

MRC Mission Sets

Resiliency Mission Set (Disaster Behavioral Health)

Mission Set: The term 'mission set' describes a scalable response and recovery capability for MRC units and volunteers that is organized, developed, trained, and exercised prior to an emergency or disaster for local, state, and/or regional deployment purposes.

Snohomish MRC – Resiliency (Disaster Behavioral Health)

The Snohomish MRC is housed in the Snohomish Health District and covers all of Snohomish County, which is just north of King County (where Seattle is located). The county's area is 2,196 square miles, including urban and rural areas, and is home to over 780,000 people. It stretches from the Puget Sound to the Cascade Mountains. The Snohomish MRC has learned the importance of psychological first aid and having behavioral health specialists who can respond. In flooding events, MRC volunteers staffed emergency phone lines to people impacted by the flood. In 2014, chaplains and mental health professionals provided behavioral health support to responders in the State Route 530 mudslide near Oso, Washington.

Mission Set Title: Resiliency

Resource Description: Team of volunteers who can provide behavioral health support in the field (e.g., shelter, family assistance center, reunification center).

Resource Components

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| Personnel: | <p>Licenses or Certifications Required? Yes, see below.</p> <p>Type (NIMS Resource Typing is noted)</p> <ul style="list-style-type: none"> Behavioral Health Chaplaincy Specialist (NIMS) - Chaplaincy Accreditation Behavioral Health Specialist (NIMS) - Bachelor's in Behavioral Science Behavioral Health Team Leader (NIMS) - N/A Nurse (Registered or Licensed) - Graduate of accredited nursing program <p>Teams must include at least 2 persons and must include a Behavioral Health Team Leader; a full team of 4 is recommended. Additional teams may be needed depending on the number of survivors and the scale of the disaster.</p> | |
| Training Requirements: | <p>All personnel should have:</p> <ul style="list-style-type: none"> FEMA 100 / 200 / 700 / 800 Psychological First Aid FEMA 368 - Including People with Disabilities and Others with Access & Functional Needs in Disaster Operations FEMA 505 - Religious & Cultural Literacy & Competency in Disaster MRC Orientation (includes training on bloodborne pathogens, HIPAA and core competencies) | <p>Behavioral Health Team Leader should also have:</p> <ul style="list-style-type: none"> FEMA 300 / 400 Respiratory protection training (depending on incident) Hazmat awareness training FEMA 5.A - An Introduction to Hazardous Materials |
| Equipment Required: | <ul style="list-style-type: none"> Uniforms that identify team Handouts from PFA guide (enough copies to be able to distribute) PFA field book Laptop Therapy dog (if available) | <ul style="list-style-type: none"> Go-bag to include: <ul style="list-style-type: none"> Paper, pens, office supplies 2 way-radios, cell phones, flashlights Blood pressure cuffs, stethoscope Disposable gloves, respirators, eye protection Hand sanitizer |

MRC Mission Sets

Mission Set Title: Resiliency (cont'd)

Resource Description: Team of volunteers who can provide behavioral health support in the field (e.g., shelter, family assistance center, reunification center).

Resource Components

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| Deployment Timeline: | <ul style="list-style-type: none"> • Within the jurisdiction - deployment within 24 hours • Outside the jurisdiction - deployment within 48 hours |
| Rotation of Personnel: | <ul style="list-style-type: none"> • Shifts should be within 8-12 hours, and no longer than 12 hours. |
| Pre-Planning Considerations: | <p>Space Requirements</p> <ul style="list-style-type: none"> • Resilience team would need an indoor space (approximately 500 square feet) <p>Support Requirements</p> <ul style="list-style-type: none"> • Interpreters, running water, food • Tables, chairs, privacy curtains • Internet and copiers if available |
| Limiting Factors: | <ul style="list-style-type: none"> • Volunteers should not be deployed for more than two (2) weeks. • Team will need to have food and lodging provided if they are more than one (1) hour from their home. • The team will also need transportation to and from the site (or reimbursement for travel) if the location is more than two (2) hours from their home. When calculating shifts, one must include travel time to and from the site for volunteers. |

Resources:

- Examples of specialized training
 - Psychological First Aid - [PFA Field Operations Guide](#)
 - FEMA [ICS-300](#) - classroom training also required
 - FEMA [ICS-400](#) - classroom training also required
 - FEMA Center for Domestic Preparedness - [Respiratory Protection training](#)
- Examples of Job Action Sheets (JAS)
 - JAS - [Behavioral Health Specialist](#)
 - JAS - [Behavioral Health Team Lead](#)
 - JAS - [Resilience Team Chaplain](#)
 - JAS - [Resilience Team Nurse](#)
- Examples of Just-in-Time Training (JITT)
 - Update on current situation (most recent Situation Report and Incident Action Plan)
 - Demographic information of community
 - Cultural training on community (e.g., [SAMHSA Culture Card](#))
 - Updated information on behavioral health and other resources in the community
 - Facility orientation, if applicable
- Online training
 - Hazmat Awareness training