



Using the *Core Elements of Antibiotic Stewardship for Health Departments* to Expand State and Local Health Department Stewardship Activities

Star (Estrella) Cervantes, PharmD, BCPS, AAHIVP, Antimicrobial Stewardship Pharmacist,
The Chicago Department of Public Health (CDPH)

Melinda Neuhauser, PharmD, MPH, Office of Antibiotic Stewardship
Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention (CDC)

NACCHO's Healthcare Infection Prevention and Control Summit-Chicago, IL

May 8, 2024

Objectives

- Describe the public health-supported stewardship implementation strategies listed in the [Core Elements of Antibiotic Stewardship for Health Departments](#).
- Analyze examples from health departments in **Chicago, Lake County** and **Illinois** to illustrate the application and effectiveness of *Core Elements* in combating antimicrobial resistance.
- Discuss **resources** state and local health departments need to support their antibiotic stewardship programs.

Project Firstline is a national collaborative led by the U.S. Centers for Disease Control and Prevention (CDC) to provide infection control training and education to frontline healthcare workers and public health personnel. National Association of County and City Health Officials (NACCHO) is proud to partner with Project Firstline to host the NACCHO Healthcare Infection Prevention and Control Summit (Summit), as supported through CDC Grant # 6NU380T000306-03-05. CDC is an agency within the Department of Health and Human Services (HHS). This presentation is being hosted as part of the Summit; the contents of this presentation and Summit do not necessarily represent the policies of CDC or HHS and should not be considered an endorsement by the Federal Government.

Five core strategies to combat the threat of antibiotic resistant infections

Antibiotic use and access:

- Improve **appropriate** use
- Reduce **unnecessary** use
- Ensure **improved access**



Infection prevention and control: Prevent infections and reduce the spread of germs



Tracking and data: Share data and improve data collection



Antibiotic use and access: Improve appropriate use of antibiotics, reduce unnecessary use (called antibiotic stewardship), and ensure improved access to antibiotics



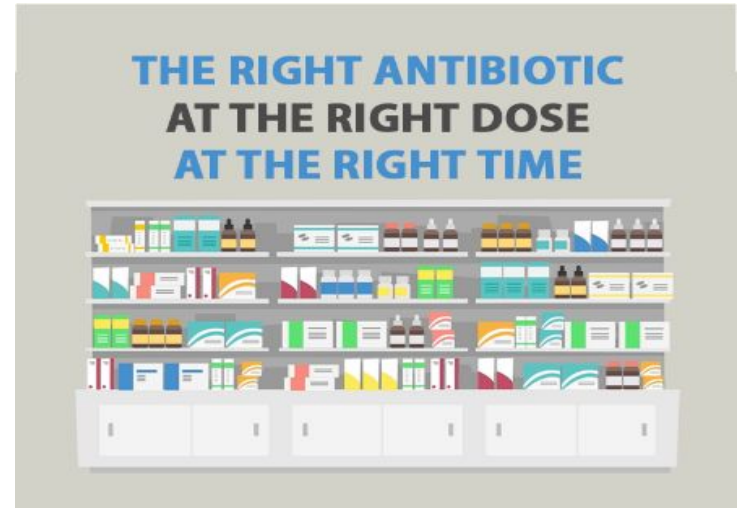
Vaccines, therapeutics, and diagnostics: Invest in development and improved access to vaccines, therapeutics, and diagnostics for better prevention, treatment, and detection



Environment and sanitation: Keep antibiotics and antibiotic-resistant threats from entering the environment through actions like improving sanitation and improving access to safe water

Antibiotic Stewardship

- Antibiotic stewardship is a set of commitments and actions designed to **optimize** the treatment of infections while **reducing** adverse events associated with antibiotic use.



CDC's Office of Antibiotic Stewardship



Melinda Neuhauser
Inpatient and AU SME
ID-Pharmacy



Memo Sanchez
Outpatient SME & Partnerships
Physician Associate



Destani Bizune
State Support &
Outpatient Data Analysis



Katryna Gouin
Material development, LTC
& Outpatient Data Analysis



Emily McDonald
Outpatient SME
Preventative Medicine



Sarah Kabbani
Director & Adult ID



Angelina Luciano
Evaluation & Stewardship Data Analysis
CTR w Chenega/ChESS



Christine Kim
Health Equity & AU Data
Analysis PhD Epidemiology



Adam Hersh
U of Utah, Pediatric ID
IPA



Tessa Schwarze
LTC & Outpatient Data Analysis
CTR w Chenega/ChESS

- Surveillance of antibiotic use and stewardship activities
- Developing guidance, leveraging policies and supporting healthcare and public health partners
- Developing and disseminating stewardship education to healthcare professionals and the public.



The Core Elements of Hospital Antibiotic Stewardship Programs: 2019



Centers for Disease
Control and Prevention
National Center for Emerging and
Zoonotic Infectious Diseases
Division of Healthcare Quality Promotion

Core Elements of Hospital Antibiotic Stewardship Programs



Hospital Leadership Commitment

Dedicate necessary human, financial, and information technology resources.



Accountability

Appoint a leader or co-leaders, such as a physician and pharmacist, responsible for program management and outcomes.



Pharmacy Expertise (previously “Drug Expertise”):

Appoint a pharmacist, ideally as the co-leader of the stewardship program, to help lead implementation efforts to improve antibiotic use.



Action

Implement interventions, such as prospective audit and feedback or preauthorization, to improve antibiotic use.



Tracking

Monitor antibiotic prescribing, impact of interventions, and other important outcomes, like *C. difficile* infections and resistance patterns.



Reporting

Regularly report information on antibiotic use and resistance to prescribers, pharmacists, nurses, and hospital leadership.



Education

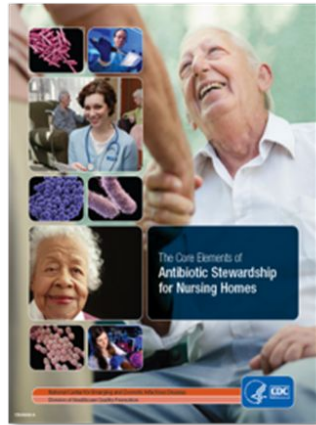
Educate prescribers, pharmacists, nurses, and patients about adverse reactions from antibiotics, antibiotic resistance, and optimal prescribing.

The Implementation of the Core Elements of Antimicrobial Stewardship



Core Elements of Antibiotic Stewardship

- CDC released the Core Elements of Antibiotic Stewardship for healthcare settings outlining structural and procedural components that are associated with successful antibiotic stewardship programs.



Epidemiology and Laboratory Capacity (ELC) Cooperative Agreement

- Health departments are crucial to the nation's ability to monitor, prevent and respond to infectious diseases and outbreaks.
- Since 2009, CDC has funded **64 state and local health department HAI/AR programs** through the ELC Cooperative Agreement to support epidemiology, laboratory and health information system capacity building.
 - Limited funding for some health departments for antibiotic stewardship before 2009

Expansion of public health stewardship activities

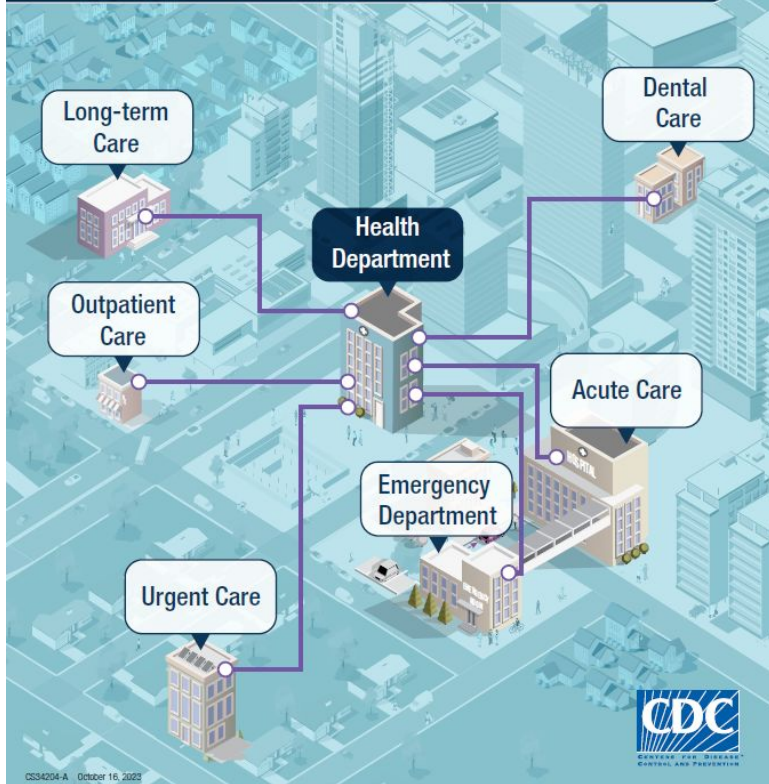
- A portion of COVID-19 supplemental funding included a focus on **expanding stewardship activities** through:
 - Hiring and maintaining staff to expand access to stewardship expertise
 - Rapid hiring stewardship leads/co-leads with variable stewardship experience in public health
- Adapt the *Core Elements* framework to a health-department specific guidance
 - Identify stewardship activities that are most feasible, impactful and sustainable

Identifying key strategies for health department stewardship activities

- [Core Elements of Antibiotic Stewardship for Health Departments](#) framework development
 - Review of published literature on health department-led stewardship activities
- Health departments submit yearly **performance measures**
 - Number and type of staff leading and supporting stewardship activities
 - Description of antibiotic stewardship activities implemented
- Review of performance measures of planned and implemented stewardship activities submitted by state and local health departments



Core Elements of Antibiotic Stewardship for Health Departments



Leadership Commitment

Dedicate human and financial resources for state and local health department antibiotic stewardship programs.



Accountability

Designate a leader or co-leaders, such as physician and pharmacist, responsible for the health department antibiotic stewardship program.



Stewardship Expertise

Ensure that the antibiotic stewardship program leader or co-leaders have expertise and experience implementing stewardship activities.



Action

Support the implementation of antibiotic stewardship activities by leveraging local partners or stewardship collaboratives.



Tracking

Monitor stewardship activities and antibiotic use data to inform and assess stewardship actions across the spectrum of health care.



Reporting

Report data on stewardship activities and antibiotic use to health department leadership, local partners, stewardship collaboratives, healthcare professionals and the public.



Education

Provide antibiotic stewardship education to healthcare professionals and the public to optimize antibiotic use.



Leadership Commitment

Dedicate human and financial resources for state and local health department antibiotic stewardship programs.



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Designate a leader or co-leaders, such as physician and pharmacist, responsible for the health department antibiotic stewardship program.



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Education

Provide antibiotic stewardship education to healthcare professionals and the public to optimize antibiotic use.

- *Core elements* definitions
- Example strategies
- Implementation resources

Leadership, Accountability and Expertise



Leadership Commitment

- Engaging with **senior health department leadership** to establish stewardship as a priority and to secure dedicated human and financial resources;
 - Have regular meetings and reporting structure
 - Integrate stewardship with other health department programs
 - Ensure support for training and education of program leaders and staff

Accountability

- Accountability ensures having **designated leadership (or co-leadership)** who are accountable for the development, implementation, evaluation, and reporting of stewardship activities.
 - Individuals with skills and experience supporting stewardship activities in part-time or full-time capacity
 - Infectious diseases and clinical stewardship implementation
 - Epidemiology
 - Data analysis and information technology
 - Health communication and education
 - Project support and grant management

Stewardship Expertise

- Antibiotic stewardship leader/co-leaders should have expertise and experience in the implementation of stewardship activities.
 - Leader/co-leaders with training and experience in infectious diseases and/or stewardship
 - Access to local or remote stewardship experts
 - External multidisciplinary advisory group

Expansion of Stewardship Expertise, August 2022-July 2023

- 49 (77%) jurisdictions reported identifying stewardship lead/co-lead
 - 23 (47%) pharmacists
 - 5 (37%) physicians
 - 24 (19%) with infectious diseases training

10% of all stewardship staff work at a Local Health Department, 2022*

■ All Health Departments

- **354** unique persons working on stewardship
 - Range: 1-22
 - Average: 6.4 persons per jurisdiction
 - Full-time: 24%

■ Local Health Departments

- **36** unique persons working on stewardship
 - Range: 4-8
 - Average: 6 persons per jurisdiction
 - Full-time: 20%

*Local health departments receiving ELC funding are: Chicago, District of Columbia, Houston, LA county, NY City, and Philadelphia.

Action, Tracking and Reporting, Education



Action

- Support implementation of stewardship activities by leveraging local partners or collaboratives
 - Leverage data on stewardship activities and antibiotic use
 - Support the development and implementation of guidance and policies
 - Prioritize settings with limited access to stewardship expertise, provide technical assistance

Tracking & Reporting

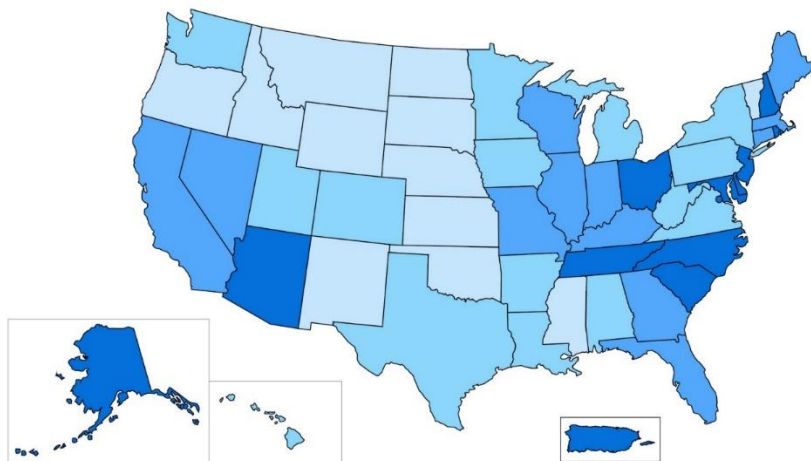
- Monitor and report **stewardship activities** and **antibiotic use** data to inform and assess stewardship actions across the spectrum of healthcare.
- Example Strategies:
 - Tracking data on stewardship activities and Core Elements uptake
 - Tracking antibiotic use data
- These data can be reported to health department leadership, partners, collaboratives, healthcare professionals and the public.

Antibiotic Resistance & Patient Safety Portal



**BE
ANTIBIOTICS
AWARE**

SMART USE, BEST CARE



Explore and Visualize Data on
Antibiotic Use and Stewardship

For more information, visit www.cdc.gov/antibiotic-use or call 1-800-CDC-INFO.



[Antibiotic Use and Stewardship Antibiotic Resistance and Patient Safety Portal \(ARPSP\) website](http://www.cdc.gov/antibiotic-use)

CS335177-A

Antibiotic Stewardship Core Elements



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™



Antibiotic Resistance & Patient Safety Portal



Home > Antibiotic Use & Stewardship

Antibiotic Use & Stewardship

[Antibiotic Use](#)

[Antibiotic Stewardship Core Elements](#)

Antibiotic stewardship refers to a set of commitments and actions designed to optimize the treatment of infections while reducing the adverse events associated with antibiotic use. The Centers for Disease Control and Prevention (CDC) recommends that all hospitals and nursing homes implement the [Core Elements of Antibiotic Stewardship](#) to improve antibiotic prescribing practices and reduce the threat of antibiotic resistance.

<https://arpsp.cdc.gov/profile/antibiotic-use?tab=antibiotic-use>

Education

- Provide antibiotic stewardship education to healthcare professionals and the public to optimize antibiotic use.
 - Outreach to healthcare professionals in rural settings where there may be limited educational resources available.

Promoting Local Engagement in Antibiotic Stewardship Efforts (PLEASE): Use Your Data for Continuous Improvement

Continuous improvement opportunity identified

April 2023 Minnesota Department of Health (MDH) [report](#)¹ revealed need to address LTC facility stewardship implementation barriers:

1. Resident/family pressure
2. Lack of awareness & commitment from HCPs

Data spurred local coalition's commitment to act.



LTC Infection Prevention Coalition of Hennepin County*

*Convened by Hennepin County Public Health (HCPH)

Resources & partnerships generously shared

NACCHO funded HCPH to implement the CDC LHD Strategy for HAI/AR to strengthen HCPH's prevention capacity through June 2024.

Coalition engaged subject matter experts (SME) to develop an eight-part antibiotic & urine culture stewardship curriculum for LTC HCPs, including nurses, IPs, clinicians, consulting pharmacists & QAPI committee members.

Project deemed eligible for CME credit by MMA

Capacity-building goals developed & activities planned & initiated

Desired behavior: Clinical guideline-concordant diagnostic & prescribing behaviors
Desired outcome: Prevent antimicrobial resistance (AR) & HAIs caused by AR pathogens

SME-led virtual curriculum:

- 1) Interactive webinar series; 2) data use collaborative workshops; 3) Q&A panel

Interdisciplinary SMEs:

Sarah Kabbani, MD, MSc

Director, CDC Office of Antibiotic Stewardship
Steven J. Schweon, RN, MPH, MSN, CIC, LTC-CIP, CPHQ, FSHEA, FAPIC

Infection Preventionist, Steven J. Schweon LLC
Galina Shteyman, PharmD, RPH, BCPS, BCIDP
Antimicrobial Stewardship Consultant Pharmacist
HAI/AR Section | MDH

Data collection & evaluation in progress

Coalition members shared event invitations via multiple distribution lists throughout MN, WI, MI.

Cumulative participation for first three events = 325

Overall impact pending; responses to evaluation question, 'As a result of this activity, what changes do you intend to make in your resident care practices?':

"Work more confidently with the providers to manage abx"

"Better tracking & surveying of abx usage & UTI diagnostic testing"

"Pharmacy consultant review"

¹[Antibiotic Use & Stewardship in Minnesota \(MN\): 2023 Update on Progress & Opportunities](#)

Abbreviations: AR= antibiotic resistance; CME= continuing medical education; HAI= healthcare-associated infection; HCP= healthcare personnel; IP= infection preventionist; LHD= local health department; LTC= long-term care; MMA= Minnesota Medical Association; NACCHO= National Association of County & City Health Officials; QAPI= quality assurance/performance improvement

Patient Resources and Education

[Español \(Spanish\)](#) | [Print](#)

CDC offers a number of materials and tools to help you learn about antibiotic resistance and appropriate prescribing and use for common infections. Permission is not needed to print, copy, or distribute any materials. Permission is needed if you plan to adjust content or add your brand to CDC materials. Contact antibioticuse@cdc.gov for more details. To order print materials, visit [CDC-INFO on Demand – Publications](#) and sort the “Programs” dropdown menu by selecting “Antibiotic Use.” Then click the “Search” button to view all available publications

Print Materials

Treatment for Common Illnesses

Video and Audio

Web Images and Graphics

Featured Resource

Viruses or Bacteria What's got you sick?

Antibiotics are often prescribed when they are not needed for respiratory infections. Antibiotics are only needed for treating certain infections caused by bacteria. Viral illnesses cannot be treated with antibiotics. When an antibiotic is not prescribed, ask your healthcare professional for tips on how to reduce symptoms and feel better.

Common Respiratory Infections	Common Cause		Are Antibiotics Needed?
	Virus	Bacteria	
Common cold/runny nose	✓		No
Sore throat (except strep)	✓		No
COVID-19	✓		No
Flu	✓		No
Bronchitis/acute cold (in otherwise healthy children and adults)*		✓	No ¹
Middle ear infection		✓	Maybe
Sinus infection		✓	Maybe
Strep throat			✓ Yes
Whooping cough		✓	Yes

* Studies show that in otherwise healthy children and adults, antibiotics for bronchitis won't help patients feel better.



[Viruses or Bacteria—What's Got You Sick?](#) [PDF - 1 Page]

Healthcare Professional Resources and Training

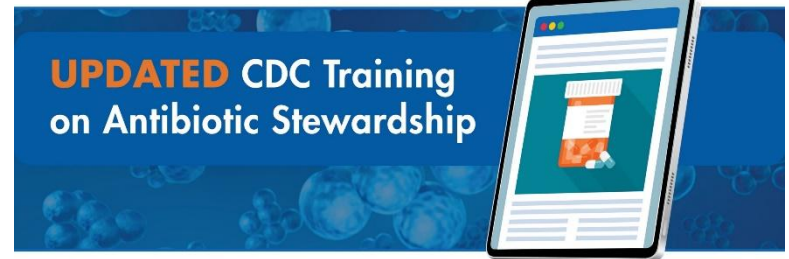
[Print](#)

Educational resources, continuing education (CE) and training opportunities, and resources for state and local health departments on antibiotic stewardship.

Educational Resources for Healthcare Professionals

CE and Training

Treatment Recommendations for Common Illnesses and Penicillin Allergy



To access the training and free continuing education credits, visit www.train.org/cdctrain/training_plan/3697.

CDC training with over 8 hours of free CE credits

[Healthcare Professional Resources and Training | Antibiotic Use | CDC
https://www.train.org/cdctrain/training_plan/3697](http://www.train.org/cdctrain/training_plan/3697)

Antibiotic Stewardship Bundles

- Antibiotic Use
 - About Antibiotic Use +
 - Patient Resources and Education +
 - Healthcare Professional Resources and Training +
 - Improving Antibiotic Use +
 - Core Elements of Antibiotic Stewardship +
 - U.S. Antibiotic Awareness Week -**
 - Be Antibiotics Aware Partner Toolkit
 - Graphics & Videos
 - Antibiotic Stewardship Resource Bundles**
 - Get Involved
 - Related Programs

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Antibiotic Stewardship Resource Bundles

[Print](#)

On this Page

- Outpatient Care Acute Care
- Dental Care Transitions of Care
- Long-Term Care

For patient education resources, see our [Print Materials](#) page.

To order select free print resources, call 1-800-CDC-INFO or visit [CDC-INFO on Demand - Publications](#) and select "Antibiotic Use" from the Program drop-down menu. Then click the "Apply" button to view all available publications.

Healthcare professionals and partner organizations—including health departments and professional societies—can review and share the **Antibiotic Stewardship Resource Bundles** as part of their organization's U.S. Antibiotic Awareness Week promotion efforts.



The **Antibiotic Stewardship Resource Bundles** organize CDC and partner stewardship resources for antibiotic stewards and healthcare professionals by setting of care, audience and type of resource.

- Outpatient Care
- Dental Care
- Long-Term Care
- Acute Care
- Transitions of Care**

Transition of Care Bundle

HEALTHCARE PROFESSIONALS: BE ANTIBIOTICS AWARE At Hospital Discharge

1 Use the most targeted and safe antibiotic^{1,2}

- If a penicillin allergy is listed in the medical record, determine whether the patient is truly allergic.
- If the patient is to be discharged on a fluoroquinolone, consider a safer alternative when appropriate.
- If planning outpatient parenteral antibiotic therapy, consider review by the antibiotic stewardship program or infectious disease consultation service.

2 Use the shortest effective antibiotic duration^{3,4,5}

- Account for inpatient antibiotic days when considering the duration of a post-discharge prescription.
- Examples of total treatment duration for common infections:
 - Community-acquired pneumonia: 5 days⁶
 - Hospital-acquired pneumonia: 7 days⁶
 - Non-purulent cellulitis: 5 days⁷

3 Document and communicate a structured and timely discharge summary⁸

Information communicated across transitions of care may include:

- Diagnosis and treatment plan
- Antibiotic therapy
 - List inpatient antibiotic(s) and total number of days received in the hospital.
 - Specify if antibiotic therapy was completed in the hospital or if continued therapy post-discharge is needed.
 - For a post-discharge prescription, list the planned antibiotic, dose, and end date.
- Results of relevant diagnostic tests (including pending tests)
- Instructions for follow-up medical care, including contact information for additional questions

4 Educate patients and caregivers⁹

- Indication and planned antibiotic course
- Instructions for follow-up medical care
- Signs and symptoms of worsening infection, and sepsis.
- Signs and symptoms of antibiotic-associated adverse events, including *Clostridioides difficile* infection.

HOSPITAL PHARMACISTS: BE ANTIBIOTICS AWARE Use the Shortest Effective Antibiotic Duration



SCENARIO

You are performing medication reconciliation and reviewing discharge antibiotic orders for a patient.

Antibiotic stewardship programs are targeting interventions to reduce unnecessarily long durations of antibiotic treatment. In adult patients who have a timely clinical response, guidelines suggest the following durations for uncomplicated cases of these infections:

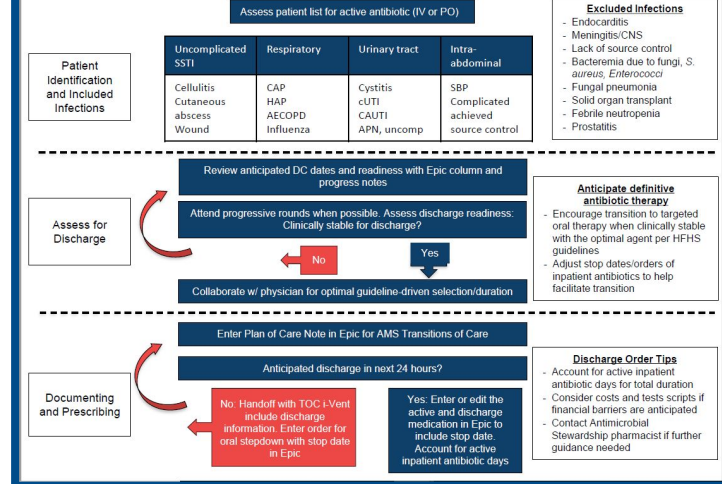
- **Community-Acquired Pneumonia:** Five days¹
- **Hospital-Acquired Pneumonia:** Seven days²
- **Non-purulent Cellulitis:** Five days³

Pharmacists can help optimize antibiotic duration by:

1. Adding the total number of days of uninterrupted inpatient antibiotic therapy to planned post-discharge antibiotic duration.
2. Alerting the provider if the total duration of inpatient and post-discharge antibiotic therapy exceeds the recommended duration according to treatment guidelines.
3. Discussing optimizing the duration of post-discharge antibiotic therapy with the provider if the patient had an uncomplicated clinical course and has responded appropriately to treatment.

The scenarios and recommendations discussed are applicable to most immunocompetent adult patients. Prior to making interventions, always assess the individual patient and use your clinical judgment. Follow your institution's treatment guidelines when applicable.

Oral Antibiotic Discharge: Pharmacist Workflow



HEALTHCARE PROFESSIONALS: Be Antibiotics Aware at Hospital Discharge



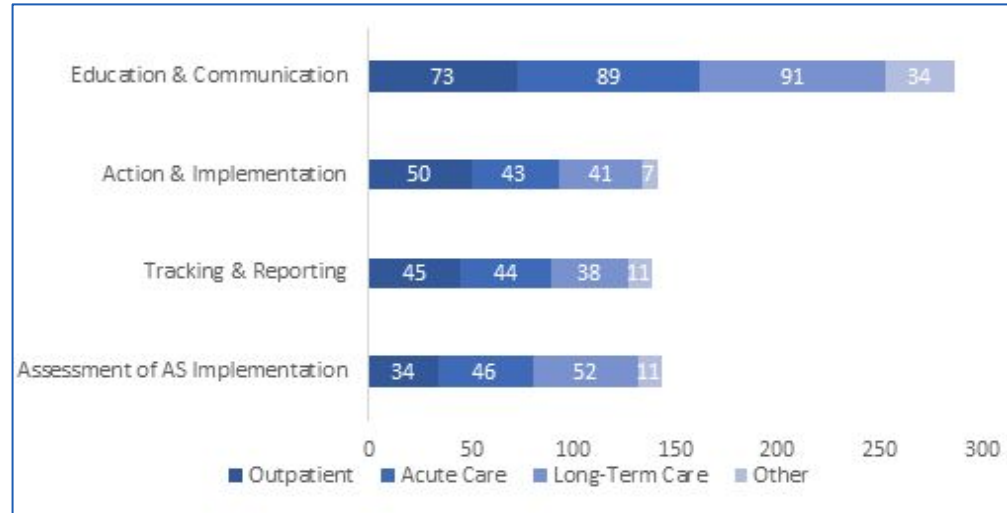
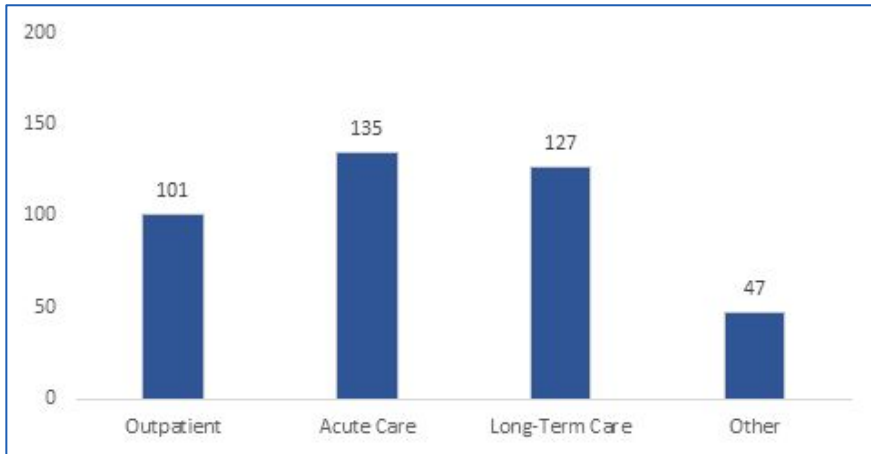
Learn more at www.cdc.gov/antibiotic-use.

U.S. Antibiotic Awareness Week

- Annual one-week observance that gives participating organizations an opportunity to raise awareness of the importance of appropriate antibiotic use to combat the threat of antimicrobial resistance.
- *Be Antibiotics Aware*, a CDC educational effort, complements U.S. Antibiotic Awareness Week by providing partners with up-to-date information to help improve human antibiotic prescribing and use in the United States.

Antibiotic Stewardship Activities

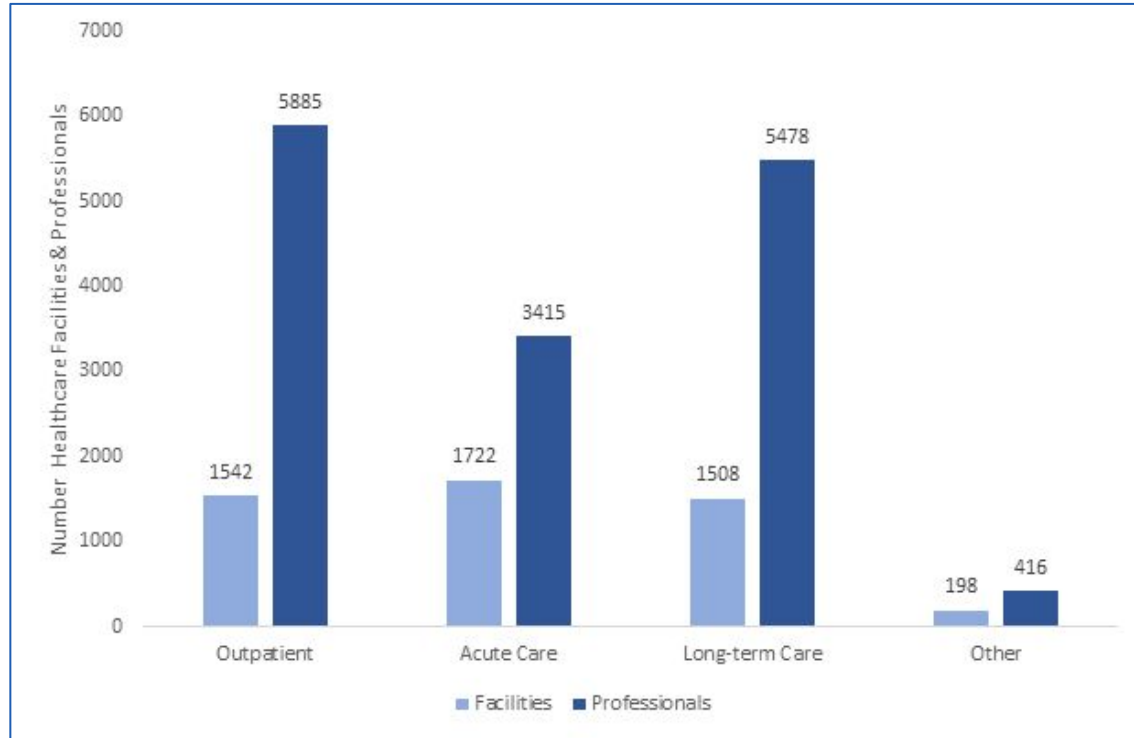
August 1, 2021–July 31, 2022, N=259 activities (mean=9)



*Activities are not mutually exclusive; some activities may involve multiple setting types and/or multiple activity categories. Their sum exceeds the number of total activities. Other settings include dialysis facilities, telehealth, dental clinics, OneHealth collaboratives, ambulatory surgical centers.

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Engagement of Healthcare Facilities and Healthcare Professionals-August 1, 2021–July 31, 2022



*Lighter shaded bars represent facilities; darker shaded bars represent professionals.

The Implementation of the *Core Elements of Antibiotic Stewardship* at the City, State and County Level





Antimicrobial Stewardship Perspectives from a City Health Department

Star (Estrella) Cervantes, PharmD, BCPS, AAHIVP
Antimicrobial Stewardship Pharmacist
The Chicago Department of Public Health (CDPH)



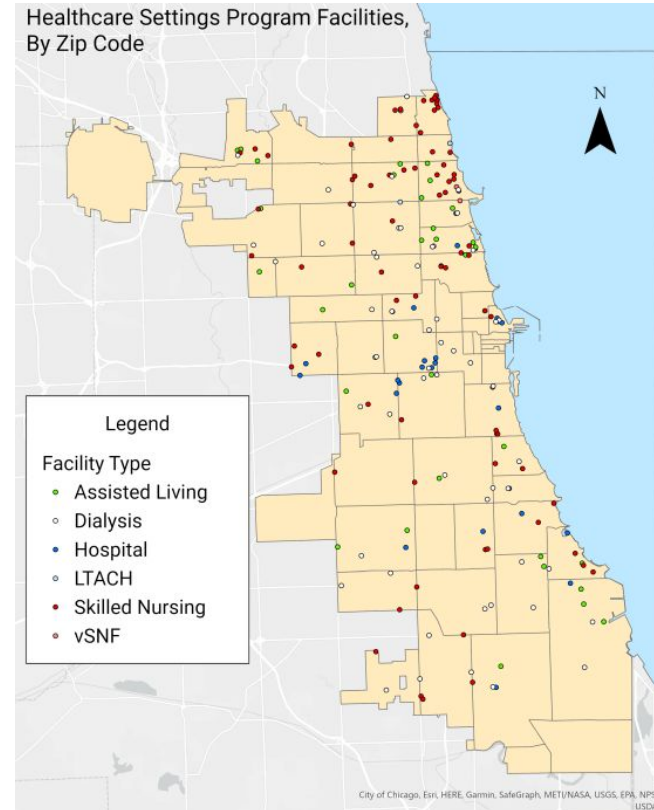


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- Discuss resources state and local health departments need to support their antibiotic stewardship programs.

Chicago Health Care Landscape

- 33 Acute Care Hospitals (ACHs)
 - 3 Long-Term ACHs (LTACHs)
- 79 Skilled Nursing Facilities (SNFs)
 - 4 Ventilator-Capable SNFs (vSNFs)
- 67 Dialysis Centers
- 35 Assisted Living Facilities
- Clinics
 - 103 Federally Qualified Health Centers (FQHCs)
- 390 Pharmacies





Health Care Associated Infections & Antimicrobial Resistance (HAI/AR) Team

HAI/AR Medical Directors

- Infectious Disease Physician
- Infectious Disease / Clinical Microbiology Physician

Antimicrobial Stewardship (AS) Program

- AS Pharmacist
- AS Epidemiologist II & III
- AS Public Health Administrator

Infection Preventionist

- Acute Care, Outpatient, and Other Settings (ACHOO)
- Skilled Nursing Facility and Assisted Living/Supportive (SNFAL)
- Long Term Acute Care Hospitals (LTACH) and Ventilator Capable SNF (vSNF)

One Health Program


- Doctor of Veterinary Medicine (2)

HAI/AR Program

- HAI/AR Coordinator
- HAI Epidemiologist
- AR Testing Lead

Leadership Commitment

- CDPH medical directors serve as advocates for support, funding and visibility of AS program
- Collaborate to write grants and milestones
- Antimicrobial Stewardship Pharmacist meets twice a month with HAI/AR Medical Directors
- Feature stewardship initiatives and activities on weekly “Commissioners Updates” and “All-Hands Webinar”





COMMISSIONER'S UPDATE

Did you miss a previous Commissioner's Update?
[Check out previous updates here.](#)

<p>Mission <i>(Our Purpose)</i> CDPH works with communities and partners to create an equitable, safe, resilient and Healthy Chicago.</p> <p>Values Anti-Racism - We are committed to dismantling systemic racism to create an organizational culture that actively supports anti-racism efforts and is committed to recognizing, addressing, and eradicating all forms of racism within the department and in the community.</p> <p>Teamwork - We cultivate belonging and respect for our colleagues and community partners. We act responsibly and work cooperatively to ensure effective communication. We encourage each other to grow and achieve our common goals.</p>	<p>Vision <i>(The impact we seek)</i> Everyone in Chicago thrives and achieves their optimal health and wellness.</p> <p>Informed Decision Making - We collect, share, and operationalize data to support public health decisions and actions to improve health and achieve our mission. CDPH leverages appropriate data infrastructure and technology to drive decisions and assess performance.</p> <p>Excellence - We value creativity, innovation, and exploration; and continuously seek ways to improve processes and systems by working together with integrity, honesty, compassion, and transparency.</p>
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U.S. Antibiotic Awareness Week





U.S. Antibiotic Awareness Week (USAAW) is observed November 18-24, annually. The purpose is to raise awareness of the importance of appropriate antibiotic and antifungal use and the threat of antimicrobial resistance across the One Health spectrum. One Health is an approach that recognizes that the health of people is closely connected to the health of animals and plants and their shared environment.


During USAAW 2023, we are focusing on the connection between appropriate antibiotic prescribing and use and health equity. CDC defines **health equity** as the state in which everyone has a fair and just opportunity to attain their highest level of health. Health inequities resulting from less-than-optimal antibiotic and antifungal prescribing practices may impact health outcomes, resulting in an increase in drug-related adverse events or an increase antimicrobial resistance. Partner organizations—including U.S. federal agencies, health departments, professional societies, corporations, and patient and family representatives—are critical to the success of U.S. Antibiotic Awareness Week and to raising awareness about the importance of appropriate antibiotic use throughout the year.

CDPH is hosting various activities during this week which include collaborations with Illuminate Chicago, Blue Cross Blue Shields and will be posting on social media throughout the week.

To learn more about Antimicrobial Stewardship and the various activities taking place throughout November, please visit <https://www.chicagohan.org/antimicrobial-stewardship-program>

Promoting Antibiotic Awareness in Chicago

The CDPH Antimicrobial Stewardship Team teamed up with Illuminate Chicago and Blue Cross Blue Shield for this year's U.S. Antibiotic Awareness Week (USAAW). From November 18th to 24th, 2023, local partners illuminated structures in a vibrant purple hue as part of the USAAW Go Purple Campaign. Moreover, on the evening of November 20th, 2023, the Blue Cross Blue Shield building at 300 E Randolph St, Chicago, IL 60601 featured our message "BE ANTIBIOTIC AWARE" on its renowned tower facing Lake Shore Drive.



Accountability & Expertise

HAI/AR Medical Directors

- Stephanie Black
- Do Young Kim

One Health Medical Directors

- Michelle Funk
- Janna Kerins

Antimicrobial Stewardship Pharmacist

- Star (Estrella) Cervantes

Epidemiologist

- Clarissa Najera
- Linda Li

Public Health Administrators

- Jazmine Wright

Others

- Student Interns
- Pharmacy Students



NHSN
ANTIBIOTIC
USE /
RESISTANCE
(AU/AR)
ACUTE CARE
WORKGROUP

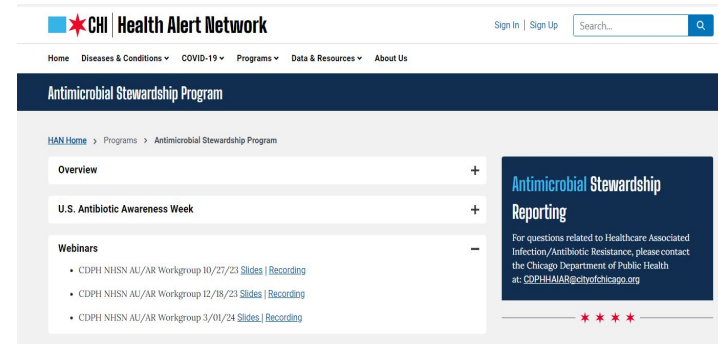


INFECTION
CONTROL
ASSESSMENT
AND
RESPONSE
(ICAR) TOOL
FOR
ANTIMICROBI
AL
STEWARDSHIP



LONG TERM
ACUTE CARE
HOSPITAL
BASELINE
ANTIBIOTIC
USE SURVEY

NHSN AU/AR Acute Care Workgroup



NHSN AU/AR Workgroup

- Assist acute care facilities in Chicago
- Bi-monthly virtual meetings
- Includes pharmacist, physicians, infection preventionist, IT

CDPH Workgroup Goals

- Provide education to facilities on the AU/AR module reporting mandate in 2024
- Provide a space for facilities to discuss barriers and challenges
- Develop AU/AR quarterly data report for facilities to track benchmark measures
- Provide technical support

Infection Control Assessment and Response Tool: Antimicrobial Stewardship

Send

- ICAR form is sent to Antimicrobial Stewardship leads to facility

Analyze

- ICAR responses are analyzed by CDPH Antimicrobial Stewardship lead and Antimicrobial Stewardship Epi
- AS team will reach out to facility to clarify any questions and request protocols/guidelines

Establish

- AS team creates customized feedback and identify areas of opportunity at the facility

Site Visit

- AS team review's written recommendations with facility based on results via site visit in person or virtually

Infection Control Assessment and Response (ICAR) Tool for General Infection Prevention and Control (IPC) Across Settings

Module 10. Antibiotic Stewardship Facilitator Guide

Antibiotic Stewardship: This form is intended to aid an ICAR facilitator in the review of a healthcare facility's antibiotic stewardship policies and activities. This interview should be conducted with antibiotic stewardship lead(s) if possible.

Leadership Commitment, Accountability and Stewardship Expertise to Improve Antibiotic Use

1. Which of the following individuals are responsible for the management and outcomes of antibiotic stewardship activities at your healthcare facility? (Select all that apply)
- Physician
 - Co-lead
 - Lead
 - Designated physician support
 - Pharmacist
 - Co-lead
 - Lead
 - Designated pharmacist support
 - Other (e.g., RN, PA, NP, IP, other), specify: _____
 - Co-lead
 - Lead
 - Designated support
 - Unknown
 - None, the healthcare facility does not have individuals responsible for antibiotic stewardship activities management and outcomes
 - Not Assessed

Identifying an antibiotic stewardship lead or co-lead who is/are accountable for program management and outcomes is critical for the successful implementation of antibiotic stewardship policies and activities. Most hospitals have found a physician and pharmacist co-leadership model to be effective.

If a non-physician is identified as a lead for stewardship activities, it is important to designate a physician (or medical director) who can serve as a point of contact and support for the non-physician lead. Regular "stewardship rounds" for the co-leaders, or the non-physician lead and the supporting physician can strengthen program leadership.

The core elements of antibiotic stewardship for hospital, outpatient, nursing home, and small and critical access hospitals can be found here: [Core Elements of Antibiotic Stewardship](#).

For strategies to improve antibiotic prescribing in outpatient/diagnosis settings refer to:

[Improving Antibiotic Use in Outpatient Hematology Facilities](#)

Notes

LTACH Antibiotic Use Survey

- Created a Redcap survey distributed to LTACH's in Chicago
- Survey was adapted from AHRQ Improving Antibiotic Use analysis
- Responses were reviewed with facility to address gaps and needs
 - Examples of Findings:
 - Lack of AS funding (FTE Pharmacist)
 - New EHR
 - Difficulty tracking and reporting
 - Next Steps:
 - Point prevalence survey of antimicrobial use

CDPH Long-Term Acute Care Hospital ASP Evaluation

Please complete the survey below.

Thank you!

Instructions: Complete this form to assess your antimicrobial stewardship program (ASP), recommended on an annual basis. The purpose of this survey is to assess Chicago long term acute care hospital's conformity to the CDC core elements. Additionally, the health department will not impose penalties for your answers.

We ask questions about basic structure and commonly utilized interventions. The questions marked with (+) are Enhancing components that may enhance ASPs. Once your ASP is established, discuss whether implementation of the Enhancing Components might be beneficial to your program and what resources you would need for implementation.

Select all answers that apply when relevant.

Key: (+) = Enhancing Components

Adapted from Agency on Healthcare Quality Research and Quality (AHRQ).

Next Page >>

AHRQ Safety Program for Improving Antibiotic Use

Gap Analysis for Antibiotic Stewardship Programs in Long-Term Care

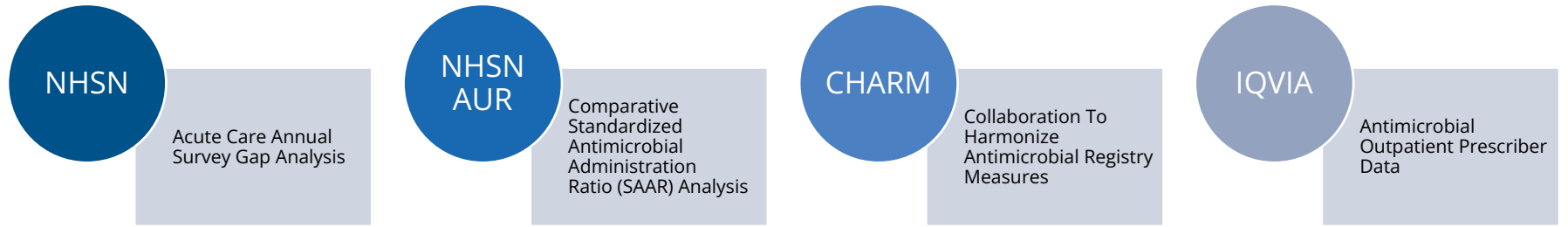
Instructions: Complete this document to evaluate your antibiotic stewardship program (ASP) on an annual basis and to define areas for further improvement. The ASP areas addressed in this document are addressed throughout the AHRQ Safety Program Toolkit.

The questions labeled as Fundamental (+) address components that all ASPs should have, and those labeled as Enhancing (+) address components that may further enhance ASPs. If your ASP is missing fundamental components or is not performing core interventions, then you should determine how to manage these deficiencies, including meeting with senior leadership to discuss additional resources. If your ASP does not have Enhancing items, discuss whether implementation of these items might be of benefit to your program and what resources would be needed to operationalize them.

Key: (+) = Fundamental, (+) = Enhancing

Job Title	Antibiotic Stewardship Area	Answers	Comments
Pharmacist	(+) Is the Pharmacist (Consulting or Dispensing) a member of the Antibiotic Stewardship Team?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
	(+) Is supporting antibiotic stewardship activities included in the Pharmacist's job description or contract?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
Other Team Members	(+) Does the Pharmacist have a certificate or advanced training in infectious diseases or antibiotic stewardship?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	<input type="checkbox"/> Director of Nursing <input type="checkbox"/> Assistant Director of Nursing <input type="checkbox"/> Administrator <input type="checkbox"/> Front-Desk Nurse <input type="checkbox"/> Infectious Diseases Consultant <input type="checkbox"/> Nurse Aide <input type="checkbox"/> Nurse Manager <input type="checkbox"/> Nurse Practitioner <input type="checkbox"/> Other Physicians <input type="checkbox"/> Other Pharmacist <input type="checkbox"/> Physician Assistant <input type="checkbox"/> Representative from Resident & Family Council <input type="checkbox"/> Wound Care Nurse <input type="checkbox"/> Other
	(+) Indicate other members of the Antibiotic Stewardship Team		
Senior Executive Leadership	(+) To whom does the Antibiotic Stewardship Team report?	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Annually <input type="checkbox"/> Never <input type="checkbox"/> Other	
	(+) How often does Antibiotic Stewardship Team leadership meet with senior leadership?	<input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Annually <input type="checkbox"/> Never <input type="checkbox"/> Other	

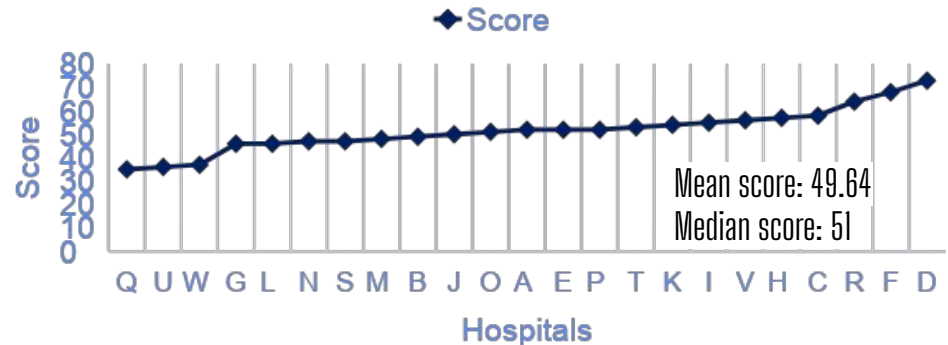
Tracking and Reporting



NHSN Acute Care Annual Survey Gap Analysis

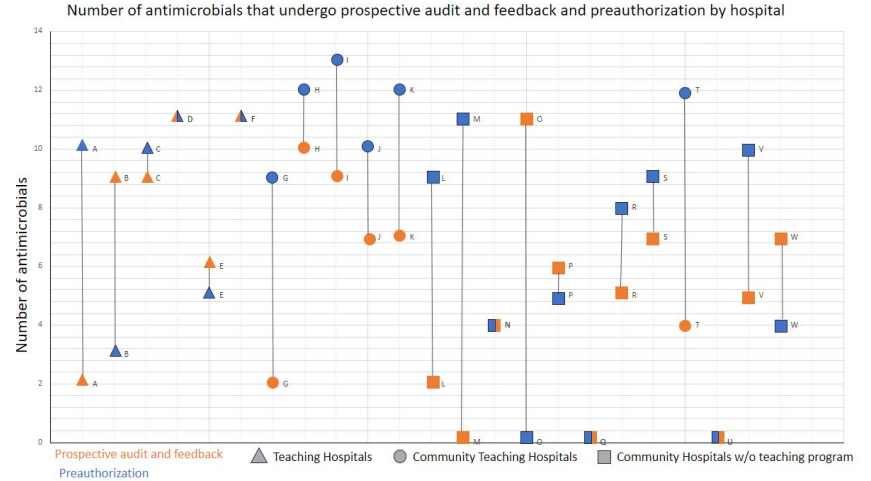
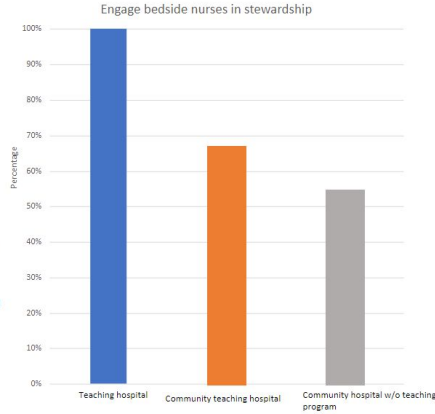
- 23 acute care hospitals completed the NHSN Annual survey 2022
- Scores were calculated based on response per question (1 point per response) total possible points 81.
- Only AS questions from the survey were analyzed
- Our Findings:
 - All Hospitals
 - Report information on antibiotic use, resistance, and stewardship to hospital staff, at least annually
 - Educate patients on antibiotic side effects though education by pharmacists are least common
 - Integrate antibiotic stewardship activities into quality improvement and/or patient safety initiatives.
 - Many community hospitals do not have facility specific treatment recommendations for skin and soft tissue infection

Score based on number of questions answered positively per hospital



Nurse Involvement

- Nurses receive training on appropriate criteria for sending urine and/or respiratory cultures
 - Teaching 4/6; Community Teaching 1/6; Community 4/11
- Nurses initiate discussions with the treating team on switching from intravenous to oral antibiotics
 - Teaching 2/6; Community Teaching 2/6; Community 3/11
- Nurses initiate antibiotic time-out discussions with the treating team
 - Only 1 Community hospital w/o teaching program
- Nurses track antibiotic duration of therapy
 - Only 1 Community hospital w/o teaching program




Possible Future Directions

- Engaging nurses in AMS
- Improving prospective audit and feedback and preauthorization
- Create mentorship program between lower performing and higher performing hospitals in same category/with similar resources

NHSN Antibiotic Use and Resistance

Coming Soon!

Comparative SAAR Analysis - NHSN AU Option

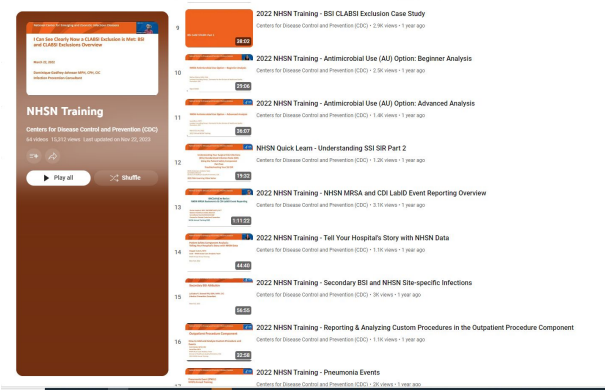


Prepared For:
Preparation Date:
Time period included in report:

How to Use This Report
This report is intended to help support your hospital's antibiotic stewardship efforts. The data tables and figures summarize your hospital's antimicrobial use (AU) and provide relevant comparisons to the AU of other reporting Chicago hospitals. These comparisons provide context to better understand your AU and prioritize antibiotic stewardship activities. We recognize this report includes a significant amount of detailed data. To help you take advantage of the information in this report, we encourage you to consider the following approach.

- **Upcoming:** CDPH Comparative SAAR Analysis
- CDC NHSN AUR training videos
- Duke Antimicrobial Stewardship Outreach Network (DASON)

- Clinical Scenarios
- Quick guides
- “Stew-tube” videos
- Facility templates



The screenshot shows a list of NHSN training modules. The first module is '2022 NHSN Training - BSI CLABSI Exclusion Case Study' with 148 views. Other modules include '2022 NHSN Training - Antimicrobial Use (AU) Option: Beginner Analysis', '2022 NHSN Training - Antimicrobial Use (AU) Option: Advanced Analysis', 'NHSN Quick Learn - Understanding SSI SIR Part 2', '2022 NHSN Training - NHSN MRSA and CBI LabID Event Reporting Overview', '2022 NHSN Training - Tell Your Hospital's Story with NHSN Data', '2022 NHSN Training - Secondary BSI and NHSN Site-specific Infections', '2022 NHSN Training - Reporting & Analyzing Custom Procedures in the Outpatient Procedure Component', and '2022 NHSN Training - Pneumonia Events'.

Leveraging National Healthcare Safety Network Antibiotic Use Option to Inform, Implement and Assess Antibiotic Stewardship Activities

CLINICAL SCENARIOS

Category 1: Using AU Data to Identify and Inform Stewardship Opportunities for High Antimicrobial Use

- ➔ 1. Individual SAAR category
- ➔ 2. Targeted antimicrobial within a SAAR category
- ➔ 3. SAAR category on a targeted unit type
- ➔ 4. Specific antimicrobial in a select population

METRIC GUIDES

- Manipulations of NHSN Extracts
 - ➔ Specific Antimicrobial use per chart
 - ➔ Antimicrobial use by route of delivery
 - ➔ Antimicrobial use by CPT/ICD code segment
- Combining NHSN Data with Additional Data from Local I
 - ➔ Antimicrobial-specific Average Length of Therapy
 - ➔ NHSN Infection Rate Extracted by Combine with Antibiotic Data
- Metrics Using Local Data Sources
 - ➔ Antimicrobial use by indication
 - ➔ Durations based on date of event
 - ➔ Percent of Patient Admissions receiving a Specific Antimicrobial
 - ➔ Targeted admissions (decolonize) (diagnosis code or antibiotic use)
 - ➔ Provider Specific Prescribing (DOT)
 - ➔ Provider Specific Prescribing, Stratified by Route or Indication
 - ➔ Laboratory Test Utilization Rate
 - ➔ Culture Rates

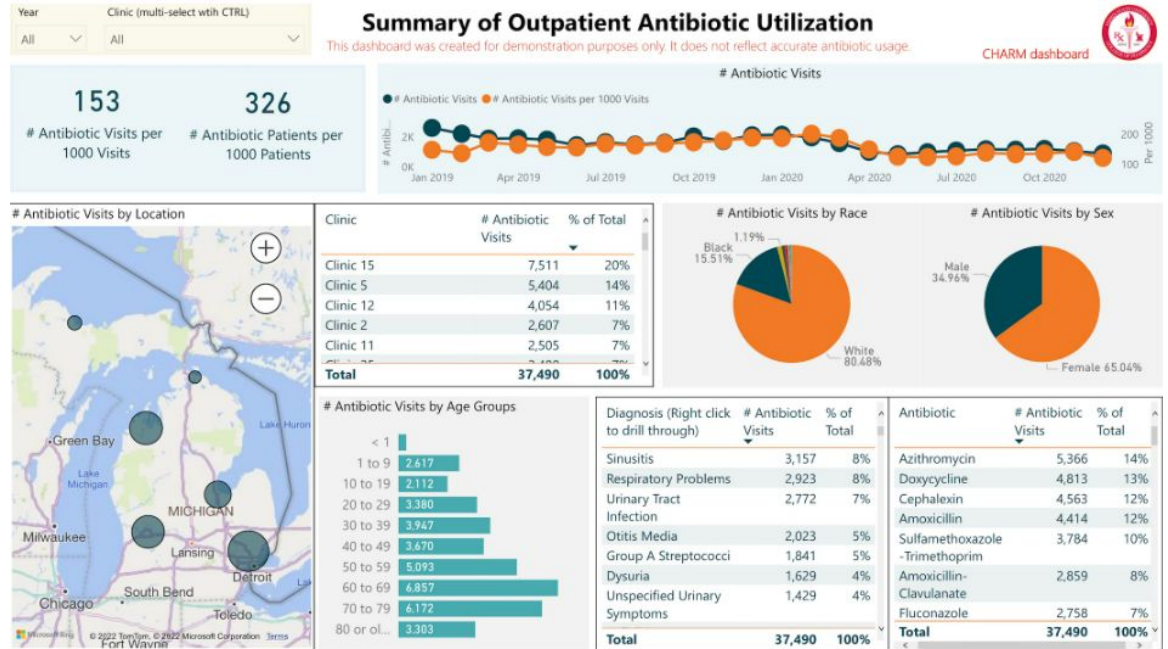


Work Funded by Centers for Disease Control and Prevention SHEPHERD




COLLABORATION TO HARMONIZE ANTIMICROBIAL REGISTRY MEASURES (CHARM)

- Created by Ferris State University
- CHARM utilizes existing data from institution's electronic medical records (EMR) to quantify and assess antimicrobial prescribing practices
- Data analysis produced in a dashboard format
 - Promoting awareness
 - Supporting research
 - Disseminating best practices surrounding antibiotic utilization



IQVIA Antimicrobial Prescription Data

LRx and Dx data for antimicrobial prescription in the City of Chicago from retail pharmacies, mailed prescriptions, and long-term care facilities

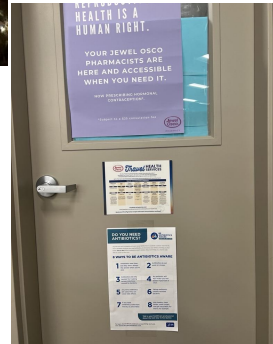
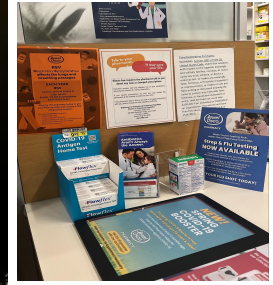
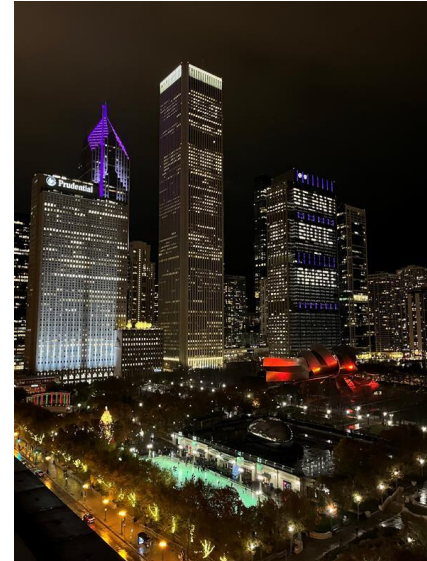
Obtained 3.7 million prescription claims from 2019 to 2022

Goals

- Find trends in outpatient antibiotic prescribing in Chicago including appropriateness
- Identify gaps in antibiotic prescribing with the focus on health equity

Education

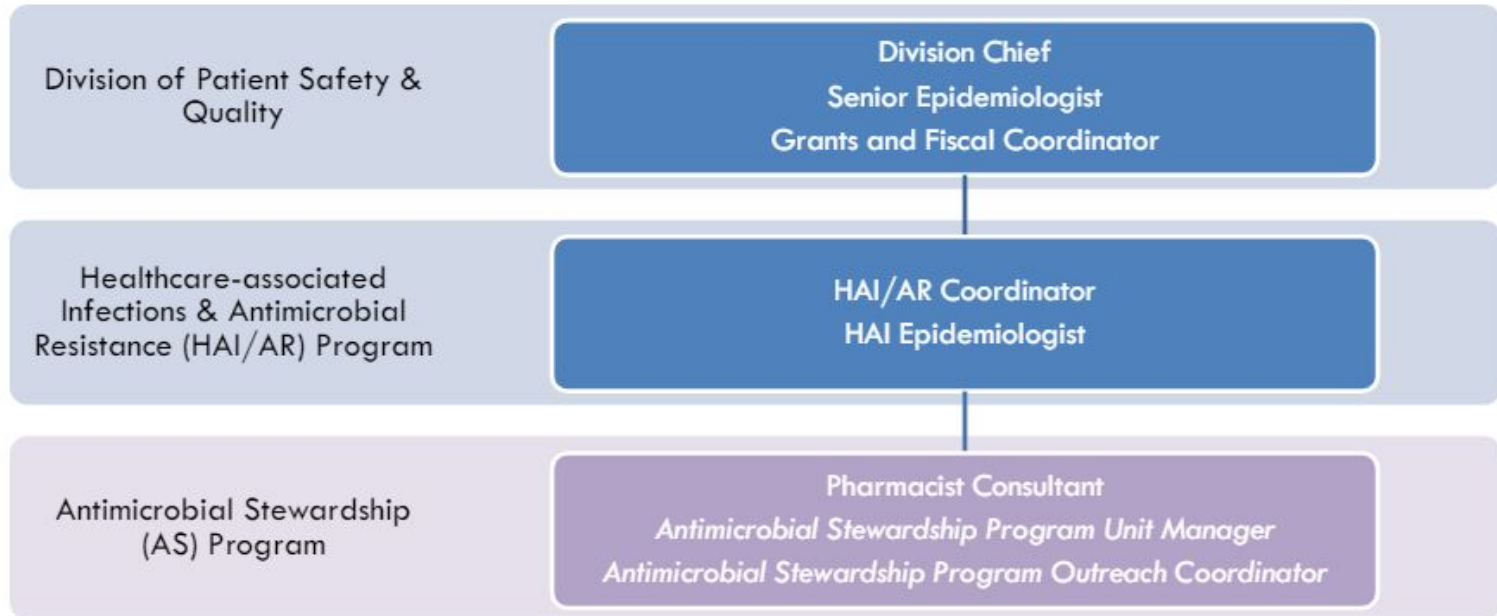
- U.S. Antibiotic Awareness Week - November
 - Delivered CDC “Be Antibiotic Aware” posters and tri-folds to major Chicago Pharmacies
 - Participated in social media storm (X, Linked In, Instagram)
 - Displayed signage on Blue Cross Blue Shields Tower facing renowned Lake Shore Drive
 - Partnered with Light Up Chicago to display purple lighting throughout Chicago buildings
- Chicago AS Workgroups
 - NHSN AU/AR
 - Chicago Stewards To Antimicrobial Resistance (S.T.A.R)
- Antimicrobial Stewardship office hours on roundtables
- Upcoming:
 - [Healthy Chicago Podcast](#)
 - Chicago One Health Conference November 19th 2024

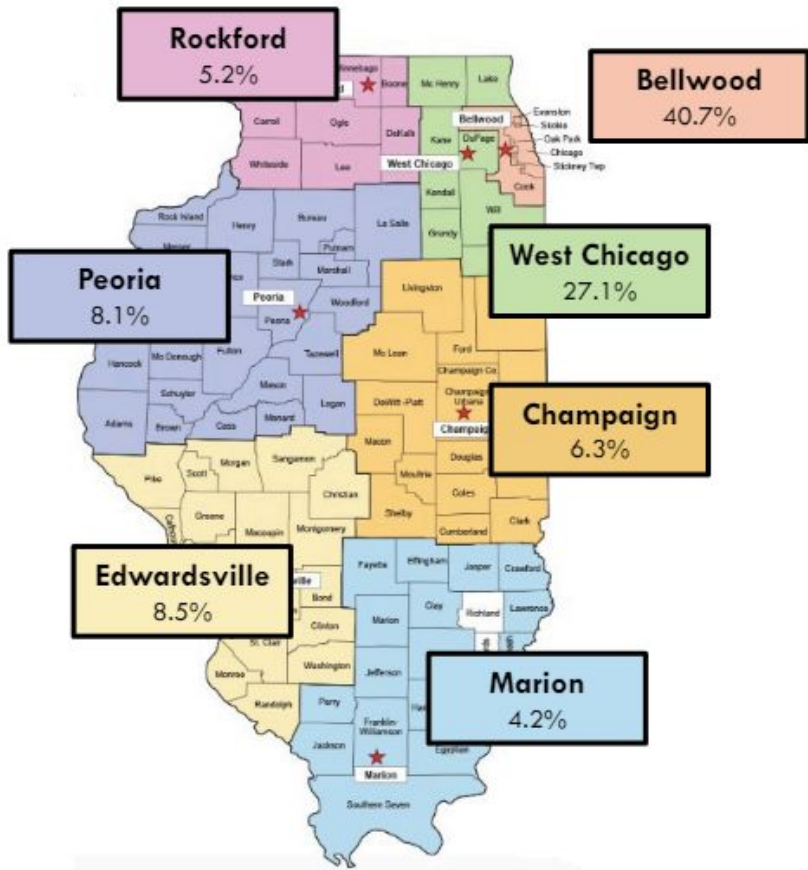




State Health Department

IDPH Antimicrobial Stewardship Program





IDPH Health Regions
 % of Total
 Illinois Population

Local Health Department Engagement



HAI/AR Advisory
Council Members



AS Workgroup
Members



Illinois Summit on
AS Planning
Committee
Members



Illinois Action Plan
to Prevent
HAI/AR
Contributors

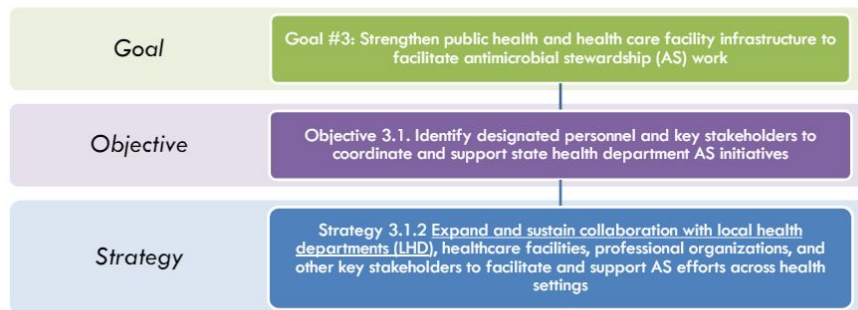


1:1 Meetings with
IDPH and LHD
AS Leads

Action

- Illinois Action Plan to Prevent HAI/AR
 - Priority Area: Antimicrobial Stewardship
- IDPH AS Champion Call
- Implementation of the Core Elements of Outpatient Antibiotic Stewardship in a cohort of immediate care centers
 - Includes tracking of antibiotic prescribing and use, engaging prescribers in academic detailing, and developing educational resources for participating facilities and patients
- **Upcoming:**
 - 1:1 consultations for long-term care facilities in Central and Southern Illinois
 - In areas with limited access to AS expertise or for facilities seeking personalized guidance in implementing or improving their ASP

Illinois Action Plan to Prevent HAI/AR Priority Area: Antimicrobial Stewardship



Tracking and Reporting

- Established DUA with CDC for access to NHSN AUR data from reporting Illinois facilities and NHSN Annual Hospital Survey; Section on Antibiotic Stewardship:
 - IDPH will analyze this data annually to monitor trends, identify opportunities for AS programs and funding, facilitate benchmarking, and assess the effectiveness of AS work
- Plan to procure proprietary antibiotic prescribing data (e.g., IQVIA Xponent and LRxDx data) to assess local antibiotic prescribing trends and identify prescribers and targeted regions for AS intervention
- Plan to partner with an academic partner to generate site-specific data dashboards for a cohort of Illinois health-system affiliated outpatient facilities
 - The academic partner will extract, summarize, and analyze antimicrobial prescribing and use data from institutional electronic medical records to quantify and assess local antimicrobial prescribing practices
- **Upcoming:** Launch of acute care tiered honor roll to publicly recognize healthcare facilities that meet specified criteria for antimicrobial stewardship and encourage uptake of the Priorities for Core Element Implementation

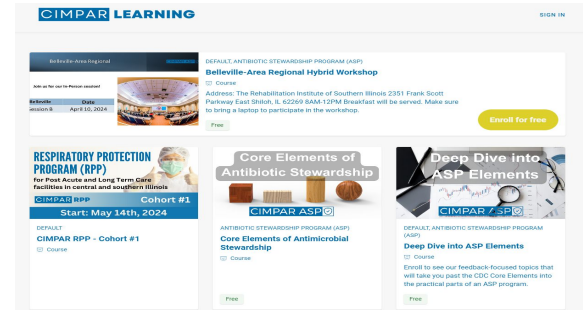
Education

- U.S. Antibiotic Awareness Week
 - Gubernatorial proclamation, social media messaging, and a series of educational webinars
 - “Spotlight on Antimicrobial Stewardship” to recognize stewardship champions in health care facilities, local health departments, and organizations across Illinois
- Partnering Acute and Long-Term Care to Advance Antimicrobial Stewardship Efforts (PALASE) Collaborative
 - Hospital-nursing home partnership aimed to strengthen cross-setting partnerships and establish successful and sustainable ASPs in long-term care settings



Education

- Virtual educational sessions and regional workshops
 - Focused on the Core Elements of AS for Nursing Homes
- Illinois Summit on Antimicrobial Stewardship
 - A yearly all-day forum which brings together healthcare professionals from various settings to share best practices and lessons learned around antimicrobial stewardship through plenary sessions, poster presentations, and roundtable exercises
 - Attendees participate in cross-cutting and setting-specific tracks, including advanced acute care, beginner acute care, outpatient, and long-term care
 - **Save the Date: July 17th 2024**





LakeCounty

Health Department and
Community Health Center

Local Health Department

About Lake County Health Department

Location: Far northeast corner of Illinois

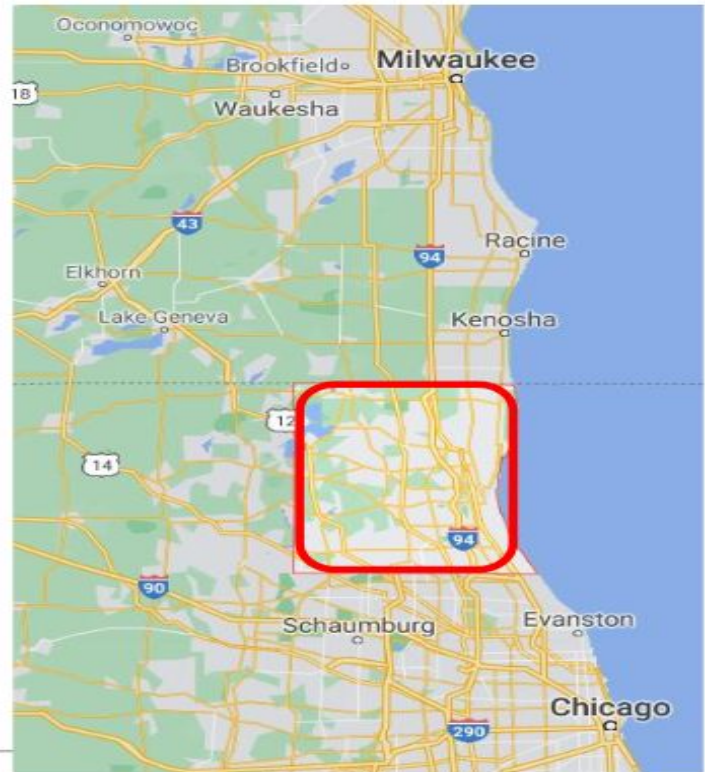
Population: ~700,000 people

Long-term care facilities:

- 140 Properties
- 24 Skilled Nursing Facilities (SNFs)
 - 0 Long term Acute Care Hospitals (LTACH)
 - 2 SNFs with ventilator supported care (vSNF)

Lake County Health Department (LCHD), Waukegan, Illinois

- 800+ employees
- Including Federally Qualified Health Centers and Behavioral Health Programs, Environmental Health, etc.



Leadership, Accountability, Expertise

Antimicrobial
|
Stewardship
Program

- Medical Epidemiologist
- Epidemiologist
- Registered Nurse

- Antimicrobial Stewardship Workgroup meets quarterly
 - Members include select infection preventionists from acute and long-term care and the pharmacists of acute care hospital system.
- **Upcoming:**
 - Involving infectious disease physicians and long-term care medical directors in stewardship efforts

Lake County Health Department

Action

- Yearly County-Wide Antibigram
- Identify health inequity indicators associated with MDROs
- Upcoming:**
 - Develop the 2022 and 2024 antibiogram datasets
 - Identifying a utilization metric for the county-wide antibiogram

Tracking & Reporting

- Enhancing the Tableau Dashboard that monitors MDROs in Lake County utilizing multiple data sources
- Currently using NHSN reported data to monitor MDROs and HAIs
- Upcoming:**
 - Tracking trends of antimicrobial resistance from 2022 to 2024 and work with subject matter experts to develop recommendations if concerning trends are noted
 - Utilizing IDPH hospital discharge data to enhance demographic data on Lake County residents with MDROs

Education

- Upcoming:** Providing educational information on how to use an antibiogram

How To Get Involved

1

Reach out to your
Health Department
Antimicrobial
Stewardship Team

2

Sign up to receive
emails from Illinois
SIREN and Chicago
Health Alert Network
(HAN)

3

Follow us on Social
Media!



<https://www.siren.illinois.gov/>
<https://www.chicagohan.org/sign-up>

Estrella.Cervantes@CityofChicago.Org



Chicago.gov/Health



HealthyChicago@cityofchicago.org



[@ChicagoPublicHealth](https://www.facebook.com/ChicagoPublicHealth)



[@ChiPublicHealth](https://twitter.com/ChiPublicHealth)

Takeaways

- Antibiotic stewardship is core strategy to combat antimicrobial resistance.
- State and local health department antibiotic stewardship programs play an important role in guiding antibiotic stewardship efforts in various healthcare settings and promoting appropriate antibiotic use for patients in their communities.
- Smaller local health departments can select specific implementation strategies and participate in local or national collaboratives based on their priorities and available resources.

Thank you

Project Firstline is a national collaborative led by the U.S. Centers for Disease Control and Prevention (CDC) to provide infection control training and education to frontline healthcare workers and public health personnel. National Association of County and City Health Officials (NACCHO) is proud to partner with Project Firstline to host the NACCHO Healthcare Infection Prevention and Control Summit (Summit), as supported through CDC Grant # 6NU38OT000306-03-05. CDC is an agency within the Department of Health and Human Services (HHS). This presentation is being hosted as part of the Summit; the contents of this presentation and Summit do not necessarily represent the policies of CDC or HHS and should not be considered an endorsement by the Federal Government.

For more information, contact CDC
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov



The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



Extra Slides

Local Health Departments (LHD) Community of Practice

- Co-facilitated by LHD Antibiotic Stewardship Pharmacist
- 5 out of 6 ELC-funded LHDs attended
- Topics:
 - Size and makeup of stewardship team
 - Plans for additional staff and expertise
 - Coordination with state HD
 - Implementing the Core Elements for HDs at the city/county level
 - Project sharing across HDs

Action-Examples of Collaboratives

Clinical Infectious Diseases

MAJOR ARTICLE



A Statewide Antibiotic Stewardship Collaborative to Improve the Diagnosis and Treatment of Urinary Tract and Skin and Soft Tissue Infections

Timothy C. Jenkins,^{1,2,3,4,5} Teresa Hulett,⁶ Bryan C. Knepper,³ Katherine C. Shihadeh,⁷ Marc J. Meyer,⁸ Gerard R. Barber,⁹ John H. Hammer,¹⁰ and Heidi L. Wald^{4,6}

¹Department of Medicine, ²Division of Infectious Diseases, and ³Department of Patient Safety and Quality, Denver Health, ⁴Department of Medicine and ⁵Division of Infectious Diseases, University of Colorado Anschutz Medical Campus, Aurora, ⁶Colorado Hospital Association, Englewood, ⁷Department of Pharmacy, Denver Health, ⁸Infection Prevention and Clinical Pharmacy, Southwest Health System, Cortez, ⁹Department of Pharmacy, University of Colorado Anschutz Medical Campus, Aurora, and ¹⁰CarePoint Infectious Diseases, Denver, Colorado



JAMDA

journal homepage: www.jamda.com



Original Study

Reducing Fluoroquinolone Use and *Clostridioides difficile* Infections in Community Nursing Homes Through Hospital–Nursing Home Collaboration



Christina B. Felsen MPH^a, Elizabeth S. Dodds Ashley MHS, PharmD^b, Grant R. Barney BS^c, Dallas L. Nelson MD, CMD^d, Joseph A. Nicholas MD^e, Hongmei Yang PhD^f, Marie E. Aydelotte MD^g, Alexander Karlic MD^h, Nirmala C. Nicholas MD^d, Kim K. Petrone MDⁱ, Rena D. Pine MD^j, Scott L. Schabel MD^k, Annette Medina-Walpole MD^d, Ghinwa K. Dumyati MD^{a,l}

Infection Control & Hospital Epidemiology (2022), 43, 1235–1237

doi:[10.1017/ice.2021.164](https://doi.org/10.1017/ice.2021.164)



Concise Communication

Improving antibiotic prescribing for acute bronchitis in the ambulatory setting using a multifaceted approach

Philip Chung PharmD¹, Regina Nailon PhD, RN², M. Salman Ashraf MBBS³, Scott Bergman PharmD^{4,5}, Teresa Micheels MSN, RN⁶, Mark E. Rupp MD³, Michelle Schwedhelm MSN, RN⁷, Maureen Tierney MD, MS⁸, Kate Tyner BSN, RN⁶, Trevor C. Van Schooneveld MD³ and Jasmine R. Marcelin MD³