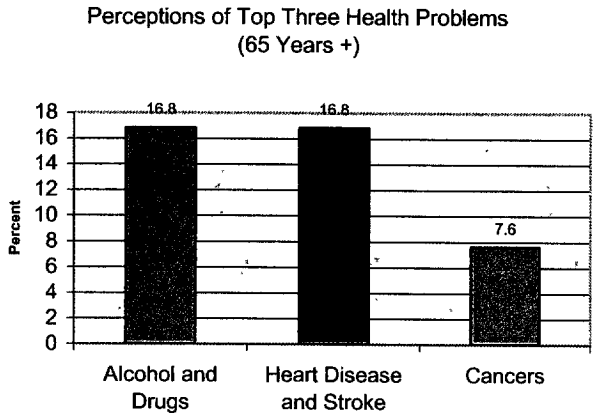
The Office for the Aging holds a regular advisory meeting that was attended by researchers to gather information about issues specific to the elderly population. When the respondents 65 years and older were asked about the most important indicator for a healthy community good schools, strong family life, good jobs and healthy economy were reported as important.

Exhibit AA - Perceptions of the Most Important Indicators for a Healthy Community in General



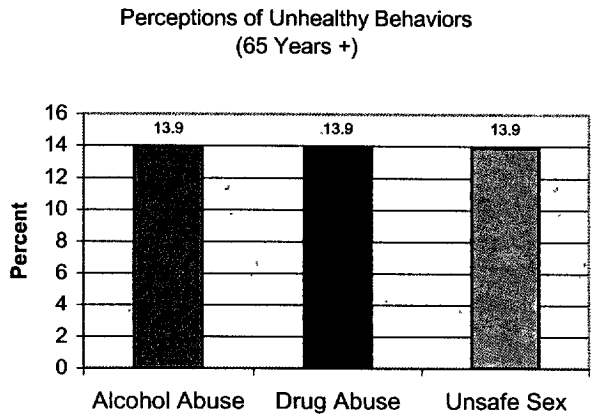
Individuals in this age bracket identified transportation as particularly problematic in Sullivan County. They reported being unable to easily access health care due to lack of specialty services (allergists, cardiologists, etc.) in the County, and the difficulty acquiring transportation to those programs/services. The shortage of home health aids was also identified as problematic, and was perceived to be most severe in the more rural areas of the County.

Exhibit BB - Perceptions of the Top Three Health Problems



Respondents 65 years and older believe that alcohol and drugs are the most problematic health problem in Sullivan County communities. Exhibit BB demonstrates the top three responses from these respondents.

Exhibit CC - Perceptions of Unhealthy Behaviors

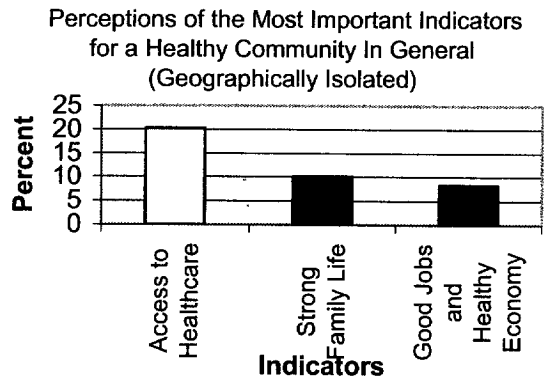


When asked about the most serious unhealthy behaviors those respondents who were 65 and older thought alcohol abuse, drug abuse, and unsafe sex were the most unhealthy behaviors in Sullivan County communities. Exhibit CC demonstrates these perceptions.

Geographically Isolated Respondents

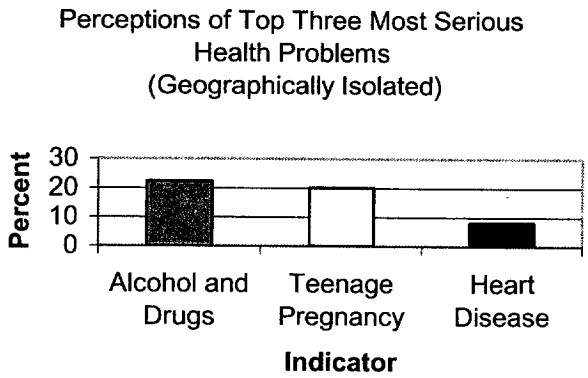
In areas identified as geographically isolated residents reported their greatest barrier is that services are located in more urban areas which are long distances from them. This problem is further exacerbated by the lack of transportation to and from services. Residents of the Western corridor also reported the lack of employment opportunities as problematic. This population perceives only low paying jobs are available to them which do not enable them to save enough to move into more central and less remote areas of the county.

Exhibit JJ - Most Important Indicators for a Healthy Community in general



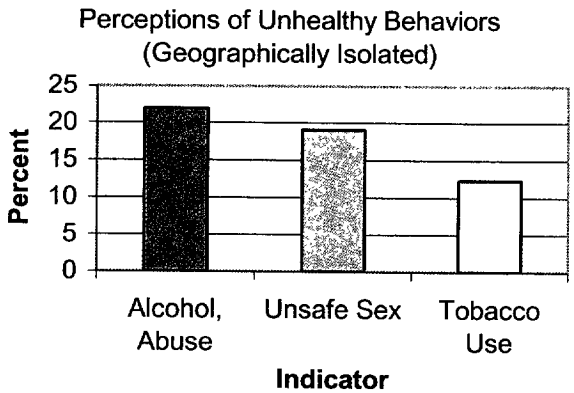
Individuals in geographically isolated areas identified access to healthcare as the most important indicator for a healthy community. Strong family life and good jobs were also identified as important.

Exhibit KK - Perceptions of Top Three Health Problems



Respondents in the Western corridor of Sullivan County perceived alcohol and drugs to be the most serious health problem. Exhibit KK demonstrates that teenage pregnancy and heart disease were also perceived to be serious health concerns.

Exhibit LL - Perceptions of Unhealthy Behaviors

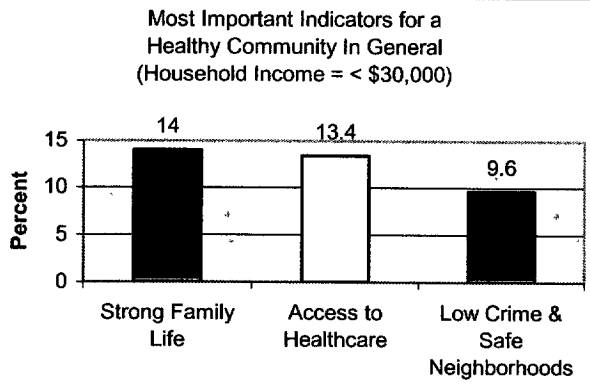


Alcohol abuse, unsafe sex and tobacco use were identified as the top three unhealthy behaviors in Sullivan County by individuals who are geographically isolated.

Economically Deprived Respondents

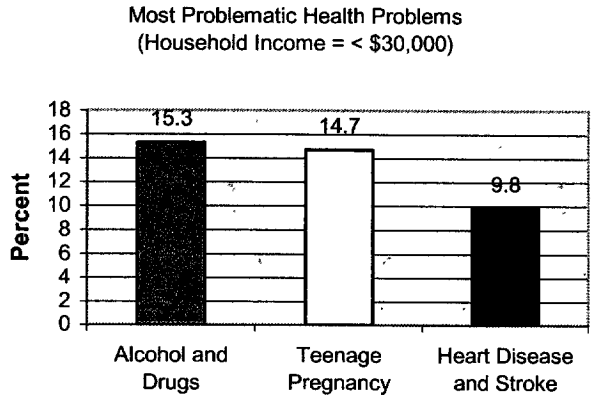
With assistance from Community Action to Help the Economy, individuals receiving food at various CACHE locations were asked to discuss the items presented on the survey. More than one hundred meals recipients informed researchers of their needs and specific barriers to services they experienced. Their responses are identified below.

Exhibit DD - Most Important Indictors for a Healthy Community in General



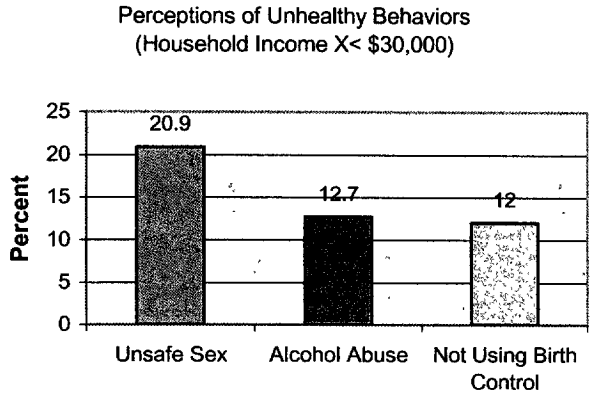
When respondents with household incomes of less than $30,000 were asked about the most important indicator for a healthy community, strong family life, access to health care, low crime and safe neighborhoods were stated as important.

Exhibit EE– Perceptions of the Top Three Health Problems



Citizens with a household income of less than $30,000 report that alcohol, teenage pregnancy, and heart disease are the most serious health problem in Sullivan County communities. Alcohol, teenage pregnancy, heart disease and stroke demonstrate the top three responses from these residents.

Exhibit FF - Perceptions of Unhealthy Behaviors



When asked about the most problematic unhealthy behaviors those respondents with household incomes of less than $30,000 reported unsafe sex, alcohol abuse and not using birth control were the most unhealthy behaviors in Sullivan County communities. Exhibit FF demonstrates these perceptions.

References

1. Sullivan County Rural Health Network
2. Sullivan County MAPP Committee
3. Office of Community Research, Marist College
4. U.S. Census Bureau
5. U.S. Postal Service
6. Rand McNally

APPENDIX A

Sullivan County Community Health Survey

I am going to ask you about some indicators for **healthy communities in general**. I'd like you to rate the importance of each on a scale from 1 to 5, where 1 is not important and 5 is very important. *(DK stands for don't know, but do not read this choice. Circle the respondent's answers.)*

1. Good place to raise your children	1 (*not important*)	2	3	4	5 (*very important*)	DK
2. Low crime/safe neighborhoods	1 (*not important*)	2	3	4	5 (*very important*)	DK
3. Low level of child abuse	1 (*not important*)	2	3	4	5 (*very important*)	DK
4. Good schools	1 (*not important*)	2	3	4	5 (*very important*)	DK
5. Access to health care	1 (*not important*)	2	3	4	5 (*very important*)	DK
6. Parks and recreation	1 (*not important*)	2	3	4	5 (*very important*)	DK
7. Clean environment	1 (*not important*)	2	3	4	5 (*very important*)	DK
8. Affordable housing	1 (*not important*)	2	3	4	5 (*very important*)	DK
9. Religious or spiritual values	1 (*not important*)	2	3	4	5 (*very important*)	DK
10. Arts and cultural values	1 (*not important*)	2	3	4	5 (*very important*)	DK
11. Excellent tolerance for other races religions, ethnic groups, and lifestyles	1 (*not important*)	2	3	4	5 (*very important*)	DK
12. Good jobs and healthy economy	1 (*not important*)	2	3	4	5 (*very important*)	DK
13. Strong family life	1 (*not important*)	2	3	4	5 (*very important*)	DK
14. Healthy behaviors and lifestyles	1 (*not important*)	2	3	4	5 (*very important*)	DK
15. Low adult death and disease rates	1 (*not important*)	2	3	4	5 (*very important*)	DK
16. Low infant deaths	1 (*not important*)	2	3	4	5 (*very important*)	DK

16a. Of the factors I have just read to you, which would you consider to be the most important indicator for a healthy community in general?

_____

Now I am going to read you a list of health problems that can affect a community. Using a scale from 1 to 5, where 1 is not serious and 5 is very serious, please tell me **how serious each health problem is in your community**.

17. Aging problems	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
18. Alcohol or drugs	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
19. Cancers	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
20. Child abuse/neglect	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
21. Dental problems	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
22. Diabetes	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
23. Domestic violence	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
24. Firearm-related injuries	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
25. Heart disease and stroke	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
26. High blood pressure	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
27. HIV/AIDS	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
28. Homicide	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
29. Infant death	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
30. Infectious diseases (ex. Hepatitis, TB)	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
31. Mental health problems	1 (*not serious*)	2	3	4	5 (*very serious*)	DK

32. Motor vehicle crash injuries	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
33. Rape/sexual assault	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
34. Respiratory/lung disease	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
35. Sexually transmitted diseases	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
36. Suicide	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
37. Teenage pregnancy	1 (*not serious*)	2	3	4	5 (*very serious*)	DK

37a. What do you think is the most problematic health problem in your community? *(From the list above. Questions 17-37)*

_____

Now I am going to read you a list of unhealthy behaviors that can affect a community. Using the same scale as before, from 1 to 5, where 1 is not serious and 5 is very serious, please indicate **how serious each unhealthy behavior is in your community.**

38. Alcohol abuse	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
39. Being overweight	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
40. Dropping out of school	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
41. Drug abuse	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
42. Lack of exercise	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
43. Poor eating habits	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
44. Not getting immunized	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
45. Discrimination	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
46. Tobacco use	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
47. Not using birth control	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
48. Not using seat belts/ child safety seats	1 (*not serious*)	2	3	4	5 (*very serious*)	DK
49. Unsafe sex	1 (*not serious*)	2	3	4	5 (*very serious*)	DK

49A. What do you think is the most problematic unhealthy behavior in your community? *(From the list above. Questions 38-49)*

_____

50. Would you consider your community to be… *(Read choices)*
    1. very healthy
    2. somewhat healthy
    3. healthy
    4. unhealthy
    5. very unhealthy?

51. Would you consider your own personal health to be… *(Read choices)*
    1. very healthy
    2. somewhat healthy
    3. healthy
    4. unhealthy
    5. very unhealthy?

52. Do you volunteer?
   1. Yes
   2. No (If so, skip to question 54)

53. *If so*, how many hours do you volunteer per week?
   1. none (do not volunteer)
   2. 1-5 hours
   3. 6-10 hours
   4. over 10 hours

54. When you are feeling stressed, do you: (*Read choices*)
   1. feel alone with no where to turn.
   2. have assistance and know who to turn to in times of need.
   3. stress is not a significant factor for me.

55. Do you have a job?
   1. yes
   2. no (If so, skip to question 56)
   3. retired (If so, skip to question 56)

55a. Are you employed...
   1. full-time
   2. part-time

56. Are there adequate daycare services available in your community for children?
   1. yes
   2. no
   3. I don't know

57. Are there adequate daycare services available in your community for senior citizens?
   1. yes
   2. no
   3. I don't know

Now I am going to ask you some questions for demographic purposes. Keep in mind you will not be identified in anyway with your answers.

58. Could I please have your zip code_____

59. What is your age:
   1. 16-20
   2. 21-25
   3. 26-39
   4. 40-54
   5. 55-64
   6. 65 and over

60. Gender (Don't ASK!)
   1. Male

2. *Female*

61. What is your marital status?
    1. *Married*
    2. *Living with a partner*
    3. *Not married/single*
    4. *Separated/divorced*
    5. *Widowed*

62. What ethnic group do you most identify with?
    1. *African American/black*
    2. *Asian/Pacific Islander*
    3. *Hispanic/Latino*
    4. *Native American*
    5. *White/Caucasian*

63. What the highest level of education you have completed?
    1. *Less than high school*
    2. *High school diploma/GED/equivalent*
    3. *Some college, but did not complete a degree.*
    4. *Associates degree*
    5. *Bachelors degree*
    6. *Master's degree*
    7. *Doctoral degree*

64. Please indicate which category your household income is in: *(Read Choices)*
    1. Less than $20,000
    2. $20,000 to $29,000
    3. $30,000 to $39,000
    4. $40,000 to $49,000
    5. $50,000 to $59,000
    6. over $60,000

65. Do you have transportation when you need to get to the doctor?
    1. *Yes*
    2. *No*

66. What method do you use to pay for your health care?
    1. *Health insurance*
    2. *Veteran's Administration*
    3. *Pay cash*
    4. *HMO*
    5. *Medicaid*
    6. *Medicare*
    7. *Child Health Plus*
    8. *Other* _____

67. Do you receive the majority of your healthcare in Sullivan County?
    1. *Yes*
    2. *No*

If no, where do you receive your healthcare? _____

68. Are you eligible to vote?
    1. *Yes*
    2. *No (If so, skip question 69)*

69. Do you vote on a regular basis?
    1. *Yes*
    2. *No*

Thank you very much for your time. We appreciate your opinions. Have a good evening.

APPENDIX B

El!cuesta de la Salud de la Comunidad del Condado de Sullivan
El Departamento de Salud del Condado de Sullivan esta obteniendo informaci6n para ayudar a establecer una mejor politica de salud. La Oficina de Investigaciones Comunitarias de Marist College fue contratada para procesar las encuestas. Por favor, tome unos minutos para completar esta encuesta, y devuelvala usando el sobre adjunto. La informaci6n que se recoja sera mantenida completamente confidencial, y usted no sera identificado(a) en ninguna forma por sus respuestas.

A continuaci6n hay algunos indicadores para comunidades saludables en general. Favor de clasificar la importancia de cada uno en una escala de 1 a 5, donde 1 indica que no es importante y 5 indica que es muy importante. (NS indica "No se".)

1. Buen lugar para criar a los hijos
   1 (no es importante) 2 3 4 5 (muy importante) NS
2. Crimen bajo, vecindario seguro
   1 (no es importante) 2 3 4 5 (muy importante) NS
3. Nivel bajo en abuso de nifios
   1 (no es importante) 2 3 4 5 (muy importante) NS
4. Escuelas buenas
   1 (no es importante) 2 3 4 5 (muy importante) NS
5. Acceso a cuido de la salud
   1 (no es importante) 2 3 4 5 (muy importante) NS
6. Parques y recreaci6n
   1 (no es importante) 2 3 4 5 (muy importante) NS
7. Medio ambiente limpio
   1 (no es importante) 2 3 4 5 (muy importante) NS
8. Viviendas a precios razonables
   1 (no es importante) 2 3 4 5 (muy importante) NS
9. Valores religiosos o espirituales
   1 (no es importante) 2 3 4 5 (muy importante) NS
10. Valores culturales y artisticos
    1 (no es importante) 2 3 4 5 (muy importante) NS
11. Excelente tolerancia para otras razas, grupos etnicos, y estilos de vida
    1 (no es importante) 2 3 4 5 (muy importante) NS
12. Trabajos buenos y economia buena
    1 (no es importante) 2 3 4 5 (muy importante) NS
13. Vida en familia es fuerte
    1 (no es importante) 2 3 4 5 (muy importante) NS
14. Comportamiento y estilos de vida saludables
    1 (no es importante) 2 3 4 5 (muy importante) NS
15. Proporci6n baja de enfermedades y muertes de adultos
    1 (no es importante) 2 3 4 5 (muy importante) NS
16. Muertes de infantes son bajas
    1 (no es importante) 2 3 4 5 (muy importante) NS

16a. De los factores mencionados arriba, lCual consideraria usted el indicador mas importante para una comunidad saludable en general?

A continuaci6n hay una lista de problemas de la salud que pueden afectar a la comunidad. Utilizando una escala de 1 a 5, en donde 1 indica no serio y 5 indica muy serio, favor de decir cuan serio es cada problema de la salud en su comunidad.

17. Problemas de envej ecer
1 (no serio) 2 3 4 5 (muy serio) NS
18. Alcoholo drogas
1 (no serio) 2 3 4 5 (muy serio) NS
19. cancer
1 (no serio) 2 3 4 5 (muy serio) NS
20. Abuso/negligencia de nifios
1 (no serio) 2 3 4 5 (muy serio) NS
21. Problemas dentales
1 (no serio) 2 3 4 5 (muy serio) NS
22. Diabetes
1 (no serio) 2 3 4 5 (muy serio) NS
23. Violencia domestica
1 (no serio) 2 3 4 5 (muy serio) NS
24. Heridas/lesiones relacionadas con armas de fuego
1 (no serio) 2 3 4 5 (muy serio) NS
25. Enfermedades del coraz6n y embolia/ataque cerebral
1 (no serio) 2 3 4 5 (muy serio) NS
26. Presi6n alta
1 (no serio) 2 3 4 5 (muy serio) NS
27. VIH/SIDA
1 (no serio) 2 3 4 5 (muy serio) NS
28. Homicidio
1 (no serio) 2 3 4 5 (muy serio) NS
29. Muertes de infantes
1 (no serio) 2 3 4 5 (muy serio) NS
30. Enfermedades contagiosas (ejemplos: Hepatitis, Tuberculosis)
1 (no serio) 2 3 4 5 (muy serio) NS
30. Problemas de salud mental
1 (no serio) 2 3 4 5 (muy serio) NS
32. Heridas/lesiones de accidentes de trafico
1 (no serio) 2 3 4 5 (muy serio) NS
33. Asalto sexual/ultraje
1 (no serio) 2 3 4 5 (muy serio) NS
34. Enfermedades respiratorias/de los pulmones
1 (no serio) 2 3 4 5 (muy serio) NS
35. Enfermedades transmitidas por contacto sexual
1 (no serio) 2 3 4 5 (muy serio) NS
36. Suicidio
1 (no serio) 2 3 4 5 (muy serio) NS
37. Embarazos de adolescentes
1 (no serio) 2 3 4 5 (muy serio) NS
37a. ;,cual piensa usted es el problema de salud mas serio en su comunidad? (De la lista mencionada arriba. Preguntas 17-37.)

A continuaci6n hay una lista de comportamientos que no son saludables y que pueden afectar a una comunidad. Utilizando la misma escala anterior, en donde 1 indica no serio y 5 indica muy serio, favor de indicar cuan serio es cada comportamiento que no es saludable en su comunidad.

38. Abuso de alcohol
1 (no serio) 2 3 4 5 (muy serio) NS
39. Estar sobrepeso
1 (no serio) 2 3 4 5 (muy serio) NS
40. Abandonar los estudios
1 (no serio) 2 3 4 5 (muy serio) NS
41. Abuso de drogas -
1 (no serio) 2 3 4 5 (muy serio) NS
42. Falta de ejercicio
1 (no serio) 2 3 4 5 (muy serio) NS
43. Rabitos malos de comer
1 (no serio) 2 3 4 5 (muy serio) NS
44. No recibir inmunizaciones
1 (no serio) 2 3 4 5 (muy serio) NS
45. Discriminaci6n
1 (no serio) 2 3 4 5 (muy serio) NS
46. Uso de tabaco
1 (no serio) 2 3 4 5 (muy serio) NS
47. No usar contraceptivos
1 (no serio) 2 3 4 5 (muy serio) NS
48. No usar cinturones de seguridad/asientos de seguridad para nifios
1 (no serio) 2 3 4 5 (muy serio) NS
49. Racer el sexo sin protecci6n
1 (no serio) 2 3 4 5 (muy serio) NS
49a. lcual piensa usted es el problema de comportamiento mas serio en su comunidad? (De la lista mencionada arriba. Preguntas 38- 49.)

50. l Consideraria usted que su comunidad es. ..?
1. muy saludable
2. algo saludable
3. saludable
4. poco saludable
5. no saludable

51. lConsideraria usted que su salud personal es... ?
1. muy saludable
2. algo saludable
3. saludable
4. poco saludable
5. no saludable

A continuaci6n hay una lista de comportamientos que no son saludables y que pueden afectar a una comunidad. Utilizando la misma escala anterior, en donde 1 indica no serio y 5 indica muy serio, favor de indicar cuan serio es cada comportamiento Que no es saludable en su comunidad.
38. Abuso de alcohol

1 (no serio) 2 3 4 5 (muy serio) NS

39. Estar sobrepeso

1 (no serio) 2 3 4 5 (muy serio) NS

40. Abandonar los estudios

1 (no serio) 2 3 4 5 (muy serio) NS

41. Abuso de drogas -

1 (no serio) 2 3 4 5 (muy serio) NS

42. Falta de ejercicio

1 (no serio) 2 3 4 5 (muy serio) NS

43. Rabitos malos de comer

1 (no serio) 2 3 4 5 (muy serio) NS

44. No recibir inmunizaciones

1 (no serio) 2 3 4 5 (muy serio) NS

45. Discriminaci6n

1 (no serio) 2 3 4 5 (muy serio) NS

46. Uso de tabaco

1 (no serio) 2 3 4 5 (muy serio) NS

47. No usar contraceptivos

1 (no serio) 2 3 4 5 (muy serio) NS

48. No usar cinturones de seguridad/asientos de seguridad para nifios

1 (no serio) 2 3 4 5 (muy serio) NS

49. Racer el sexo sin protecci6n

1 (no serio) 2 3 4 5 (muy serio) NS

49a. lcual piensa usted es el problema de comportamiento mas serio en su comunidad? (De la lista mencionada arriba. Preguntas 38- 49.)

50. l Consideraria usted que su comunidad es. ..?

1. muy saludable
2. algo saludable
3. saludable
4. poco saludable
5. no saludable

51. lConsideraria usted que su salud personal es... ?

1. muy saludable
2. algo saludable
3. saludable
4. poco saludable
5. no saludable

52. lSirve usted de voluntario?

1. Si
2. No (Si es no, pase a la pregunta numero 54.)

53. Si sirve de voluntario, lCuantas horas a la semana sirve?

1. Ninguna (no sirvo de voluntario)
2. 1 -5 horas
3. 6 -10 horas
4. mas de 10 horas

54. Cuando usted se siente en tension/con estres, usted
1. se siente solo sin poder acudir a nada ni a nadie.
2. recibe asistencia y sabe a quien acudir en momentos de necesidad.
3. la tension/el estres no es factor significativo para mi.

55. lEsta usted empleado?
1. Si
2. No (Si es no, pase a la pregunta numero 56.)
3. Jubilado/retirado (Si es asi, pase a la pregunta numero 56.)

55a. lEsta usted empleado... ?
1. Tiempo completo
2. Tiempo parcial

56. lHay servicios adecuados durante el dia disponibles para el cuido de nifios en su comunidad?
1. Si
2. No
3. No se

57. lHay servicios adecuados durante el dia disponibles para el cuido de envejecientes en su comunidad?
1. Si
2. No
3. No se

58. lcual es su codigo postal?

59. lcual es su edad?
1.16-20
2. 21 -25
3. 26 -39
4. 40 -54
5. 55 -64
6. 65 -mas de 65

60. Denominacion sexual
1. Masculino
2. Femenino

61. lCual es su estado civil?
1. Casado(a)
2. Vivo con mi pareja
3. No casado(a)lsoltero(a)
4. Separado(a)1 divorciado(a)
5. Viudo(a)

62. lCon cual grupo etnico se identifica mas usted?
1. Africano americanolNegro
2. AsiaticolIslas del Pacifico
3. Hispanollatino
4. N ativo americano
5. Blancolcaucasico

63. l cual es el nivel mas alto de educacion que usted ha ~ompleta
1. Menos de escuela secundaria
2. Diploma de escuela secundarialGEDlequivalente
3. Algo de universidad, pero no complete el grado
4. Grado Universitario Asociado
5. Grado Universitario de Bachiller
6. Grado Universitario de Maestria
7. Grado Universitario de Doctorado

64. Favor de indicar la categoria de su ingreso domestico:
1. Menos de $20,000
2. $20,000 a $29,000
3. $30,000 a $39,000
4. $40,000 a $49,000
5. $50,000 a $59,000
6. mas de $60,000

65. lTiene usted transportacion cuando tiene que ir al medico?
1. Si
2. No

66. lQue metodousa usted para pagar el cuido de su salud?
1. Seguro de salud
2. Administracion de Veteranos
3. Pago al contadolen efectivo
4. HMO
5. Medicaid
6. Medicare
7. Child Health Plus
8. Otro

61. i-Cual es su estado civil?
1. Casado(a)
2. Vivo con mi pareja
3. No casado-(a)/soltero(a)
4. Separado(a)/divorciado(a)
5. Viudo(a)

62. i-Con cual grupo etnico se identifica mas usted?
1. Africano americano/Negro
2. Asiatico/Islas del Pacifico
3. Hispano/latino
4. N ativo americano

5. Blanco/caucasico

63. i-Cual es el nivel mas alto de educacion que usted ha completado?
1. Menos de escuela secundaria
2. Diploma de escuela secundaria/GED/equivalente
3. AIgo de universidad, pero no complete el grado
4. Grado Universitario Asociado
5. Grado Universitario de Bachiller
6. Grado Universitario de Maestria
7. Grado Universitario de Doctorado

64. Favor de indicar la categoria de su ingreso domestico:
1. Menos de $20,000
2. $20,000 a $29,000
3. $30,000 a $39,000
4. $40,000 a $49,000
5. $50,000 a $59,000
6. mas de $60,000

65. i-Tiene usted transportacion cuando tiene que ir al medico?
1. Si
2. ~o

66. i-Que metodo usa usted para pagar el cuido de su salud?
1. Seguro de salud
2. Administracion de Veteranos
3. Pago al contado/en efectivo
4. HMO
5. Medicaid
6. Medicare
7. Child Health Plus
8. Otro

APPENDIX C

FREQUENCIES

group

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	general population	456	87.9	100.0	100.0
Missing	System	63	12.1		
Total		519	100.0		

How important is a "good place to raise your children" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	4	.8	.9	.9
	2	2	.4	.4	1.3
	3	33	6.4	7.2	8.6
	4	47	9.1	10.3	18.9
	5 very important	368	70.9	80.7	99.6
	I don't know	2	.4	.4	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important are "low crime/safe neighboorhoods" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	3	.6	.7	.7
	2	6	1.2	1.3	2.0
	3	34	6.6	7.5	9.4
	4	55	10.6	12.1	21.5
	5 very important	358	69.0	78.5	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is "low level of child abuse" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	6	1.2	1.3	1.3
	2	11	2.1	2.4	3.7
	3	29	5.6	6.4	10.1
	4	47	9.1	10.3	20.4
	5 very important	358	69.0	78.7	99.1
	I don't know	4	.8	.9	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How important are "good schools" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	3	.6	.7	.7
	2	2	.4	.4	1.1
	3	22	4.2	4.8	5.9
	4	60	11.6	13.2	19.1
	5 very important	367	70.7	80.5	99.6
	I don't know	2	.4	.4	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is "access to good health care" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	7	1.3	1.5	1.5
	2	10	1.9	2.2	3.7
	3	36	6.9	7.9	11.6
	4	68	13.1	14.9	26.6
	5 very important	330	63.6	72.5	99.1
	I don't know	4	.8	.9	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How important are "parks and recreation" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	13	2.5	2.9	2.9
	2	26	5.0	5.7	8.6
	3	91	17.5	20.0	28.5
	4	160	30.8	35.1	63.6
	5 very important	164	31.6	36.0	99.6
	I don't know	2	.4	.4	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is "a clean environment" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	2	.4	.4	.4
	2	8	1.5	1.8	2.2
	3	22	4.2	4.8	7.0
	4	100	19.3	21.9	28.9
	5 very important	323	62.2	70.8	99.8
	I don't know	1	.2	.2	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is "affordable housing" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	7	1.3	1.5	1.5
	2	12	2.3	2.6	4.2
	3	57	11.0	12.5	16.7
	4	111	21.4	24.4	41.1
	5 very important	263	50.7	57.8	98.9
	I don't know	5	1.0	1.1	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How important is "religious or spiritual values" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	17	3.3	3.7	3.7
	2	19	3.7	4.2	7.9
	3	76	14.6	16.7	24.6
	4	111	21.4	24.3	48.9
	5 very important	228	43.9	50.0	98.9
	I don't know	5	1.0	1.1	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important are "arts and cultural values" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	20	3.9	4.4	4.4
	2	35	6.7	7.7	12.1
	3	127	24.5	27.9	40.0
	4	136	26.2	29.9	69.9
	5 very important	135	26.0	29.7	99.6
	I don't know	2	.4	.4	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How important is "excellent tolerance for other races religions, ethnic groups, and lifestyles" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	8	1.5	1.8	1.8
	2	8	1.5	1.8	3.5
	3	57	11.0	12.5	16.0
	4	90	17.3	19.7	35.7
	5 very important	288	55.5	63.2	98.9
	I don't know	5	1.0	1.1	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important are "good jobs and healthy economy" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	7	1.3	1.5	1.5
	2	28	5.4	6.1	7.7
	3	32	6.2	7.0	14.7
	4	78	15.0	17.1	31.8
	5 very important	310	59.7	68.0	99.8
	I don't know	1	.2	.2	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is a "strong family life" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	1	.2	.2	.2
	2	6	1.2	1.3	1.5
	3	23	4.4	5.0	6.6
	4	70	13.5	15.4	21.9
	5 very important	353	68.0	77.4	99.3
	I don't know	3	.6	.7	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important are "healthy behaviors and lifestyles" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	4	.8	.9	.9
	2	6	1.2	1.3	2.2
	3	40	7.7	8.8	11.0
	4	91	17.5	20.0	30.9
	5 very important	313	60.3	68.6	99.6
	I don't know	2	.4	.4	100.0
	Total	456	87.9	100.0	
Missing	System	63	12.1		
Total		519	100.0		

How important is "low adult death and disease rates" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	3	.6	.7	.7
	2	14	2.7	3.1	3.7
	3	57	11.0	12.5	16.3
	4	109	21.0	24.0	40.2
	5 very important	263	50.7	57.8	98.0
	I don't know	9	1.7	2.0	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How important is "low infant deaths" for healthy communities in general?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not important	6	1.2	1.3	1.3
	2	5	1.0	1.1	2.4
	3	39	7.5	8.6	11.0
	4	90	17.3	19.8	30.8
	5 very important	301	58.0	66.2	96.9
	I don't know	14	2.7	3.1	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

Of the factors i have just read to you, which would you consider to be the most important indicator for a healthy community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	good place to raise your children	38	7.3	8.6	8.6
	low crime/safe neighborhoods	44	8.5	9.9	18.5
	low level of child abuse	15	2.9	3.4	21.9
	good schools	43	8.3	9.7	31.6
	access to health care	44	8.5	9.9	41.5
	parks and recreation	2	.4	.5	42.0
	clean environment	32	6.2	7.2	49.2
	affordable housing	6	1.2	1.4	50.6
	religious or spirtual values	25	4.8	5.6	56.2
	arts and cultural values	1	.2	.2	56.4
	excellent tolerance for other races, religions, ethnic group	31	6.0	7.0	63.4
	good jobs and healthy economy	27	5.2	6.1	69.5
	strong family life	63	12.1	14.2	83.7
	healthy behaviors and lifestyles	11	2.1	2.5	86.2
	low adult death and disease rates	9	1.7	2.0	88.3
	low infant deaths	5	1.0	1.1	89.4
	other	9	1.7	2.0	91.4
	all of the above	28	5.4	6.3	97.7
	I don't know	10	1.9	2.3	100.0
	Total	443	85.4	100.0	
Missing	System	76	14.6		
Total		519	100.0		

How serious of a problem are "aging problems" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	59	11.4	13.0	13.0
	2	42	8.1	9.3	22.2
	3	150	28.9	33.0	55.3
	4	108	20.8	23.8	79.1
	5 very serious	68	13.1	15.0	94.1
	I don't know	27	5.2	5.9	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem are "alcohol or drugs" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	31	6.0	6.8	6.8
	2	32	6.2	7.0	13.8
	3	108	20.8	23.7	37.6
	4	112	21.6	24.6	62.2
	5 very serious	158	30.4	34.7	96.9
	I don't know	14	2.7	3.1	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How serious of a problem is "cancer" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	25	4.8	5.5	5.5
	2	51	9.8	11.2	16.7
	3	140	27.0	30.8	47.5
	4	101	19.5	22.2	69.7
	5 very serious	105	20.2	23.1	92.7
	I don't know	33	6.4	7.3	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How serious of a problem is "child abuse" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	55	10.6	12.1	12.1
	2	81	15.6	17.8	30.0
	3	130	25.0	28.6	58.6
	4	76	14.6	16.7	75.3
	5 very serious	86	16.6	18.9	94.3
	I don't know	26	5.0	5.7	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem are "dental problems" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	49	9.4	10.8	10.8
	2	59	11.4	13.0	23.8
	3	146	28.1	32.2	56.1
	4	98	18.9	21.6	77.7
	5 very serious	73	14.1	16.1	93.8
	I don't know	28	5.4	6.2	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "diabetes" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	35	6.7	7.7	7.7
	2	58	11.2	12.8	20.5
	3	159	30.6	35.0	55.5
	4	87	16.8	19.2	74.7
	5 very serious	63	12.1	13.9	88.5
	I don't know	52	10.0	11.5	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "domestic problems" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	53	10.2	11.7	11.7
	2	71	13.7	15.6	27.3
	3	128	24.7	28.2	55.5
	4	92	17.7	20.3	75.8
	5 very serious	88	17.0	19.4	95.2
	I don't know	22	4.2	4.8	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem are "firearm-related injuries" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	139	26.8	30.6	30.6
	2	117	22.5	25.8	56.4
	3	78	15.0	17.2	73.6
	4	52	10.0	11.5	85.0
	5 very serious	51	9.8	11.2	96.3
	I don't know	17	3.3	3.7	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem are "heart disease and stroke" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	18	3.5	4.0	4.0
	2	53	10.2	11.6	15.6
	3	159	30.6	34.9	50.5
	4	107	20.6	23.5	74.1
	5 very serious	90	17.3	19.8	93.8
	I don't know	28	5.4	6.2	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How serious of a problem is "high blood pressure" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	11	2.1	2.4	2.4
	2	35	6.7	7.7	10.2
	3	122	23.5	26.9	37.1
	4	154	29.7	34.0	71.1
	5 very serious	104	20.0	23.0	94.0
	I don't know	27	5.2	6.0	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "HIV/AIDS" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	93	17.9	20.5	20.5
	2	62	11.9	13.7	34.2
	3	69	13.3	15.2	49.4
	4	75	14.5	16.6	66.0
	5 very serious	120	23.1	26.5	92.5
	I don't know	34	6.6	7.5	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "homicide" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	179	34.5	39.3	39.3
	2	109	21.0	24.0	63.3
	3	83	16.0	18.2	81.5
	4	38	7.3	8.4	89.9
	5 very serious	35	6.7	7.7	97.6
	I don't know	11	2.1	2.4	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

How serious of a problem is "infant death" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	176	33.9	38.8	38.8
	2	109	21.0	24.0	62.8
	3	67	12.9	14.8	77.5
	4	26	5.0	5.7	83.3
	5 very serious	33	6.4	7.3	90.5
	I don't know	43	8.3	9.5	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "infectious diseases(eg. Hepatitis,TB)" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	126	24.3	27.8	27.8
	2	96	18.5	21.2	49.0
	3	95	18.3	21.0	70.0
	4	50	9.6	11.0	81.0
	5 very serious	61	11.8	13.5	94.5
	I don't know	25	4.8	5.5	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "mental health problems" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	67	12.9	14.8	14.8
	2	92	17.7	20.3	35.0
	3	118	22.7	26.0	61.0
	4	91	17.5	20.0	81.1
	5 very serious	75	14.5	16.5	97.6
	I don't know	11	2.1	2.4	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "motor vehicle crash injuries" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	48	9.2	10.6	10.6
	2	61	11.8	13.4	24.0
	3	142	27.4	31.3	55.3
	4	113	21.8	24.9	80.2
	5 very serious	77	14.8	17.0	97.1
	I don't know	13	2.5	2.9	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "rape/sexual asssault" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	112	21.6	24.7	24.7
	2	98	18.9	21.6	46.3
	3	111	21.4	24.4	70.7
	4	54	10.4	11.9	82.6
	5 very serious	50	9.6	11.0	93.6
	I don't know	29	5.6	6.4	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "respiratory/lung diseases" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	77	14.8	17.0	17.0
	2	79	15.2	17.5	34.5
	3	128	24.7	28.3	62.8
	4	81	15.6	17.9	80.8
	5 very serious	55	10.6	12.2	92.9
	I don't know	32	6.2	7.1	100.0
	Total	452	87.1	100.0	
Missing	System	67	12.9		
Total		519	100.0		

How serious of a problem is "sexually transmitted diseases" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	90	17.3	19.9	19.9
	2	63	12.1	13.9	33.8
	3	101	19.5	22.3	56.2
	4	67	12.9	14.8	71.0
	5 very serious	74	14.3	16.4	87.4
	I don't know	57	11.0	12.6	100.0
	Total	452	87.1	100.0	
Missing	System	67	12.9		
Total		519	100.0		

How serious of a problem is "suicide" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	171	32.9	37.7	37.7
	2	104	20.0	23.0	60.7
	3	78	15.0	17.2	77.9
	4	31	6.0	6.8	84.8
	5 very serious	43	8.3	9.5	94.3
	I don't know	26	5.0	5.7	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "teenage pregnancy" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	48	9.2	10.6	10.6
	2	66	12.7	14.6	25.2
	3	94	18.1	20.8	45.9
	4	113	21.8	24.9	70.9
	5 very serious	110	21.2	24.3	95.1
	I don't know	22	4.2	4.9	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

What do you think is the most problematic health problem in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	aging problems	19	3.7	4.2	4.2
	alcohol or drugs	88	17.0	19.4	23.6
	cancers	37	7.1	8.1	31.7
	child abuse/neglect	10	1.9	2.2	33.9
	dental problems	2	.4	.4	34.4
	diabetes	17	3.3	3.7	38.1
	domestic violence	1	.2	.2	38.3
	firearm-related injuries	3	.6	.7	39.0
	heart disease and stroke	49	9.4	10.8	49.8
	high blood pressure	17	3.3	3.7	53.5
	HIV/AIDS	40	7.7	8.8	62.3
	infant death	1	.2	.2	62.6
	infectious diseases (eg. Hepatitis,TB)	9	1.7	2.0	64.5
	mental health problems	13	2.5	2.9	67.4
	motor vehicle crash injuries	23	4.4	5.1	72.5
	rape/sexual assault	1	.2	.2	72.7
	respiratory/lung disease	10	1.9	2.2	74.9
	sexually transmitted diseases	7	1.3	1.5	76.4
	suicide	2	.4	.4	76.9
	teenage pregnancy	55	10.6	12.1	89.0
	other	6	1.2	1.3	90.3
	All of the above	6	1.2	1.3	91.6
	I don't know	38	7.3	8.4	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "alcohol abuse" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	32	6.2	7.0	7.0
	2	50	9.6	11.0	18.1
	3	103	19.8	22.7	40.7
	4	124	23.9	27.3	68.1
	5 very serious	134	25.8	29.5	97.6
	I don't know	11	2.1	2.4	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "being overweight" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	20	3.9	4.4	4.4
	2	28	5.4	6.2	10.6
	3	125	24.1	27.5	38.1
	4	160	30.8	35.2	73.3
	5 very serious	115	22.2	25.3	98.7
	I don't know	6	1.2	1.3	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "dropping out of school" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	42	8.1	9.3	9.3
	2	87	16.8	19.2	28.4
	3	133	25.6	29.3	57.7
	4	92	17.7	20.3	78.0
	5 very serious	73	14.1	16.1	94.1
	I don't know	27	5.2	5.9	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "drug abuse" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	25	4.8	5.5	5.5
	2	57	11.0	12.6	18.1
	3	109	21.0	24.0	42.1
	4	137	26.4	30.2	72.2
	5 very serious	112	21.6	24.7	96.9
	I don't know	14	2.7	3.1	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "lack of excercise" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	13	2.5	2.9	2.9
	2	38	7.3	8.4	11.3
	3	129	24.9	28.5	39.7
	4	151	29.1	33.3	73.1
	5 very serious	112	21.6	24.7	97.8
	I don't know	10	1.9	2.2	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem are "poor eating habits" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	19	3.7	4.2	4.2
	2	31	6.0	6.9	11.1
	3	131	25.2	29.0	40.0
	4	143	27.6	31.6	71.7
	5 very serious	113	21.8	25.0	96.7
	I don't know	15	2.9	3.3	100.0
	Total	452	87.1	100.0	
Missing	System	67	12.9		
Total		519	100.0		

How serious of a problem is "not getting immunized" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	137	26.4	30.2	30.2
	2	114	22.0	25.2	55.4
	3	87	16.8	19.2	74.6
	4	26	5.0	5.7	80.4
	5 very serious	39	7.5	8.6	89.0
	I don't know	50	9.6	11.0	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "discrimination" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	91	17.5	20.0	20.0
	2	107	20.6	23.6	43.6
	3	137	26.4	30.2	73.8
	4	50	9.6	11.0	84.8
	5 very serious	52	10.0	11.5	96.3
	I don't know	17	3.3	3.7	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "tobacco use" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	15	2.9	3.3	3.3
	2	30	5.8	6.6	9.9
	3	91	17.5	20.0	30.0
	4	128	24.7	28.2	58.1
	5 very serious	183	35.3	40.3	98.5
	I don't know	7	1.3	1.5	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

How serious of a problem is "not using birth control" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	45	8.7	10.0	10.0
	2	55	10.6	12.2	22.1
	3	107	20.6	23.7	45.8
	4	89	17.1	19.7	65.5
	5 very serious	82	15.8	18.1	83.6
	I don't know	74	14.3	16.4	100.0
	Total	452	87.1	100.0	
Missing	System	67	12.9		
Total		519	100.0		

How serious of a problem is "not using seat belts/child safety seats" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	100	19.3	22.1	22.1
	2	109	21.0	24.1	46.1
	3	110	21.2	24.3	70.4
	4	46	8.9	10.2	80.6
	5 very serious	65	12.5	14.3	94.9
	I don't know	23	4.4	5.1	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

How serious of a problem is "unsafe sex" in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 not serious	33	6.4	7.3	7.3
	2	48	9.2	10.6	18.0
	3	94	18.1	20.8	38.8
	4	85	16.4	18.8	57.6
	5 very serious	117	22.5	25.9	83.6
	I don't know	74	14.3	16.4	100.0
	Total	451	86.9	100.0	
Missing	System	68	13.1		
Total		519	100.0		

What do you think is the most problematic unhealthy behavior in your community?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	alcohol abuse	81	15.6	18.2	18.2
	being overweight	45	8.7	10.1	28.3
	dropping out of school	7	1.3	1.6	29.9
	drug abuse	50	9.6	11.2	41.1
	lack of exercise	20	3.9	4.5	45.6
	poor eating habits	15	2.9	3.4	49.0
	not getting immunized	1	.2	.2	49.2
	discrimination	4	.8	.9	50.1
	tobacco use	49	9.4	11.0	61.1
	not using birth control	11	2.1	2.5	63.6
	not using seat belts/child safety seats	23	4.4	5.2	68.8
	unsafe sex	79	15.2	17.8	86.5
	other	8	1.5	1.8	88.3
	all of the above	12	2.3	2.7	91.0
	I don't know	20	3.9	4.5	95.5
	alcohol and drug abuse	20	3.9	4.5	100.0
	Total	445	85.7	100.0	
Missing	System	74	14.3		
Total		519	100.0		

Would you consider your community to be...

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	very healthy	29	5.6	6.4	6.4
	somewhat healthy	194	37.4	42.7	49.1
	healthy	164	31.6	36.1	85.2
	unhealthy	54	10.4	11.9	97.1
	very unhealthy	13	2.5	2.9	100.0
	Total	454	87.5	100.0	
Missing	System	65	12.5		
Total		519	100.0		

Would you consider your own personal health to be...

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	very healthy	103	19.8	22.6	22.6
	somewhat healthy	160	30.8	35.2	57.8
	healthy	155	29.9	34.1	91.9
	unhealthy	22	4.2	4.8	96.7
	very unhealthy	15	2.9	3.3	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

Do you volunteer?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	219	42.2	48.1	48.1
	no	236	45.5	51.9	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

If so, how many hours do you volunteer per week?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	none (I do not volunteer)	237	45.7	52.1	52.1
	1-5 hours	146	28.1	32.1	84.2
	6-10 hours	40	7.7	8.8	93.0
	over 10 hours	32	6.2	7.0	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

When you are feeling stressed, do you..

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	feel alone with no where to turn	24	4.6	5.3	5.3
	have assistance and know who to turn to in times of need	238	45.9	52.8	58.1
	stress is not a significant factor for me	189	36.4	41.9	100.0
	Total	451	86.9	100.0	
Missing	System	68	13.1		
Total		519	100.0		

Do you have a job?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	282	54.3	62.3	62.3
	no	74	14.3	16.3	78.6
	retired	97	18.7	21.4	100.0
	Total	453	87.3	100.0	
Missing	System	66	12.7		
Total		519	100.0		

Are you employed full-time or part-time?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	full-time	228	43.9	79.2	79.2
	part-time	60	11.6	20.8	100.0
	Total	288	55.5	100.0	
Missing	System	231	44.5		
Total		519	100.0		

Are there adequate daycare services available in your community for children?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	211	40.7	46.4	46.4
	no	160	30.8	35.2	81.5
	I don't know	84	16.2	18.5	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

Are there adequate daycare services available in your community for seniors?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	221	42.6	48.6	48.6
	no	148	28.5	32.5	81.1
	I don't know	86	16.6	18.9	100.0
	Total	455	87.7	100.0	
Missing	System	64	12.3		
Total		519	100.0		

What is your zip code?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	10970	1	2	.2	.2
	12458	1	.2	.2	.5
	12601	1	.2	.2	7
	12701	56	10.8	12.6	13 3
	12711	1	.2	.2	13 5
	12719	9	1.7	2.0	15.5
	12723	16	3.1	3.6	19.1
	12726	10	1.9	2.3	21.4
	12732	8	1.5	1.8	23.2
	12733	3	6	.7	23.9
	12734	8	1.5	1.8	25 7
	12736	2	.4	.5	26 1
	12738	4	.8	.9	27.0
	12740	16	3.1	3.6	30.6
	12741	3	.6	7	31.3
	12743	4	.8	9	32.2
	12747	10	1.9	2.3	34.5
	12748	16	3.1	3.6	38.1
	12750	4	.8	.9	39.0
	12752	3	.6	7	39.6
	12754	51	9.8	11 5	51 1
	12755	2	.4	.5	51.6
	12759	18	3 5	4.1	55.6
	12760	4	.8	.9	56.5
	12762	5	1.0	1.1	57.7
	12763	5	1.0	1.1	58.8
	12764	13	2.5	2.9	61.7
	12765	4	8	.9	62.6
	12766	4	.8	.9	63.5
	12767	1	.2	.2	63.7
	12768	5	1.0	1.1	64.9
	12775	10	1.9	2.3	67 1
	12777	9	1.7	2.0	69 1
	12778	9	1.7	2.0	71.2
	12779	16	3 1	3.6	74.8
	12781	3	.6	.7	75.5
	12782	2	.4	.5	75.9
	12783	6	1.2	1.4	77.3
	12785	1	.2	.2	77.5
	12786	6	1 2	1 4	78.8
	12787	8	1.5	1.8	80.6
	12788	10	1.9	2.3	82.9
	12789	11	2.1	2.5	85 4
	12790	17	3.3	3.8	89.2
	12791	7	1.3	1.6	90 8
	12792	6	1.2	1.4	92.1
	12799	1	.2	.2	92.3
	12758	26	5.0	5.9	98.2
	12724	1	.2	.2	98.4
	12435	1	.2	.2	98.6
	12772	1	.2	.2	98 9
	12771	1	.2	.2	99.1
	12776	1	.2	.2	99.3
	12742	1	.2	.2	99.5
	12428	1	.2	.2	99.8
	12749	1	.2	.2	100.0
	Total	444	85.5	100.0	
Missing	System	75	14.5		
Total		519	100.0		