

# Building Healthier Indiana Communities

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# Indiana Code 16-30-1

- Health Planning is identified in Indiana Code (re-codified in 1993)
  - Promote Health and wellness activities
  - Encourage the prevention of disease
  - Encourage innovations in the financing and delivery for health services
  - Consider the accessibility and quality of health care services

# I-SHIP

- Comprehensive implementation plan
  - Defines goals
  - Identifies data-driven priorities
  - Provides process for measuring progress
- Part of a framework to focus public health workforce and state and local system partners on prevention efforts to impact most pressing population health issues
- Guide and tool for health improvement planning at state and local level (CHIP)

# I-SHIP

- Funded by Multi-state Learning Collaborative (MLC-3)
- Collaboration of Partners including:
  - Health care providers
  - Academia
  - Nonprofit health organizations
  - State and local public health
  - Schools
  - State governmental agencies



# Vision

- Optimal mental, physical, environmental, social, and intellectual well-being for all Hoosiers leading to a healthy, productive, vibrant and prosperous state.

# I-SHIP

- Health Priorities
  - Assure Food Safety
  - Reduce HAIs
  - Reduce the burden of HIV, STDs, and Viral Hepatitis
  - Reduce Infant Mortality
  - Reduce Obesity
  - Decrease Tobacco Usage

# I-SHIP

- Infrastructure Priorities
  - Enforcement of Laws and Regulations (ES6)
  - Public Health Workforce Development (ES8)
  - **Data and Community Health Profiles (ES1)**
  - Diagnosing and Investigating Health Hazards (ES2)
  - Public Health Policy Development (ES5)
  - Informing, Educating and Empowering the Public (ES3)
  - Integrated Healthcare Delivery (ES4,7,9)

# Community Benefit

- IC 16-21-9 requires nonprofit hospitals to report annually to ISDH and IHA on community benefit activities and respective financials
- Under this code, Indiana guides nonprofit hospitals on what to report and how to leverage the community benefit
- Reports required to be available to the public
- a monetary fine for not reporting on an annual basis.



# IndianaIndicators.org

- Goal: To drive health improvement and evaluation planning at the local level.
- Supported by CDC Cooperative Agreement Number 3B01DP009019-11S1
- Developed and maintained by the Indiana Business Research Center (IBRC) at Indiana University's Kelley School of Business
- In partnership with the Indiana Hospital Association and the Indiana State Department of Health.

Hamilton, Hancock, Hendricks,  
Johnson, Marion, Morgan and Shelby



Community Health  
Needs Assessment Data  
Collaborative

- ✓ Integrated data systems
- ✓ IRS 990
- ✓ Local Health Department Accreditation



http://indianaindicators.org/

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Web Slice Gallery

Indiana Indicators: A Free Data Resource

Google

Page Safety Tools

INDicators

EMPOWERING COMMUNITIES. ADVANCING HOOSIER HEALTH.

HOME DASHBOARD KEY INDICATORS MAPS DATA CENTRAL PROMISING PRACTICES COMMUNITY RESOURCES ABOUT US



Welcome to Indiana Indicators

With a wealth of health-related indicators, progress measurements, news and promising practices, everyone in Indiana now has the most current information at their fingertips to guide them in their work to create healthy communities.

This free data resource will help perform community health needs assessments, guide the development of community improvement plans, and much more. We invite you to browse the site, check out the [dashboards](#), the [maps](#), and take our [feedback poll](#).

Explore Key Indicators by Topic

Community Health

Economy

Education

Environment

Indiana Health Dashboard

View legend

Premature Death Rate

IN G

Infant Mortality

IN G

Fair or Poor Health Status

IN G

Preventable Hospitalizations

IN

View the full state health dashboard >

Community Dashboards

Select your county on the map or from the dropdown box:

Select a county



# Comprehensive content

The screenshot shows the Indiana Health Dashboard website in a Windows Internet Explorer browser window. The address bar displays the URL <http://indianaindicators.org/StateDashboard.aspx>. The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The Favorites bar shows the current page. The website's header features the logo "INdicat<sup>ors</sup>" with a heart icon, followed by the tagline "EMPOWERING COMMUNITIES. ADVANCING HOOSIER HEALTH." Below the header is a navigation menu with links: HOME, DASHBOARD, KEY INDICATORS, MAPS, DATA CENTRAL, PROMISING PRACTICES, COMMUNITY RESOURCES, and ABOUT US. The "DASHBOARD" link is circled in blue. The main content area is titled "Indiana Health Dashboard" and includes a "Change dashboard geography" dropdown menu. A descriptive paragraph states: "This dashboard enables users to compare Indiana values to U.S. values and various goals (such as the Indiana State Health Improvement Plan and Healthy People 2020)." Another paragraph explains: "Click on a category below to view its indicators. A gauge ranging from 'bad' to 'good' values helps one visualize how well Indiana is doing. Some indicators don't have comparisons, because either there is no available U.S. data or no goals have been developed." Below this is a "View Legend" link and a list of health categories, each with a right-pointing arrow: Overall Health, Access to Healthcare Services & Public Health Capacity, Maternal, Fetal & Infant Health, Exercise, Nutrition & Weight, Substance Use & Abuse, Oral Health, Cancer, Diabetes & Renal Disease, Heart Disease & Stroke, and Respiratory Diseases. The Windows taskbar at the bottom shows the Start button, several application icons, and the system clock displaying 1:16 PM on 4/8/2013.

Indiana Health Dashboard: INdicat<sup>ors</sup> EMPOWERING COMMUNITIES. ADVANCING HOOSIER HEALTH.

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## Indiana Health Dashboard

Change dashboard geography ▾

This dashboard enables users to compare Indiana values to U.S. values and various goals (such as the Indiana State Health Improvement Plan and Healthy People 2020).

Click on a category below to view its indicators. A gauge ranging from "bad" to "good" values helps one visualize how well Indiana is doing. Some indicators don't have comparisons, because either there is no available U.S. data or no goals have been developed.

[View Legend ▸](#)

- Overall Health
- Access to Healthcare Services & Public Health Capacity
- Maternal, Fetal & Infant Health
- Exercise, Nutrition & Weight
- Substance Use & Abuse
- Oral Health
- Cancer
- Diabetes & Renal Disease
- Heart Disease & Stroke
- Respiratory Diseases

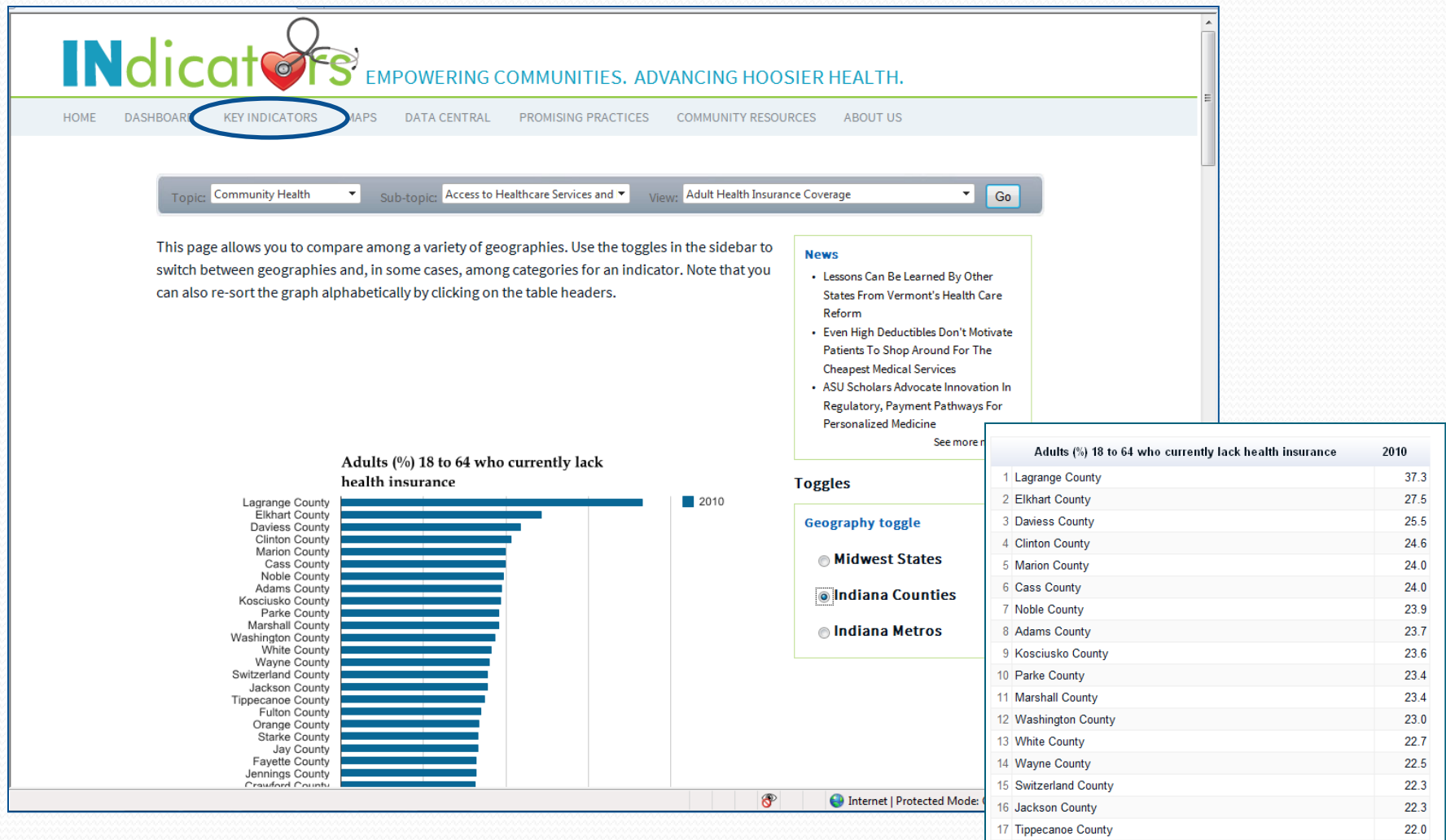
Internet | Protected Mode: Off 100%

1:16 PM 4/8/2013

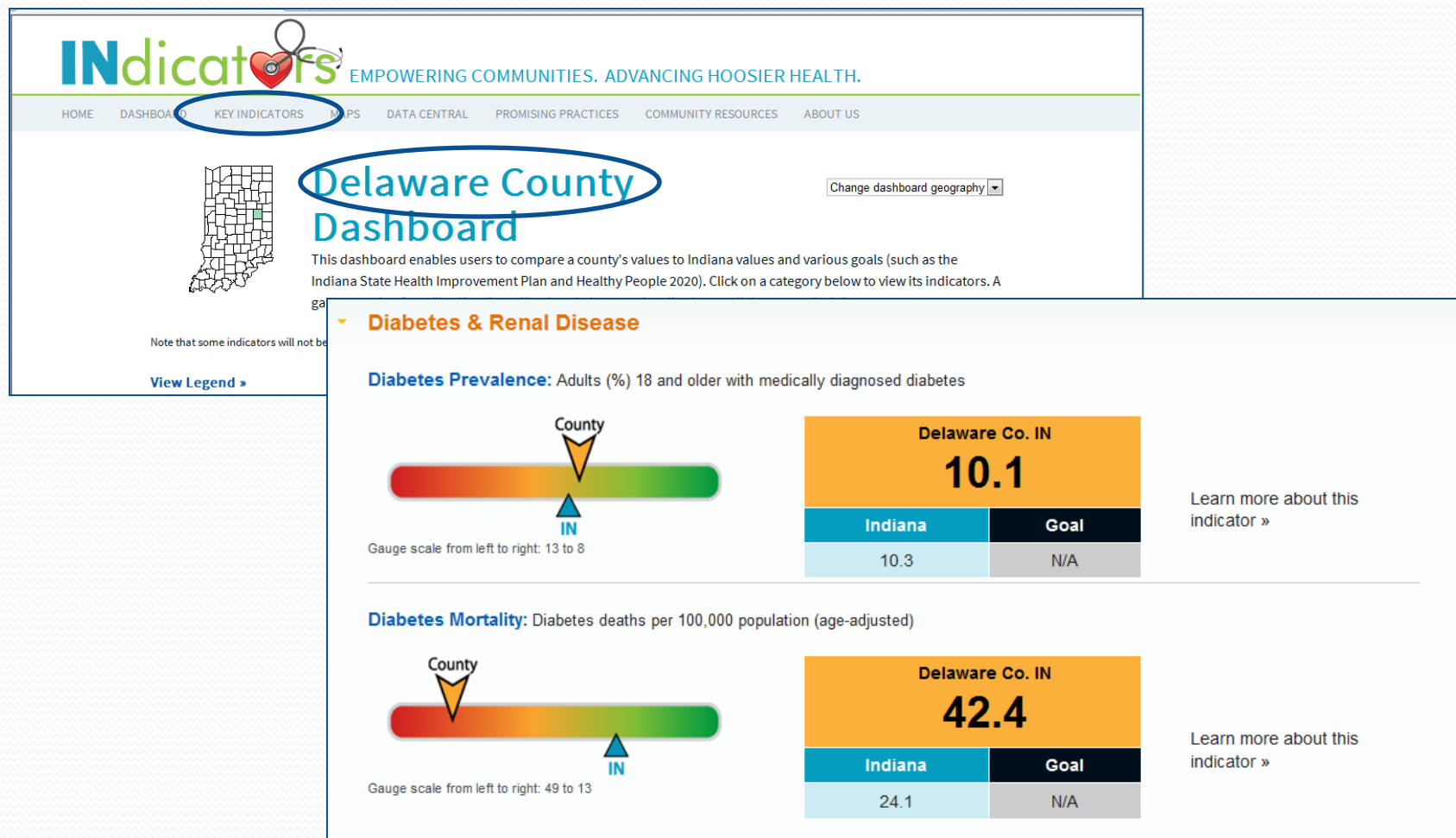
# Key indicator categories

- Health Indices
- Overall Health
- Access to Healthcare Services and Public Health Capacity
- Cancer
- Diabetes and Renal Disease
- Exercise, Nutrition, & Weight
- Heart Disease & Stroke
- Infectious Diseases
- Maternal, Fetal & Infant Health
- Mental Health and Mental Disorders
- Injury Prevention & Safety
- Respiratory Diseases
- Substance Use and Abuse
- Arthritis and Orthopedic Conditions
- Oral Health
- Economy
  - Employment
  - Homeownership
  - Income
  - Poverty
- Education
- Environment—Built Environment
- Government & Politics
- Public Safety
- Transportation

# County-level information



# County-level information



# County comparisons

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## Region Comparisons

This tool allows you to compare population and economic statistics across the country for states, counties, metros, statistical areas.

[View the census glossary if you are unfamiliar with some of these terms.](#)

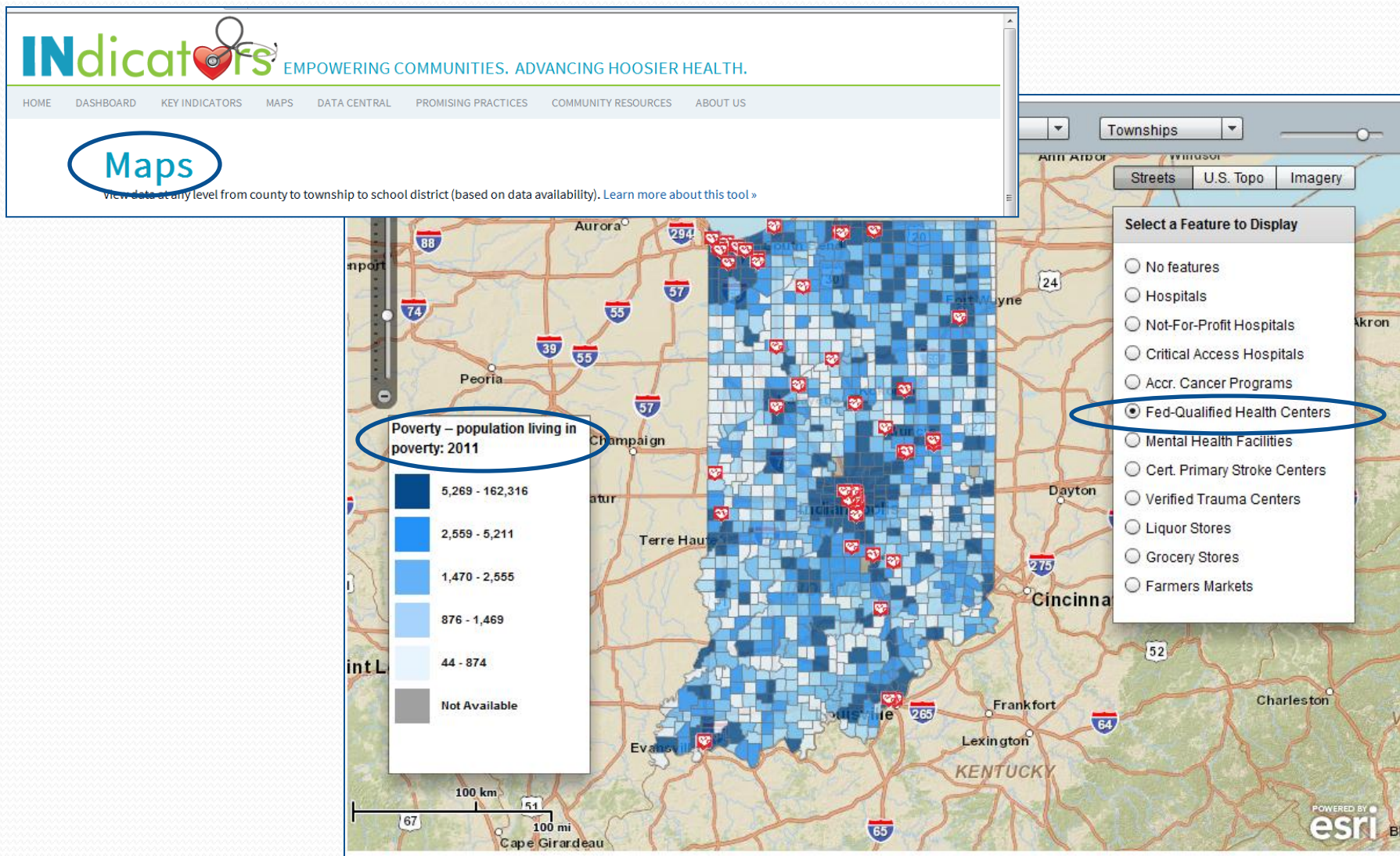
Population Estimates by Race and Hispanic Origin in 2011	Cass County, IN ■ Total	Jasper County, IN ■ Total	Graphs
American Ind. or Alaskan Native Alone	458	97	
Asian Alone	428	146	
Black Alone	757	283	
Native Hawaiian and Other Pac. Isl. Alone	69	11	
White Alone	36,654	32,577	
Two or More Race Groups	462	302	
Hispanic or Latino (can be of any race)			
Not Hispanic or Latino	33,716	31,583	
Hispanic or Latino	5,112	1,833	

Population Over Time	Cass County, IN ■ Total	Jasper County, IN ■ Total	Graphs
2012	38,581	33,456	
2010	38,966	33,478	
	40,930	30,043	
	38,413	24,823	
	40,936	26,138	
2010 % change	-4.8%	11.4%	

Population Estimates by Age in 2011	Cass County, IN ■ Total	Jasper County, IN ■ Total	Graphs
Preschool (0 to 4)	2,607	2,085	
School Age (5 to 17)	7,372	6,336	
College Age (18 to 24)	3,113	3,165	
Young Adult (25 to 44)	9,470	7,863	
Older Adult(45 to 64)	10,376	9,129	
Older (65 plus)	5,890	4,838	
Median Age (2011)	38.7	38.5	



# Geographic context



# Peer resources



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## Promising Practices

Learning what our quality of life challenges are in Indiana is important, but many will want to seek out ways to improve or change things within their communities. This resource from the Healthy Communities Institute lets you search by keyword for ways other communities across the nation have improved. When you see one you like, click the arrow next to it and you'll get the whole shebang.

Search by Keywords:

<input type="button" value="+ Add New Practices"/> <input type="button" value="Refresh"/>						
	Title	Time Began	HCI Rating	Organization	Source	Location
<a href="#">View ▶</a>	GIS Walking Maps	2012	Good Idea	Dana-Farber Cancer Institute	Centers for Disease Control and Prevention	Boston, MA
<a href="#">View ▶</a>	Safe Streets	2012	Evidence-Based Practice	Baltimore City Health Department	John Hopkins Bloomberg School	Baltimore, MD
<a href="#">View ▶</a>	Intervention Mapping and the Development of a Peer Supported Diabetes Self-Management Program in Rural Alabama	2012	Good Idea	University of Alabama-Birmingham	Centers for Disease Control and Prevention	Alabama
<a href="#">View ▶</a>	Text4Health	2012	Evidence-Based Practice	Columbia University Physicians and Surgeons, Mailman School of Public Health, New York-Presbyterian Hospital		
<a href="#">View ▶</a>	Living for Health	2011	Effective Practice	Florida Heart Research Institute		Miami, FL
<a href="#">View ▶</a>	Walking School Bus	2011	Evidence-Based Practice	Children's Nutrition Research Center (CNRC)		Houston, TX
<a href="#">View ▶</a>	Healthy for Life	2011	Effective Practice	St. Joseph Health System		Orange
<a href="#">View ▶</a>	Healthy for Life in Sonoma County	2011	Good Idea	Sonoma County Healthy Students		Sonoma

# Support resources

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## Community Resources

This page provides additional information and resources your organization can use to improve the health of your community. It includes links to process guidance for performing community health needs assessments (CHNA) and developing community health improvement plans (CHIP); specific tools for hospitals and communities; and completed CHNAs, CHIPs and Community Benefit Reports from across Indiana.



### Process Guidelines

- Association for Community Health Improvement's (ACHI) Community Health approach community benefit
- Indiana Hospital Association—Offers resources and guidance on community health's leading authority on CHNAs and CHIPs
- Public Health Accreditation Board's (PHAB) Standards & Measures—Public community assessment, planning, and evaluation



### Hospital and Community Tools

- CDC's Community Health Assessment and Group Evaluation (CHANGE)—Assess opportunities and assets
- CDC's Health Impact Assessment—Evaluate the potential impact of a project
- Community Benefit Reporting Toolkit for Critical Access Hospitals—Provides implementing a community benefit reporting process
- The Community Guide—Provides an overview of key health indicators for local



### State Health Plans

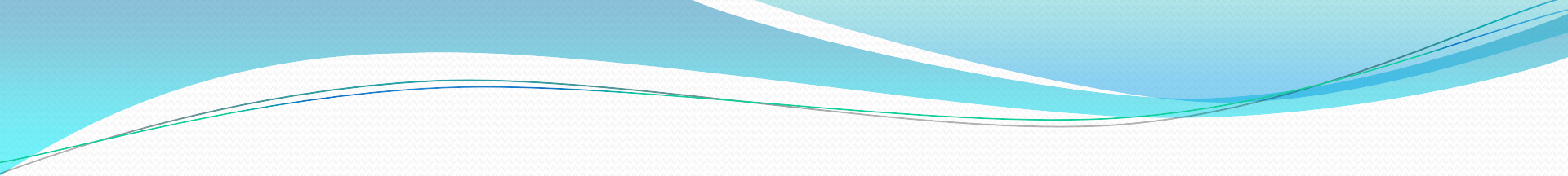
- **Indiana State Health Improvement Plan (I-SHIP)**—Indiana State Department of Health's (ISDH) 2011-2016 State Health Improvement Plan
- **Indiana State Rural Health Plan**—Captures the economic, workforce, and health care needs of counties served by Indiana's critical access hospitals
- **Indiana Cancer Control Plan 2010–2014**—Provides a roadmap for cancer control in Indiana from 2010 through 2014
- **Indiana's Comprehensive Nutrition and Physical Activity Plan, 2010-2020**—Outlines in detail the policy, systems and environmental strategies needed to change the trajectory of health in Indiana
- **Indiana Tobacco Control 2015 Strategic Plan**—Outlines the Hoosier model for comprehensive tobacco prevention and cessation, as well as reducing exposure to secondhand smoke



### CHNAs, CHIPs and Community Benefit Reports

Zoom in and click on an icon to view reports by hospital or at the county/regional level.





*The website is driving greater use of data for reports, grant writing, and Indiana residents are becoming better consumers of health information. People now know the public health department is a resource for data.*

*- Champ Thomaskutty  
Indiana State Department of Health*



# Indiana's Healthy Communities



Photos courtesy of Bloomington, IN ACHIEVE, 2011

# Steps to Community Change

Commit . Assess . Plan . Implement . Evaluate

- Build partnerships **Committed** to a Healthy Community
- **Assess** community needs
- Using data, engage community partners to **Plan** a clear course of action for community health improvement
- Capitalize on existing networks to **Implement** the plan
- Weave **Evaluation** into all aspects of the plan

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- [www.indianaindicators.org](http://www.indianaindicators.org)
  - [www.in.gov/legislative/ic/code/title16/ar21/ch9.html](http://www.in.gov/legislative/ic/code/title16/ar21/ch9.html)
  - [www.gao.gov/new.items/do5743t.pdf](http://www.gao.gov/new.items/do5743t.pdf)

# Thank you!

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With recognition to:  
Kristin Adams  
Champ Thomaskutty  
JoBeth McCarthy Jean  
Matthew Ritchey