The Medical Reserve Corps (MRC) represents a national network of local groups of volunteers committed to improving the public health, and resiliency of their communities.

The Competencies for Disaster Medicine and Public Health (DMPH) are widely understood to be the knowledge needed for a health care professional and/or first responder to perform a task in a safe and consistent manner. Utilizing the DMPH Competencies as the baseline core competency set for MRC volunteers, makes collaboration between MRC units and other partner organizations more efficient.

Organized into 4 Learning Paths, the Core Competencies for Disaster Medicine and Public Health represent a baseline level of knowledge and skills that all MRC volunteers should have, regardless of their role within the MRC unit. Because the DMPH Competencies establish only a minimum standard, units may choose to expand on the competencies in order to train volunteers at a more advanced level.

**Volunteer Preparedness**
- Demonstrate personal and family preparedness for disasters and public health emergencies
  - DMPH 1.0
- Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency
  - DMPH 5.0

**Volunteer Response**
- Demonstrate knowledge of one's expected role(s) in organizational and community response plans activated during a disaster or public health emergency
  - DMPH 2.0
- Communicate effectively with others in a disaster or public health emergency
  - DMPH 4.0

**Volunteer Leadership**
- Demonstrate situational awareness of actual/potential health hazards before, during, and after a disaster or public health emergency
  - DMPH 3.0
- Demonstrate knowledge of public health principles and practices for the management of all ages and populations affected by disasters and public health emergencies
  - DMPH 8.0

**Volunteer Support for Community Resiliency**
- Demonstrate knowledge of ethical principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency
  - DMPH 9.0
- Demonstrate knowledge of legal principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency
  - DMPH 10.0
- Demonstrate knowledge of short- and long-term considerations for recovery of all ages, populations, and communities affected by a disaster or public health emergency
  - DMPH 11.0

**MRC Core Values:**
- **Community:** Honor the community-based nature of the MRC and recognize its spirit of volunteerism.
- **Action:** Seek opportunities to develop meaningful initiatives that support community medical and public health volunteerism and service.
- **Resourcefulness:** Maximize the potential to learn, and leverage relationships and assets to the fullest extent.
- **Teamwork:** Embrace collaboration and work collectively to achieve the mission.
- **Diversity:** Accept and respect the cultural identity of all.