INDOOR AIR QUALITY + COVID-19

Better indoor air quality can help reduce the risk of COVID-19 and improve overall health and wellbeing.

1 Source Control
Reducing sources of indoor air pollution often means using safer products in indoor spaces.
- View shareable videos on safer cleaning products at cleanawaycovid.org.
- Get guidance on how to navigate EPA’s lists of safer cleaning products and COVID-19 cleaning products at bit.ly/3a1L16j.

2 Ventilation
Ventilation systems bring new air into indoor spaces and help circulate it around.
An interactive tool to help demonstrate how air circulation in rooms can be improved bit.ly/CDCHomeVentilation.

3 Filtration
Filtration systems can help remove harmful particles from the air.

4 Get Kids Involved
Kids are even more sensitive to indoor air quality than adults. By learning more about it, they can help protect themselves and those around them.
Go to bit.ly/PEHSUComicStrips to download comic strips about air quality for kids. Available in many languages!

5 Learn More
For more resources on indoor air quality and COVID-19, check out CDC.gov, EPA.gov, and naccho.org/programs/environmental-health.

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