

Coos Health & Wellness

Together, Inspiring Healthier Communities



DIVISION: ALL

SUBJECT: Work/life balance and Wellness

TITLE: Breastfeeding/ lactation support

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APPROVED: 
EFFECTIVE: June 2016

DATE: 6/7/14

REVIEWED/REVISED:

Policy:

This workplace breastfeeding/lactation support policy is being initiated to support employees in providing their child with the healthiest food nature has to offer, their own mother's breast milk.

Under this policy, breastfeeding employees will be allowed a flexible schedule for nursing and/or pumping.

A private room (not a toilet stall or restroom) will be available for employees to breastfeed their child and/or express milk using a breast pump. The room will have accessible electrical outlets for an electrical breast pump and a sink will be available close by for handwashing and rinsing out of breast pump parts.

The breastfeeding promotion area/room will contain a comfortable chair with arms, a small low table, and a nursing stool.

A refrigerator will be available for safe storage of breast milk. Breastfeeding women will provide their own containers and milk stored in the refrigerator will be clearly labeled by name and date.

The breastfeeding employee will provide reasonable written or verbal notice to her supervisor that she intends to breastfeed and/or express milk at work. This will allow the employer time to make suitable arrangements for a location to breastfeed and/or express milk, and for any work schedule modifications.