

Opportunities to Promote Substance-Free Pregnancies and Prevent FASDs

UNIVERSAL	SELECTIVE		INDICATED	
Everyone (including individuals who could become pregnant)	Individuals who are pregnant	Individuals who are using substances and could become pregnant	Individuals who are pregnant and using substances	Individuals who have a substance use disorder
<p>Screening, Brief Intervention, and Referral to Treatment (SBIRT)</p> <p>STI clinic</p> <p>WIC</p> <p>Immunization clinic</p> <p>Home visiting program</p> <p>Lead program</p> <p>Health fairs</p> <p>Health education – substance use prevention, intervention & treatment</p> <p>Distribution of Narcan and fentanyl test strips</p>	<p>SBIRT</p> <p>Healthy Start</p> <p>WIC</p> <p>Perinatal home visiting program</p> <p>Nurse recovery program specific to substance use during pregnancy</p> <p>Programs to improve pregnancy outcomes</p> <p>Breast/chest feeding education and support</p> <p>Doula services</p> <p>Mental health support</p> <p>Parenting classes that include substance use module</p>	<p>SBIRT</p> <p>Home visiting program</p> <p>Reproductive life planning/contraception counseling with screening for substance use</p> <p>Mobile street medicine programs</p> <p>Family planning clinics, in-house, mobile & corrections facilities</p> <p>Harm reduction (including contraception care)</p>	<p>SBIRT</p> <p>Education on substance use during pregnancy</p> <p>Anti-stigma campaign to connect pregnant people to services</p> <p>Home visiting program including motivational interviewing</p> <p>Referrals to treatment (including mobile programs)</p> <p>Programs to prevent postpartum return to use</p> <p>Substance cessation programs during pregnancy</p>	<p>Medication-assisted treatment (MAT)/ Medications for opioid use disorder (MOUD)</p> <p>MAT provider training to increase confidence in reproductive care conversations</p> <p>Referrals to treatment</p> <p>Outpatient intensive women's recovery and resiliency programs</p> <p>Sobriety treatment and recovery team</p>

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