

# **Overdose Prevention and Response Mentorship Program Request for Application to Become a Mentee**

Applications are due by 8:00 pm ET on December 20, 2019



## I. Funding Opportunity Overview

The National Association of County and City Health Officials (NACCHO), with support from the Centers for Disease Control and Prevention (CDC), is accepting applications to participate in a new mentorship program with peer LHDs to learn, share experiences, and implement a program related to community opioid prevention and response activities through the *Overdose Prevention and Response Mentorship Program*. This mentorship program is designed to:

- Pair LHDs that have experience in developing overdose prevention or response programs in key strategy areas (see below) with peer LHDs interested in receiving assistance, guidance, tools, and resources to start planning or expanding their jurisdiction's response.
- Spread model and evidence-informed opioid prevention and response practices.
- Establish a network of LHDs that can learn from each other and share tools and resources on overdose prevention and response activities.
- Improve NACCHO and CDC's understanding of challenges and facilitators in spreading practices in the field and identifying needs in planning new programs.

The project period of performance will be from contract execution, (approximately) January 2020 to July 31, 2020. Each selected mentee will receive funding of \$50,000 to complete the program and associated deliverables. NACCHO will announce the selected agencies on the week of January 6, 2019. Funding estimates for the overall program and for individual projects may change.

## II. Background

According to CDC, drug overdose deaths in the U.S. increased by 18% per year from 2014 to 2016. Of the 70,237 drug overdose deaths in 2017, two-thirds involved an opioid. Rates of overdose deaths from all psychostimulants have also been climbing since 2010. From 2015 to 2016, rate increases were observed in deaths involving cocaine and psychostimulants with abuse potential, with synthetic opioids (e.g., fentanyl) increasingly being involved in these deaths and used with other opioids, other illicit drugs, benzodiazepines, and alcohol. The complex and evolving nature of the overdose epidemic highlights the need for an interdisciplinary, comprehensive, and cohesive public health approach to reduce substance-related morbidity, mortality, and associated harms.

NACCHO's Mentorship Program is part of an ongoing effort to support LHDs address their community's challenges related to drug overdose response. Participants supported under the program will receive peer-to-peer assistance and intensive technical support to improve their capacity to respond to the drug overdose epidemic.

# III. Eligibility

This funding opportunity is open to LHDs with an interest in understanding their local needs and partnering with a public health peer subject matter expert. Applicant should meet the following requirements:

• Interest in addressing their jurisdictional drug overdose situation in one of the six key strategy areas (surveillance, coordination of local prevention efforts, establishing linkages to care,



providers and health systems support, public safety partnerships, and empowering individuals to make safer choices). See logic model below in Section IV.

- LHD must have one point-person within the substance misuse/opioid program who:
  - Is willing to dedicate six hours/month to program;
  - Is willing and able to travel to the mentor health department or host the mentor for a site visit during the project period.

## **IV. Project Requirements and Expectations**

The project period is up to six months long, and applicants should review all proposed activities and expenditures to ensure there is a reasonable expectation that project funds can be spent within the given project period. Any application that fails to satisfy the deadline requirements will be considered non-responsive and will not be considered for funding under this announcement.

#### Selected LHDs will:

- Adhere to NACCHO's standard contract language and be able to sign and return the contract to NACCHO within approximately 30 days of receipt. Contractors that cannot agree to NACCHO's contract language should not apply for this initiative. Florida and Texas applicants should email opioidepidemic@naccho.org immediately for a copy of their standard contract. As part of the application, LHD applicants will be asked to verify that they have read NACCHO's standard contract language and have provided a copy to the individual with signing authority at your organization for advanced consideration.
- Designate one LHD main point of contact with whom NACCHO will directly communicate on all matters related to this project.
- Collaborate with mentor to assess the needs for your community.
- Create a project plan to identify initial steps in addressing the needs identified (objectives might include: identify local partners, map existing resources, bring stakeholders together).
- Organize and host regular conference calls with mentor to check in and discuss progress on the project plan. A meeting should be held at least monthly (February-July).
- Travel or host a site visit with mentor.
- Complete a final report detailing the successes, challenges, and lessons learned.
- Participate in two individual check-in calls facilitated by NACCHO and CDC to review progress of planned activities.
- Participate in evaluation-related activities with NACCHO and CDC to track and measure progress towards expressed outcomes.

Please refer to this deliverable schedule for the anticipated invoice periods and cost breakdown. Applicants may pose individual questions to NACCHO at any point during the application process by emailing opioidepidemic@naccho.org.

Funding for this initiative is supported by the Centers for Disease Control and Prevention (CDC) cooperative agreement NU38OT000306-02-01 entitled *Strengthening Public Health Systems and Services through National Partnerships to Improve and Protect the Nation's Health.* 

## V. Key Strategy Areas

The eligible categories of work to which LHDs may apply are outlined below; see logic model for example activities. Applicants are required to apply to at least one (1) category of work:



- 1. Surveillance
- 2. Integration of Local Prevention Efforts
- 3. Establishing Linkages to Care
- 4. Providers and Health Systems Support
- 5. Partnerships with Public Safety and First Responders
- 6. Empowering Individuals to Make Safer Choices



Strategies and activities	Short term outputs/outcomes	Intermediate outcomes	Long-term outcomes
Surveillance			- Outcomes
Collect and disseminate     descriptions of drug overdose     death circumstances using     death certificates and medical     examiner/coroner data;     Collect and disseminate timely     emergency department (ED)     data on suspected all drug, all     opioid, heroin, and all     stimulant overdoses	<ul> <li>Informs LHDs what needs should be met in the community</li> <li>Helps LHDs keep track of individuals in their jurisdiction</li> </ul>	<ul> <li>Provides LHDs with information about needs that need to be met in the community</li> <li>Provides a framework for future activities and programs</li> </ul>	
Coordination of Local Substance Misuse Efforts			Decreased rate     of opioid misuse
<ul> <li>Coalition building</li> <li>Partnership or resource mapping</li> </ul>	Creates a network of resources	<ul> <li>More pathways to seek help for providers, community members, and individuals with OUD</li> </ul>	of opioid misuse and opioid use disorder  Decreased drug overdose death rate, including
Establishing Linkages to Care			
<ul> <li>Identify systems-level strategies in healthcare (e.g., emergency departments, outpatient settings, community programs) and public safety and courts (e.g., police, emergency response, diversion programs) to support care linkages with improved awareness, coordination, and technology</li> <li>Identify gaps in services available to link individuals to care</li> </ul>	Increased awareness and coordination of linkages to care	Increased referrals to and engagement in evidence-based treatment	prescription opioid and illicit opioid overdose death rates Increased provision of evidence-based treatment for opioid use disorder Decreased rate of emergency department (ED) visits due to misuse or
Providers and Health Systems Support			
Clinical Education and Training based on evidence-based guidelines (e.g., CDC guidelines)	<ul> <li>Provider, health system, and payer awareness of and supports for guideline concordant opioid prescribing, non-opioid medications, and non- pharmacological treatment</li> </ul>	<ul> <li>Increased use of non- opioid and non- pharmacological treatments for pain by patients</li> <li>Decrease in high-risk opioid prescribing</li> </ul>	opioid use disorder
Partnerships with Public Safety and First Responders			
<ul> <li>Data sharing across public health and public safety partners</li> </ul>	<ul> <li>Improved coordination of public health and public safety efforts</li> </ul>	<ul> <li>Improved use of evidence-based approaches to prevention,</li> </ul>	



 Programmatic collaborations to share and leverage prevention and response resources

- Use of shared data to inform collaborative public health/public safety prevention and response activities
- Greater jurisdictional awareness of opioid overdose epidemic and evidence-based approaches by public safety and first responder partners
- Increased opportunity/processes to link individuals to care
- Increased use of pre-arrest and pre-trial diversion-type programs to address opioid-related behaviors

intervention, and referral to treatment

### **Empowering individuals to make safer choices**

- Awareness and education informed by media campaigns, translational research for public consumption, and appropriate messaging and resources
- Increased awareness of the risks of prescription and illicit opioids
- Increased awareness of non-opioid medications and non-pharmacological treatments among prescribers and other clinical care partners
- Decreased initiation of opioid use and misuse
- Increased fidelity to opioid prescription/ medication protocol
- Increased use of nonopioid medications and non-pharmacological treatments among patients

# **VI. Application Process**

- 1) Review the requirements and expectations outlined in this RFA.
- 2) Read NACCHO's <u>standard contract</u> and provide a copy to the individual with signing authority for the LHD (or entity that would be contracting with NACCHO, e.g., city government), including any relevant financial data or legal offices for advanced consideration. Selected LHDs must agree to the contract language and be able to sign and return a contract to NACCHO within approximately 30 days of receiving it. No modifications will be made.
- 3) Submit the application form as a Word document and letter of support from health director or official as a PDF file. The application must not exceed three pages (single-spaced, Times New Roman, and 12-point font). The letter of support will not count toward the page limit. Applications not in the required format and exceeding page limitations will be considered incomplete and not scored.



- 4) Submit the application by 8:00 pmET on Friday, December 20, 2019. Please e-mail the application materials to <a href="mailto:opioidepidemic@naccho.org">opioidepidemic@naccho.org</a>. NACCHO will confirm receipt of e-mailed applications. Applications received after the deadline will not be considered. NACCHO will confirm receipt of all applications, however, receipt does not guarantee verification of completeness. All questions may be directed to <a href="mailto:opioidepidemic@naccho.org">opioidepidemic@naccho.org</a>.
- 5) Applicants will be notified of their selection status on or around the week of January 6, 2020.

## VII. Application

Applications will be reviewed by NACCHO and CDC and scored based on the following criteria. The budget will not be included in the scoring criteria, but is required for complete application submissions. NACCHO will not review incomplete applications.

#### Mentee Point of Contact:

- Name of LHD
- Name of Mentee
- Title of Mentee
- Email address
- Mentee primary phone number

# • Identify the key strategy area(s) for which your health department is seeking guidance through the Mentorship Program.

- Surveillance
- Collaboration of Local Substance Misuse Efforts
- Establishing Linkages to Care
- o Providers and Health Systems Support
- Partnerships with Public Safety and First Responders
- Empowering Individuals to Make Safer Choices

#### Statement of Need (25%)

 Describe the need for mentorship and how working with a mentor will advance your work to address your jurisdiction's drug overdose prevention and response needs. Describe any challenges or barriers that your agency has experienced in making progress in any of the key strategy areas.

#### Staffing Plan (25%)

- Described a proposed staffing plan and list the following for all program personnel that may participate in the mentorship program:
  - Names of lead staff and staff members;
  - Background information on <u>each</u> staff member, including experience in opioid and or substance use disorder; and
- Each staff member's role and responsibilities for the mentorship program. Please provide detailed information about the expected role for <u>each</u> staff member assigned to work on this project.

#### • Budget justification

 Applicants must provide a budget narrative; form provided. Items that may be included in the request for funds are staff salary and fringe benefits, phone/facsimile, postage, field supplies, travel to relevant trainings or workshops, and contractual fees. Funds cannot be



- used for the purchase or upkeep of office equipment. Additionally, project funds cannot be used to purchase food or beverages.
- Please note that the awards are categorized as consultant, disbursed in two invoice periods upon receipt of deliverables. The purpose of the budget narrative is to demonstrate that the applicant has considered appropriate funding needed to accomplish the work it has proposed.
- When appropriate, applicants should demonstrate ability to expedite contracting, hiring, and procurement processes in order to implement activities identified in the categories of work.
- Additionally, please note that travel expenses for mentor or other staff from mentor's host agency to attend a site visit with the mentee(s) do NOT need to be included in the budget. Costs incurred for the site visit (up to \$1,400 total per site visit) will be reimbursed by NACCHO, separate from the awarded amount to participate in the mentorship program. Program participants that choose to send multiple staff members and/or anticipate spending above the \$1,400 amount to the site visit and/or tentative face-to-face meeting should budget additional travel in their proposed awarded budgets.

## **VIII Key Activities and Dates**

Applicants are advised to consider the following deadlines and events for this application:

Activity	Date/Deadline for Completion	
Application submission deadline	December 20, 2019	
Award notification date	Week of January 6	
Kickoff webinar	End of January – (date to be determined)	
Draft of program plan	Early February	
Individual check in call with NACCHO and CDC	February, April, June, 2020	
Ongoing	Host monthly conference calls with mentor	
Submit first invoice	February 28, 2020	
Submit second invoice	May 29, 2020	
Complete site visit	June, 2020	
Submit travel expense forms to NACCHO for site visit	Within two weeks of site visit	
Submit third invoice	July 31, 2020	
Final report due to NACCHO	July 31, 2020	
End of period of performance	July 31, 2020	

#### **VIIII Attachments**

Please find below links to additional information, forms, and resources needed for this application submission:



#### **Required Application Resources**

- **Budget Narrative**
- NACCHO Standard Contract Language (Member) standard contract
- Deliverables schedule Mentees



<sup>&</sup>lt;sup>1</sup> Wide-ranging online data for epidemiologic research (WONDER). Atlanta, GA: CDC, National Center for Health Statistics; 2017. Available at <a href="http://wonder.cdc.gov">http://wonder.cdc.gov</a>

<sup>&</sup>quot;Other Drugs. Atlanta, GA: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control; 2019. Available at https://www.cdc.gov/drugoverdose/data/otherdrugs.html