



## Participants Needed

**Valerie Perkoski is a 2022-2023 Health and Disability Fellow at NACCHO. She is looking for participants to be a part of her research study. Please read her announcement below:**

I am a PhD student at Rocky Mountain University of Health Professions. I am asking you to take part in a research project looking at the experiences of physical activity among those with severe or profound intellectual disabilities who require the full-time use of a wheelchair. I am asking family caregivers or clinicians of people with these disabilities who live in the United States to be a part of this study. You will be asked to be part of an interview via Zoom. If you choose to be a part of an interview, the interview will be set up at a day and time that is good for you. The interview will take about 60 minutes.

Your responses to the interview questions will be kept confidential. Being a part of this research is voluntary. Declining to participate will not affect your relationship with the main researcher, the educational institution, or your employment. It is up to you to decide whether or not to be in this project. If you decide to be in this project, you are free to stop at any time without giving a reason.

If you would like to be a part of this study, please click the link for family caregivers or clinicians at the end of this page. You will be given a short survey which will help you see if you meet the study's guidelines. The survey should take you about 3 minutes to complete. If your replies mean you qualify for this study, you will be asked other questions: name, zip code, phone number, and email address. The survey will also ask clinicians for their profession. I will look up and verify clinicians' credentials, if possible. I will also review the survey results' data set to make sure that those who took the survey live in the United States.

The survey results will be stored in a secure, business-class Google Drive. This screening survey data will also be stored securely in Qualtrics and deleted once the study has ended. All data you provide will be stored securely on the Rocky Mountain University of Health Professions' password protected network.

If you meet guidelines to be a part of this study, I will call you via the phone number you listed within the survey. During the phone call, I will talk to you about the research and answer any questions you may have.

### Family Caregivers Link to Survey:

[https://rmuohp.qualtrics.com/jfe/form/SV\\_0eMFRV1ZrGswWTY](https://rmuohp.qualtrics.com/jfe/form/SV_0eMFRV1ZrGswWTY)



Physical Activity Among Adults with Severe and Profound Intellectual Disabilities with Concurrent Mobility Impairments  
Requiring the Use of a Wheelchair:  
The Perspectives of Family Caregivers and Clinicians

NACCHO Newsletter, v1

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**Clinicians Link to Survey:**

[https://rmuohp.qualtrics.com/jfe/form/SV\\_e8QMLrEaT0F3aR0](https://rmuohp.qualtrics.com/jfe/form/SV_e8QMLrEaT0F3aR0)

Please email me if you have any questions or need more information.

Thank you for your time!

Valerie Perkoski, MS, RD, CDN  
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 <p>ROCKY MOUNTAIN UNIVERSITY HEALTH PROFESSIONS <i>Institutional Review Board</i></p>	<p>Physical Activity Among Adults with Severe and Profound Intellectual Disabilities with Concurrent Mobility Impairments Requiring the Use of a Wheelchair: The Perspectives of Family Caregivers and Clinicians</p> <p>NACCHO Newsletter, v1</p>
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