

# East Region Refugee communities COVID Prevention Project (RCCPP)

COVID-19 Vaccine Resources for RIM RFA Awardees

Besma Coda



**SAN YSIDRO  
HEALTH**

# Outline

## Today's Topics:

- ✓ Our program and COVID-19 in our community
- ✓ RCCPP Community Coalition: Information that you can trust
- ✓ Sustainability Resources to help our community stay safe and healthy
- ✓ Sustainability Challenges
- ✓ Questions and Answers

# San Ysidro Health: Who We Are

- **Non-Profit, Federally-Qualified Health Center committed to providing high-quality, compassionate, accessible health care services for the entire family.**
- **Patient Care** consists of clinical treatment for patients:
  - Medical | Behavioral Health | Dental
  - Specialty (such as Acupuncture, Rheumatology and Chiropractic)
- **Patient Experience** consists of clinical support for patients:
  - Case Management | Outreach | Family Support Programs
  - Nutrition | Health Education | Research
- *The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all.*

# Health Center Locations





# Designing Patient-Oriented Strategy

- Preparing presentations using many resources, including CDC, California Department of Public Health, San Diego County Public Health, University Research, etc.
- Train the trainer/ Community Health worker (CHW) using resources from San Ysidro Health, NRC-RIM, and others.
- San Ysidro Health Doctors attend the events to present and answer questions.
- COVID-19 Vaccination Clinic available at the events.
- Coalition founders, presidents, top executives, and CHWs attend the workshop to build trust.

# Developing partnerships and strategic alliances

- **Development:** Build effective relationships and raise awareness
- **Environment:** Cultural diversity and ethical concerns, so much bad information out there
- **Technology:** Rapid information changes
- **Health:** Improve health communities by improving health literacy
- **Financial:** Understand the financial burden

# RCCPP-NACCHO Community Coalition

## 1. San Diego Refugee Communities Coalition (SDRCC):

### License to Freedom:

131 Avocado Ave, El Cajon, CA 92020.

Tel: 619-401-2800

### Mission Edge/Majdal Center:

327 E. Main Street, El Cajon, CA 92020

619-800-1687

### United Women EAST – Afghan Community Culture Center:

140 W Park Ave, El Cajon, CA 92020 | Suite 219-

Tel: 619-277-3255

## 2. Chaldean Community Council:

405 E. Lexington Ave, El Cajon, CA 92020

Tel: 619-888-2789





# Indirect- RCCPP-NACCHO Community Coalition

## 3. Public Agencies Partners in the Community:

- California Department of Public Health/ COVID-19 Task Force
- Champions for Health
- County of San Diego Public Health

## 4. Partners in the Community:

- Grossmont Health Care
- United Health Care
- Iraqi & Afghanistan Community Agencies



SAN DIEGO  
Refugee Communities  
COALITION



# What is the role of Community Health Workers-CHWs during COVID-19?

- ✓ **Stay up to date** about information regarding COVID-19
- ✓ **Explain** why slowing the spread of COVID-19 is important, and the role that we all have for this to happen
- ✓ **Educate** the community about prevention and how to take care of your health
- ✓ **Listen** to doubts and concerns people have and **respond** in an empathetic way
- ✓ **Link** community members with resources to maintain their well-being

CHWs have an important role in **combatting COVID-19 in our communities** and making sure people have **the right information to protect** themselves and their families.

# Sustainability Plan

- Establishing long-term relationships with the coalition agencies
- ✓ prepare a tour of the health center
- ✓ Listening sessions, listening to the community we serve
- ✓ Continues monthly meetings
- ✓ Involve in community resource mapping to help the RIM population in El Cajon to easily navigate the resources
- ✓ Share resources and events in between the coalition such as vaccine events, health fairs, back-to-school fairs, etc. to support the refugees in El Cajon to attend
- ✓ Creates a volunteers list to help the refugees when needed especially when the Afghanistan refugee arrived at San Diego
- ✓ Build bridges and relationships with faith-based and worship places for different ethnicities and religions
- ✓ Build programs at schools such as back to school mobile clinic, vaccination clinic, and much more
- ✓ Promote Public health and a safe environment

# Sustainability Plan

- Establish relationships with public and state agencies to:
  - ✓ Discuss the refugee health needs
  - ✓ Bring the County COVID-19 Mobil Clinic to the refugees in El Cajon
  - ✓ Introduce Existing local Ethnic Communities from El Cajon that is culturally and linguistically appropriate to the refugee community
  - ✓ Strengthen the existing community council such as El Cajon Collaborative meetings by the City of El Cajon to share our news and network with other agencies in El Cajon
  - ✓ Facilitate meaningful refugee community engagement and listen to their needs.
  - ✓ Everyone is involved in the decision making


# Coalition Sustainable Goals

## Short-term goals

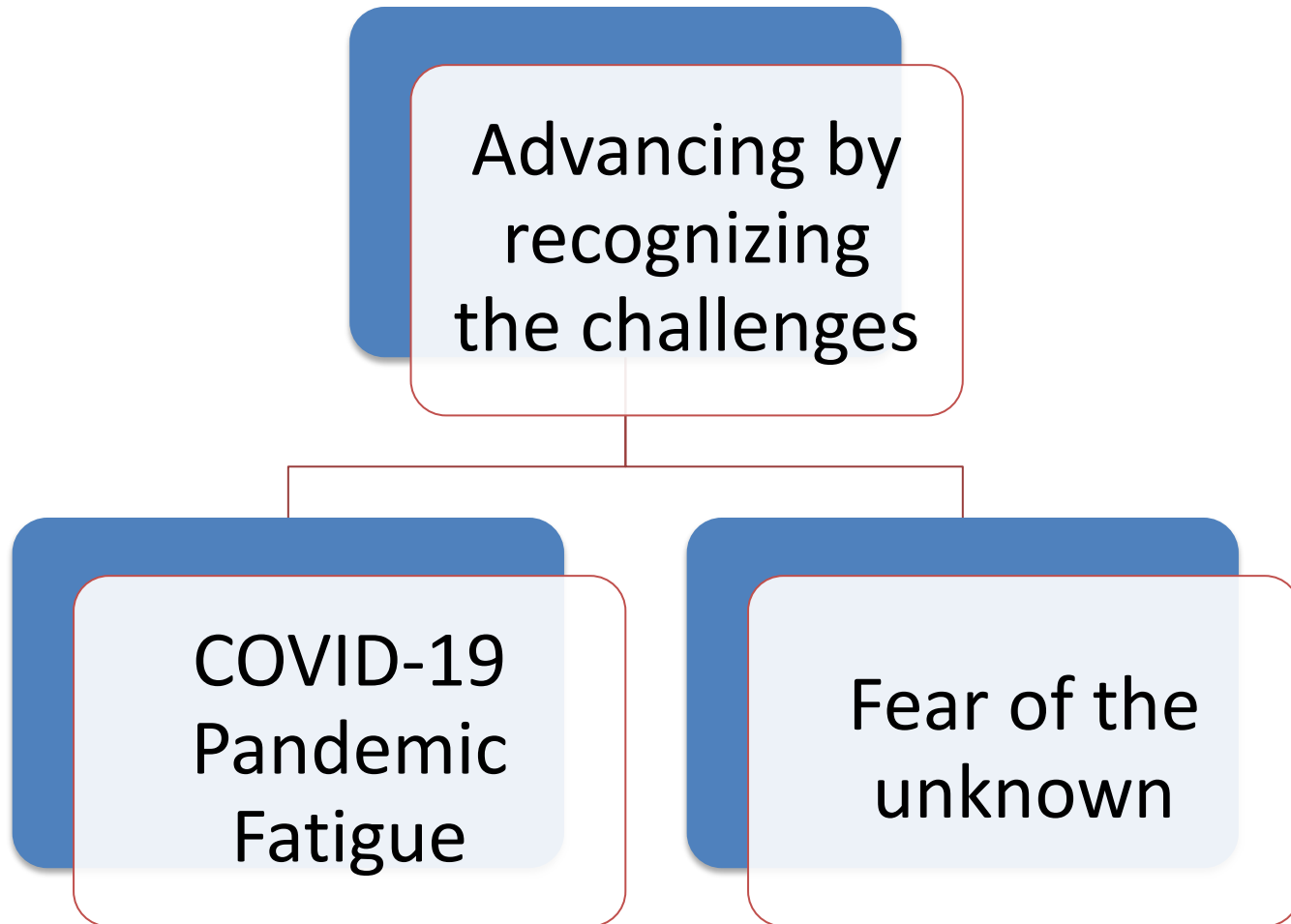


- Promote a healthy community
- Easy health access to the RIM population in El Cajon
- Making arrangements for the coalition members to address the needs of the refugees in El Cajon
- Share the available resources from the CDC, County of San Diego, and the CA Public Health with the refugees

# Coalition Sustainable Goals

- Long-term sustainability goals 
- Psychological safety of the refugees- feel safe with their health provider
- Social inclusion and equality for the RIM population in the health system
- Develop the Community Health Worker (CHW) training and share it with the Coalition for future use.
- Empower and utilize ethnic grassroots local social media such as Chaldean Radio & TV ( CRT) and use them for Public needs.
- Engage with the community by creating community videos
- Dialogue and interview the community organization with the grassroots radio channels

# Build opportunities to advance



# Challenges



- The pandemic
- Technology shortfalls
- Grassroot small nonprofit agencies' financial and funding resources
- Policies and procedures of the health centers
- Events locations and policies limitations



# January 2022 workshop Challenges









5:50



< Zainab Kadhm in كروب المحبة بساندياكو



Zainab Kadhm shared a live video.

Apr 25 · 🌐



Chaldean Radio was live.

Apr 25 · 🌐

#CR\_T

برنامج لقاء اليوم

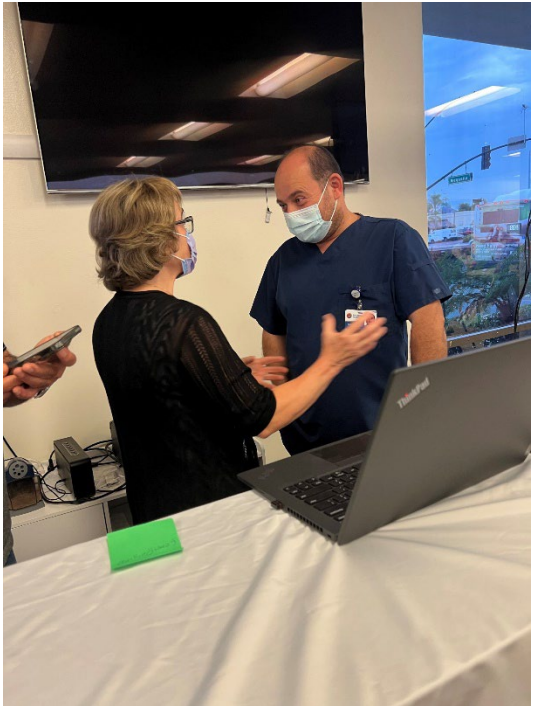
See more... الاثنين



1.2K views



# September 2022 Workshop Challenges



# COVID-19 Pandemic Fatigue

- In 2020, the World Health Organization (WHO) defined pandemic fatigue as a  
“ demotivation to follow recommended protective behaviors, emerging gradually over time and affected by a number of emotions, experiences, and perceptions. ”





# RCCPP-NACCHO Patients

- I am sick of hearing about COVID-19
- No more COVID, it's behind us
- I am tired of all the COVID-19 discussions in your workshops, can we discuss other illnesses?
- COVID again? I'm losing my mind





- Some solutions that helped our projects:
- Consider and present preventive behavior, hand washing, face masks, staying home when sick, etc.
- Empower the parents with resources to answer their younger generation at home
- Present a hospitalist doctor to give them a real story from the hospitals about the impact of existing cases
- Empower the doctor with COVID research if available

# Questions



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