



**INFECTION PREVENTION & CONTROL  
BACKGROUND KNOWLEDGE DEVELOPMENT  
Long-Term Care Facility Focus**

### **Infection Control Program Infrastructure**

#### Training for the Role of Infection Preventionist in LTCF

- [https://www.train.org/cdctrain/training\\_plan/3814](https://www.train.org/cdctrain/training_plan/3814)
- <https://apic.org/course/ltc-cip-certification-preparation-course/>

#### Certification of Infection Prevention & Control (a-IPC or CIC)

- <https://www.cbic.org/CBIC/Get-Certified/Get-Started/a-IPC.htm>
- <https://www.cbic.org/CBIC/CIC-Certification/About-the-Examination.htm>

### **Infection Prevention and Control Resources**

#### Association for Professional in Infection Control and Epidemiology (APIC)

- [www.apic.org](http://www.apic.org)
- [APIC Text. Chapter 1. Infection Prevention and Control Programs](#)
- [APIC Text. Chapter 2. Competency and Certification Infection Preventionists](#)
- [APIC Text. Chapter 3. Education and Training](#)
- <https://apic.org/professional-practice/roadmap/>
- [APIC-SHEA Guidelines: Infection Prevention & Control for LTC](#)
- <http://apic.org/Professional-Practice/Implementation-guides/>

#### Centers for Disease Control and Prevention (CDC)

- <https://www.cdc.gov/infectioncontrol/index.html>
- [Guidelines Library | Infection Control | CDC](#)
- <https://www.cdc.gov/nhsn/>

#### World Health Organization (WHO)

- <https://www.who.int/en/>

#### Other

- [International Federation of Infection Control \(IFIC\)](#)
- [Society for Healthcare Epidemiology of America \(SHEA\)](#)
- [Infectious Disease Society of America \(IDSA\)](#)
- [American Society of Microbiology \(ASM\)](#)

- [Agency for Healthcare Research and Quality \(AHRQ\)](#)

## Infection Control Risk Assessment Tool

[https://www.cdc.gov/long-term-care-facilities/hcp/training/?CDC\\_Aref\\_Val=https://www.cdc.gov/longtermcare/training.html](https://www.cdc.gov/long-term-care-facilities/hcp/training/?CDC_Aref_Val=https://www.cdc.gov/longtermcare/training.html)

## Accreditation & Regulatory Compliance

### Resources

- [APIC Text. Chapter 4. Accrediting and Regulatory Agencies](#)
- Centers for Medicare & Medicaid Services (CMS)
  - [CMS Long-term Care Infection Control Worksheet](#)
- [Occupational Safety and Health Administration \(OSHA\)](#)
  - [Bloodborne Pathogen Standard](#)
  - [Respiratory Protection Standard](#)
  - [Respiratory Protection Guidance for LTC](#)
- Other:
  - [National Institute for Occupational Safety and Health \(NIOSH\)](#)
  - [U.S. Food and Drug Administration \(FDA\) Med Watch](#)

## Epidemiology & Surveillance

### Guidelines

- [APIC Text. Chapter 11. Surveillance](#)
- [APIC Text. Chapter 10. General Principles of Epidemiology](#)
- <https://archive.cdc.gov/#/details?url=https://www.cdc.gov/csels/dsepd/ss1978/index.html>

## Microbiology/Lab

### Guidelines

- [APIC Text. Chapter 24 Microbiology Basics](#)
- [APIC Text. Chapter 25 Laboratory Testing and Diagnostics](#)
- [APIC Text. Chapter 108. Laboratory Services](#)
- [Ready Reference for Microbes, 3<sup>rd</sup> edition](#)
- [The Infection Preventionist's Guide to the Lab](#)
- [CDC Lab Training: Microbiology Series](#)

## Standard Precautions

### Guidelines

- [CDC Standard Precautions](#)
- [APIC Text. Chapter 28. Standard Precautions](#)

## Hand Hygiene

### Guidelines:

- [APIC Text. Chapter 27. Hand Hygiene](#)
- [https://www.cdc.gov/clean-hands/about/?CDC\\_AAref\\_Val=https://www.cdc.gov/handwashing/when-how-handwashing.html](https://www.cdc.gov/clean-hands/about/?CDC_AAref_Val=https://www.cdc.gov/handwashing/when-how-handwashing.html)
- [https://apic.org/wp-content/uploads/2019/07/APIC\\_handhygiene.pdf](https://apic.org/wp-content/uploads/2019/07/APIC_handhygiene.pdf)
- [https://www.cdc.gov/infection-control/hcp/hand-hygiene/?CDC\\_AAref\\_Val=https://www.cdc.gov/infectioncontrol/guidelines/hand-hygiene/index.html](https://www.cdc.gov/infection-control/hcp/hand-hygiene/?CDC_AAref_Val=https://www.cdc.gov/infectioncontrol/guidelines/hand-hygiene/index.html)
- [CDC Fire Safety and Alcohol-Based Hand Sanitizer](#)
- Hand hygiene & df 
- Cough Etiquette Sign.p 

### Videos:

- [WHO Handwashing Video](#)
- [Clean Hands - Protect Residents - Video](#)
- [John Hopkins Video on WHO Steps on Handwashing](#)

### Audit Form:

- [CDC Standard-Precautions-Hand-Hygiene-Supplies Audit](#)  
  
Hand Hygiene  
Competency.docx
- 

## Personal Protective Equipment (PPE)

### Guidelines:

- [NIOSH Approved N95 Respirators](#)
- [Counterfeit Respirators](#)
- [FDA Clear Transparent Mask](#)
- <https://blogs.cdc.gov/niosh-science-blog/2020/09/08/source-control/>



- SEALCHECK\_EN\_A2s.  
pdf

### Videos:

- [Use PPE Correctly in LTC Video](#)

### Audit Form:

- [CDC Standard-Precautions-PPE-Provision Audit](#)

-  Comagine  
PPE\_Audit\_Tool.pdf
-  PPE Competency  
Tool.pdf

## Respiratory Hygiene & Cough Etiquette

### Guidelines

[https://www.cdc.gov/flu/prevention/actions-prevent-flu.html?CDC\\_AAref\\_Val=https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm](https://www.cdc.gov/flu/prevention/actions-prevent-flu.html?CDC_AAref_Val=https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm)

-  Hand hygiene &  
Cough Etiquette Sign.

### Audit Form:

- [○ Cough-Courtesy-Waiting-Room-Audit](#)

## Safe Injection Practice

### Guidelines:

- [○ https://www.cdc.gov/injectionsafety/index.html](https://www.cdc.gov/injectionsafety/index.html)
- [○ https://www.cdc.gov/sharpsafety/index.html](https://www.cdc.gov/sharpsafety/index.html)

### Audit Form:

- [○ https://www.cdc.gov/injection-safety/media/pdfs/safe-injection-checklist-p.pdf?CDC\\_AAref\\_Val=https://www.cdc.gov/injectionsafety/PDF/Safe-Injection-Checklist-P.pdf](https://www.cdc.gov/injection-safety/media/pdfs/safe-injection-checklist-p.pdf?CDC_AAref_Val=https://www.cdc.gov/injectionsafety/PDF/Safe-Injection-Checklist-P.pdf)

## Cleaning, Disinfection & Sterilization

### Guidelines:

- [○ APIC Text Chapter 31. Cleaning, Disinfection, and Sterilization](#)
- [○ APIC Text Chapter 32. Reprocessing Single-Use Devices](#)
- [○ APIC Text Chapter 106. Sterile Processing](#)
- [○ https://www.cdc.gov/infection-control/hcp/disinfection-and-sterilization/?CDC\\_AAref\\_Val=https://www.cdc.gov/infectioncontrol/guidelines/Disinfection/index.html](https://www.cdc.gov/infection-control/hcp/disinfection-and-sterilization/?CDC_AAref_Val=https://www.cdc.gov/infectioncontrol/guidelines/Disinfection/index.html)
- [○ http://www.aami.org/](http://www.aami.org/)
- [○ Disinfection & Sterilization: Dr. Rutala's Resources, Slide Presentations, etc.](#)
- [○ Rutala, W.A. Disinfection, Sterilization and Antiseptics](#)

## Environmental Infection Prevention and Control/Laundry

### Guidelines:

- [APIC Text. Chapter 107. Environmental Services](#)
- [APIC Text. Chapter 111. Laundry Services](#)
- [APIC Text. Chapter 113. Waste Management](#)
- [CDC Guidelines for Environmental Infection Control in Healthcare Settings](#)
- [AHRQ - Environmental Cleaning Infection Control](#)

#### Audit Form:

-  Weekly Environmental Round
-  Environmental-Cleaning-Checklist-10-6-20

### Transmission-Based Precautions

#### Guidelines:

- [APIC Text. Chapter 29 Isolation Precautions](#)
- [https://www.cdc.gov/infection-control/hcp/isolation-precautions/?CDC\\_AAref\\_Val=https://www.cdc.gov/infectioncontrol/guidelines/isolation/index.html](https://www.cdc.gov/infection-control/hcp/isolation-precautions/?CDC_AAref_Val=https://www.cdc.gov/infectioncontrol/guidelines/isolation/index.html)
- [https://www.cdc.gov/infection-control/hcp/basics/transmission-based-precautions.html?CDC\\_AAref\\_Val=https://www.cdc.gov/infectioncontrol/basics/transmission-based-precautions.htmlhttps://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html](https://www.cdc.gov/infection-control/hcp/basics/transmission-based-precautions.html?CDC_AAref_Val=https://www.cdc.gov/infectioncontrol/basics/transmission-based-precautions.htmlhttps://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html)

#### Audit Form:

- [https://www.cdc.gov/infection-control/media/pdfs/isolation-area-contact-isolation-exterior-p.pdf?CDC\\_AAref\\_Val=https://www.cdc.gov/infectioncontrol/pdf/QUOTS/Isolation-Area-Contact-Isolation-Exterior-P.pdf](https://www.cdc.gov/infection-control/media/pdfs/isolation-area-contact-isolation-exterior-p.pdf?CDC_AAref_Val=https://www.cdc.gov/infectioncontrol/pdf/QUOTS/Isolation-Area-Contact-Isolation-Exterior-P.pdf)

### Healthcare Personnel and Resident Safety

#### Guidelines:

- [APIC Text. Chapter 100. Occupational Health](#)
- [APIC Text. Chapter 101. Occupational Exposure to BBPs](#)
- [APIC Text. Chapter 102. Volunteers, Contract Workers, and Others](#)
- [APIC Text. Chapter 103. Immunizations of HCWs](#)
- [APIC Text. Chapter 104. The Pregnant HCW](#)
- [APIC Text. Chapter 105. Minimizing Exposure to Blood](#)
- [Infection Control in Healthcare Personnel](#)
- [Vaccines for Healthcare Personnel](#)
- [HIV Occupational Exposure Management](#)
- [HBV Infected Healthcare Personnel](#)
- [HBV Protection and Postexposure Management](#)
- [HCV-exposed HCP guidance](#)

## Facility Management

### Construction, Renovations

#### Guidelines

- APIC's [Infection Prevention Manual for Construction and Renovations](#)  
  
ICRA-MatrixColorRev  
ised-091109.doc
- [APIC Text. Chapter 116 Construction and Renovation](#)
- <http://www.aia.org/>
- <http://www.wqa.org/>

### Maintenance/Engineering

- [APIC Text. Chapter 112. Maintenance and Engineering](#)

### Water Systems

- [APIC Text. Chapter 115. Water Systems Issues and Prevention of Waterborne Infectious Diseases](#)
- <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Downloads/Survey-and-Cert-Letter-17-30.pdf>
- [Water Infection Control Risk Assessment \(WICRA\) for Healthcare Settings \(cdc.gov\)](#)
- [Legionella and Water System Management - YouTube](#)
- [SC17-30.Legionella\\_Risks in Healthcare.Revised 6-09-17 \(cms.gov\)](#)

### Ventilation

#### Guidelines

- APIC Text. Chapter 114. Heating, Ventilation, and Air Conditioning
- <https://www.cdc.gov/coronavirus/2019-ncov/community/ventilation.html>
- [https://www.ashrae.org/file%20library/technical%20resources/ashrae%20journal/2020journaldocuments/72-74\\_ieq\\_schoen.pdf](https://www.ashrae.org/file%20library/technical%20resources/ashrae%20journal/2020journaldocuments/72-74_ieq_schoen.pdf)
- [CDC Air Contaminant Removal - Air Changes per Hours](#)
- 

## Antibiotic Stewardship

#### Guidelines:

- [APIC Text. Chapter 26 Antimicrobials and Resistance](#)
- <https://www.cdc.gov/antibiotic-use/index.html>
- [Core Elements of Antibiotic Stewardship for Nursing Homes | Antibiotic Use | CDC](#)

- [2006 guide for management of multidrug resistant organisms in healthcare settings](#) provides guidance for the implementation of strategies and practices to prevent the transmission of MRSA, VRE, and other MDROs.
- [Guidance for control of infections with carbapenem-resistant or carbapenemase-producing Enterobacteriaceae in acute care facilities](#) provides new guidance for CRE infection prevention and control in an effort to limit the further emergence of these organisms.

#### Audit Forms:

- [https://www.cdc.gov/long-term-care-facilities/about/index.html?CDC\\_AAref\\_Val=https://www.cdc.gov/longtermcare/pdfs/core-elements-antibiotic-stewardship-checklist.pdf](https://www.cdc.gov/long-term-care-facilities/about/index.html?CDC_AAref_Val=https://www.cdc.gov/longtermcare/pdfs/core-elements-antibiotic-stewardship-checklist.pdf)

## Outbreak Investigations

#### Guidelines

- APIC Text. Chapter 12: Outbreak Investigations
- [https://www.cdc.gov/foodborne-outbreaks/?CDC\\_AAref\\_Val=https://www.cdc.gov/foodsafety/outbreaks/surveillance-reporting/investigation-toolkit.html](https://www.cdc.gov/foodborne-outbreaks/?CDC_AAref_Val=https://www.cdc.gov/foodsafety/outbreaks/surveillance-reporting/investigation-toolkit.html)
- Heyman, David. [Control of Communicable Diseases Manual](#). 2008; pages A10-A19.
- [https://www.cdc.gov/healthcare-associated-infections/about/outbreak-investigations-in-healthcare.html?CDC\\_AAref\\_Val=https://www.cdc.gov/hai/outbreaks/index.html](https://www.cdc.gov/healthcare-associated-infections/about/outbreak-investigations-in-healthcare.html?CDC_AAref_Val=https://www.cdc.gov/hai/outbreaks/index.html)
- [https://www.cdc.gov/flu/hcp/infection-control/ltc-facility-guidance.html?CDC\\_AAref\\_Val=https://www.cdc.gov/flu/professionals/infectioncontrol/ltc-facility-guidance.htm](https://www.cdc.gov/flu/hcp/infection-control/ltc-facility-guidance.html?CDC_AAref_Val=https://www.cdc.gov/flu/professionals/infectioncontrol/ltc-facility-guidance.htm)
- [Group A Strep Outbreaks and Public Health Response | CDC](#)