Lincoln County Health Department - Core Competency Exercise

Exercise Objective:
  • To increase staff’s knowledge of the Public Health Core Competencies.

Public Health Core Competencies for this exercise are:
  Group 1: Analytic/assessment
  Group 2: Policy Development and Program Planning
  Group 3: Communication
  Group 4: Cultural Competency

Instructions:
  1. There will be four groups of 3-4 people.
  2. Each group will be assigned one of the above Public Health Core Competencies from The Council on Linkages between Academia and Public Health Practice. (There are 8 core competencies but we are just looking at 4 today during this exercise.)
  3. You will have 15 minutes to prepare a 10 minute education session for staff on your assigned competency. (You must keep it to 10 minutes.)
  4. You need to include the following for your presentation.
     a. 101 - Explain your core competency in 3 bullets
     b. Reflection - Each group member needs to give one example how they use the core competency in the work that they do.
     c. Scavenger Hunt - Find an object in the department that you can show that represents your core competency.
     d. Staff Quiz - Provide staff with 3 multiple choice or true and false questions that they need to answer as a large group during your education session.

Core Competency Exercise - Part Two

Exercise Objective:
  • To increase staff’s knowledge of the Public Health Core Competencies.

Public Health Core Competencies for this exercise are:
  Group 5: Community Dimensions of Practice Skills
  Group 6: Basic Public Health Sciences Skills
  Group 7: Financial Planning and Management Skills
  Group 8: Leadership and Systems Thinking Skills

Instructions:
  1. There will be four groups of 4-5 people.
  2. Each group will be assigned one of the above Public Health Core Competencies from The Council on Linkages between Academia and Public Health Practice. (There are 8 core competencies but we are just looking at the final 4 today during this exercise.)
  3. You will have 15 minutes to prepare a 10 minute education session for staff on your assigned competency. (You must keep it to 10 minutes.)
  4. You need to include the following for your presentation.
     e. 101 – List 5 words that explain your core competency
     f. Reflection - Each group member needs to give one example how they use the core competency in the work that they do.
     g. Know your Resources – List one resource that you could possible go to get more information on this competency besides TRAIN.
     h. Staff Quiz - Provide staff with 3 multiple choice or true and false questions regarding your core competency that they need to answer as a large group during your education session.