

Adult Learning Principles Bingo

Overview

This bingo game is designed to help trainers and facilitators recognize and apply adult learning principles in their practice. Based on the six principles of adult learning (PAL) and the instructional strategies from the IPC Adult Learning Training available on NACCHO University. This interactive activity encourages participants to identify how these principles are applied in training sessions.

Materials Needed

- Printed bingo cards (one per participant)
- Markers or stickers for tracking spotted items
- Reference sheet of adult learning principles and strategies
- Small prizes (optional)

Instructions

1. Distribute one bingo card to each participant at the beginning of a training session or workshop.
2. Explain that the goal is to identify when adult learning principles are being applied during the session.
3. When participants observe an example of an adult learning principle in action, they mark that square.
4. The first person to complete a row, column, or diagonal calls "Bingo!"
5. The winner explains each principle they marked and how they observed it.
6. Continue playing for additional winners as time allows

Variations

- **Reflection Bingo:** Use at the end of training for participants to reflect on principles they observed
- **Implementation Bingo:** Use as a planning tool for trainers to ensure they incorporate various principles
- **Peer Observation Bingo:** Use during peer teaching observations to provide constructive feedback
- **Principles in Practice:** Have participants create their own examples of how they would implement each principle.

BINGO CARD #1

Principles of Adult Learning

B	I	N	G	O
Learners set personalized learning goals	Facilitator reviews learning outcomes at the start of the session	Hands-on practice opportunities	Participants are encouraged to connect learning to their settings	Interactive polling technology is used for engagement
Participants share specific experiences during the discussion	Participants have different options for providing input/asking questions	Problem-solving based on real situations	Access to additional resources is available	Opportunities for peer sharing
Participants are guided to share their own experiences	Provide Checklists or quick reference guides	FREE SPACE: Adult Learning in Action!	Diverse perspectives are encouraged and valued	Reflection activity connecting content to prior knowledge
Inclusion of gamification elements	A variety of techniques for learning are used	Hands-on activities	Participants with varied experience levels grouped together	Role-play activities
Provide multiple participation methods	Participants given clear guidance on what will happen during training	Scenarios relevant to participants' work environments	Instructor available for questions after formal session	Expectations for participants are clear and established up front

BINGO CARD #2

More Principles of Adult Learning

B	I	N	G	O
The room environment is conducive to learning	Ask guided questions about lived experiences	Instructor availability through office hours or email	Participants grouped by similarities	Integrate relevant scenarios into the training
Participants have opportunities to practice applying what they have learned	Use a variety of resources and tools	Use practical materials like checklists and quick reference guides	Encourage personalized learning goals	Debrief segments to connect experiences to new knowledge
Create opportunities for peer sharing	Provide flexible access to on-demand resources	FREE SPACE: Adult Learning in Action!	New tools shared or discussed	Offer a variety of case studies for learners to choose from
Facilitate open discussions with diverse participants	Share additional resources to learn more	Provide different options for learning	Simulate realistic environments based on real-world situations	Provide a way for participants to journal/take notes
Incorporate technology tools like polling	Provide hands-on practice opportunities	Provide multiple methods for participants to engage	Encourage storytelling related to the topic	Give participants opportunity to reflect

BINGO CARD #3

Even More Principles of Adult Learning

B	I	N	G	O
Create engaging content with interactive modules.	Give ownership of learning choices for participation	Implement feedback loops on the training application	Create opportunities for participants to share	Tailor examples using shared experiences
Emphasize impact, showing how efforts improve outcomes	Share official materials from partner organizations	Promote openness for sharing experiences without judgment	Provide on-demand resources (webinars, readings, videos)	Showcase new tools or technologies
Use realistic situations for problem-solving	Incorporate problem-solving, drawing on past experiences	FREE SPACE: Adult Learning in Action!	Offer short microlearning segments (3-10 minutes)	Review learning outcomes at the beginning of training
Role-play activities	Allow for open forum discussions to share experiences	Provide opportunities to envision immediate application	Limit to 2-3 clear learning objectives per content area	Make resources available on demand
Use interactive technologies/ strategies.	Create an atmosphere where challenges can be shared	Integrate group work	Provide “simulation labs” for practicing techniques	Promote openness and sharing without judgment