

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

AUDITOR: \_\_\_\_\_

Skill: Hand washing

PROCEDURE	S	U	COMMENTS
Pushes watch up arm 4 to 5 inches. IF sleeves are long, they are pushed up			
Turns on water at sink and adjusts until it is warm			
Wets hands and wrists thoroughly			
Applies soap to hands			
Rubs together palms and interlaced fingers to work up a good lather			
Lathers for at least 20 seconds, keeping hands lower than elbows and the fingertips down			
Cleans under the fingernails by rubbing fingers against the palm of opposite hand			
Rinses all surfaces of wrists, hands, and fingers, keeping hands lower than elbows and fingertips down			
Dries wrists and hands with a clean, dry paper towel			
Uses a clean dry paper towel to turn off the water faucet			
Disposes of the paper towel in the wastebasket			

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DATE: \_\_\_\_\_

AUDITOR: \_\_\_\_\_

Skill: Using Alcohol Hand Rub

PROCEDURE	S	U	COMMENTS
Applies a palmful of an alcohol-based hand rub into a cupped hand			
Rubs the hands together			
Rubs the product over all surfaces of the hands to include the back of the hands, wrists, and in between the fingers.			
Continues to rub all surfaces of the hands until they are dry			

