

FILLABLE COMMUNITY RESOURCE GUIDE AND COMMUNITY DIRECTORY

NUTRITION SUPPORT

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

LACTATION SUPPORT

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

WIC AGENCIES

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

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SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAMS (SNAP)

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

FOOD BANKS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

COMMUNITY KITCHENS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

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HOSPITALS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

FREE/LOW COST CLINICS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

PEDIATRICIANS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

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CHILD CARE

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

HEAD START/EARLY HEAD START

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

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SOCIAL WORKERS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

SUPPORT GROUPS

Name/Specialty/ Credentials	Address	Phone	Email	Additional Languages	Notes/Website/ Other

ONLINE RESOURCES

	American Academy of Pediatrics	healthychildren.org
	1,000 Days	https://thousanddays.org/
Breastfeeding	La Leche League	https://www.llli.org/
	WIC	wicbreastfeeding.fns.usda.gov
	World Health Organization	https://www.who.int/health-topics/breastfeeding#tab=tab_1
Nutrition	Dietary Guidelines for Americans 2020-2025	https://www.dietaryguidelines.gov/sites/default/files/2020-12/Dietary_Guidelines_for_Americans_2020-2025.pdf
	CDC	https://www.cdc.gov/nutrition/infantandtoddlernutrition/index.html
	MyPlate	https://www.myplate.gov/