

## Lincoln County Health Department - Core Competency Exercise

Exercise Objective:

- To increase staff's knowledge of the Public Health Core Competencies.

Public Health Core Competencies for this exercise are:

- Group 1: Analytic/assessment
- Group 2: Policy Development and Program Planning
- Group 3: Communication
- Group 4: Cultural Competency

Instructions:

1. There will be four groups of 3-4 people.
2. Each group will be assigned one of the above Public Health Core Competencies from The Council on Linkages between Academia and Public Health Practice. (There are 8 core competencies but we are just looking at 4 today during this exercise.)
3. You will have 15 minutes to prepare a 10 minute education session for staff on your assigned competency. (*You must keep it to 10 minutes.*)
4. You need to include the following for your presentation.
  - a. **101** - Explain your core competency in 3 bullets
  - b. **Reflection** - Each group member needs to give one example how they use the core competency in the work that they do.
  - c. **Scavenger Hunt** - Find an object in the department that you can show that represents your core competency.
  - d. **Staff Quiz** - Provide staff with 3 multiple choice or true and false questions that they need to answer as a large group during your education session.

## Core Competency Exercise - Part Two

Exercise Objective:

- To increase staff's knowledge of the Public Health Core Competencies.

Public Health Core Competencies for this exercise are:

- Group 5: Community Dimensions of Practice Skills
- Group 6: Basic Public Health Sciences Skills
- Group 7: Financial Planning and Management Skills
- Group 8: Leadership and Systems Thinking Skills

Instructions:

1. There will be four groups of 4-5 people.
2. Each group will be assigned one of the above Public Health Core Competencies from The Council on Linkages between Academia and Public Health Practice. (There are 8 core competencies but we are just looking at the final 4 today during this exercise.)
3. You will have 15 minutes to prepare a 10 minute education session for staff on your assigned competency. (*You must keep it to 10 minutes.*)
4. You need to include the following for your presentation.
  - e. **101** – List 5 words that explain your core competency
  - f. **Reflection** - Each group member needs to give one example how they use the core competency in the work that they do.
  - g. **Know your Resources** – List one resource that you could possibly go to get more information on this competency besides TRAIN.
  - h. **Staff Quiz** - Provide staff with 3 multiple choice or true and false questions regarding your core competency that they need to answer as a large group during your education session.