



# INDOOR AIR QUALITY + COVID-19

Better indoor air quality can help reduce the risk of COVID-19 and improve overall health and wellbeing.



## 1 Source Control

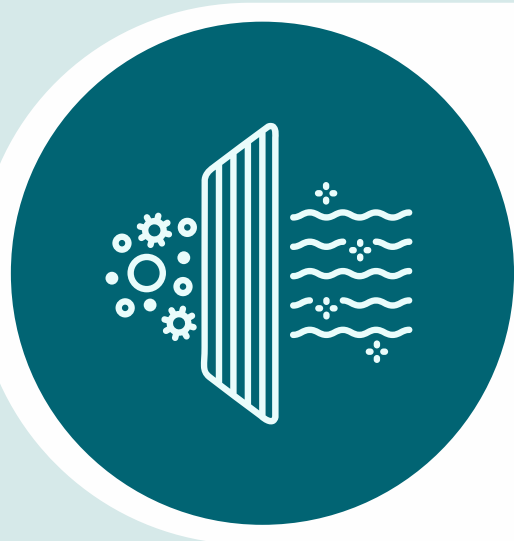
Reducing sources of indoor air pollution often means using safer products in indoor spaces.

- View sharable videos on safer cleaning products at [cleanawaycovid.org](https://cleanawaycovid.org).
- Get guidance on how to navigate EPA's lists of safer cleaning products and COVID-19 cleaning products at [bit.ly/3a1L16j](https://bit.ly/3a1L16j).

## 2 Ventilation

Ventilation systems bring new air into indoor spaces and help circulate it around.

An interactive tool to help demonstrate how air circulation in rooms can be improved [bit.ly/CDCHomeVentilation](https://bit.ly/CDCHomeVentilation).



## 3 Filtration

Filtration systems can help remove harmful particles from the air.

For information about the role of filtration in COVID-19 prevention in non-residential buildings, and selecting safe and effective portable filters for the home, visit [epa.gov/coronavirus/air-cleaners-hvac-filters-and-coronavirus-covid-19](https://epa.gov/coronavirus/air-cleaners-hvac-filters-and-coronavirus-covid-19).

## 4 Get Kids Involved

Kids are even more sensitive to indoor air quality than adults. By learning more about it, they can help protect themselves and those around them.

Go to [bit.ly/PEHSUComicStrips](https://bit.ly/PEHSUComicStrips) to download comic strips about air quality for kids. Available in many languages!



## 5 Learn More

For more resources on indoor air quality and COVID-19, check out [CDC.gov](https://CDC.gov), [EPA.gov](https://EPA.gov), and [naccho.org/programs/environmental-health](https://naccho.org/programs/environmental-health).