

Million Hearts® in Municipalities Project

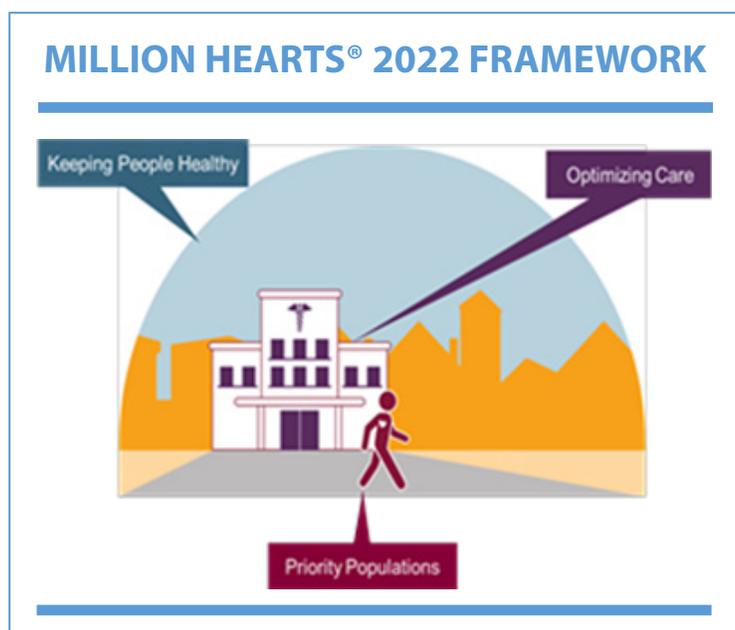


Project Introduction/Overview

With support from the Centers for Disease Control and Prevention (CDC), the National Association of County and City Health Officials (NACCHO) is funding a select set of municipalities or health departments for the Million Hearts® in Municipalities Project (MH® 2022). The purpose of the project is to assist health department or designees in enhancing efforts to implement MH® 2022 strategies at the local level and prevent cardiovascular disease (CVD) in their communities.

In 2012, the CDC and the Centers for Medicare & Medicaid Services (CMS)—alongside 120 official public and private sector partners and 20 federal agencies—successfully aligned national CVD prevention efforts around a select set of evidence-based public health and clinical goals and strategies. As a result, significant progress was made toward the goal of preventing a million cardiovascular events in five years. MH® 2022 was launched in 2017 to enhance progress and continue the efforts in reducing the burden of CVD in the United States. MH® 2022 provides a platform to promote high-impact, sustainable evidence-based strategies and serves to cultivate collaborations, identify community strengths, and align synergies among diverse partners and stakeholders.

CDC and NACCHO have developed a Million Hearts® Toolkit for Municipalities, which translates the national MH® 2022 framework, priorities, and evidence-based strategies to local and state contexts. Program materials, ongoing technical assistance and communication, and subject matter expertise will also be provided. In addition, there may be opportunities to collaborate and leverage efforts from MH® national partners.



NACCHO Contact Information

To request additional information on the project, please contact NACCHO staff at chronicdisease@naccho.org.

NACCHO's LHD Pilot Sites

Albany County
Health Department
Albany, New York

Bell County
Public Health District
Temple, Texas

Maricopa County
Department of Public Health
Phoenix, Arizona

Nebraska Center for
Healthy Families Project
LHD Designee
Omaha, Nebraska

MILLION HEARTS® 2022 FRAMEWORK

Keeping People Healthy	Optimizing Care
Reduce Sodium Intake	Improve ABCS*
Decrease Tobacco Use	Increase Use of Cardiac Rehab
Increase Physical Activity	Engage Patients in Heart-healthy Behaviors

Improving Outcomes for Priority Populations
Blacks/African Americans with hypertension
35- to 64-year-olds due to rising events
People who have had a heart attack or stroke
People with mental illness or substance use disorders

*Aspirin use when appropriate, Blood pressure control, Cholesterol management, Smoking cessation

NACCHO's Million Hearts® in Municipalities Project Activities

Over the course of the project year, NACCHO will oversee the provision of training and technical assistance to support local health departments' community-level efforts to advance MH® 2022 strategies and the development of their MH® 2022 action plans. NACCHO Million Hearts® in Municipalities staff will work collaboratively with CDC to:

- Develop and support an online community of practice portal to disseminate NACCHO and CDC resources, and facilitate relationship building among the LHD sites.
- Direct technical assistance for completion of the community-level action plan.
- Facilitate the exchange of lessons learned in local-level implementation of MH® 2022 strategies/actions.
- Assess the utility and usefulness of the Million Hearts® in Municipalities Toolkit.
- Mutually monitor performance and progress, and ensure terms, conditions, and reporting requirements are being met.

NACCHO, along with CDC, will conduct a full process evaluation to determine the quality, outcome, and lessons learned in building local health department capacity to implement MH® 2022 framework strategies.

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