

Section 3: Use and Care of Masks, Hygiene, and other Personal Protective Measures

Preventing the Spread of COVID-19 in Early Care and Education/ Child Care Programs

A Mitigation Checklist for Providers and Caregivers

Mitigation efforts refer to methods that make it harder for COVID-19 to spread. This checklist, which should be used along with the [Center for Disease Control \(CDC\) updated Guidance for Operating Early Care and Education/Child Care Programs](#), is designed to help your Early Care and Education (ECE) and child care programs reduce the spread of COVID-19 among children, staff, direct service providers, and families. All types of ECE and child care programs (child care centers, home-based and family child care, Head Start, pre-kindergarten, after-school, and summer programs) can use this checklist, which is divided into sections based on different prevention strategies. For more information and resources, please visit the links found at the end of each section.

Directions: This checklist can be completed by any staff person providing child care but is best used if completed by the person(s) with decision-making authority, such as an administrator or director. If you are not the director or other person(s) in charge, ask if they will complete this checklist with you so your staff/team can decide together what potential changes need to be made. Please note that this checklist does not provide a score but serves as a self-evaluation tool. Upon completion, the program administrator or director should contact the appropriate child care consultant or CCR&R to strengthen COVID-19 practices. Child Care Aware of America is also offering technical assistance (TA) and a suite of relevant resources. To request TA, please [click here](#).

Pre-Checklist Screening:

Program Information	
Date of Completion:	
Completed By:	
Person(s) in Charge (Administrator/Director): Staff Person (Support Staff or Classroom Lead):	
Program Name:	
Program County, State:	
Type of child care Program:	a. Home-based or family child care b. Child care center c. Head-Start/Early Head-Start d. Other: _____
Ages of Children Served: (Select all that apply)	a. Less than 1 year of age b. From age 1 up to age 2 c. From age 2 up to age 4 d. From age 4 up to age 5 e. School-aged children
Total number of enrolled children: Center/Building capacity :	

Section 3: Use and Care of Masks, Hygiene, and other Personal Protective Measures

Average number of attending children: <i>(Calculate average over a 4-week period)</i>	
Total number of available classrooms/child-occupied spaces:	
Total number of in-use classrooms/child-occupied spaces:	
Service capacity of your child care facility: <i>(Capacity facility is licensed for)</i>	
Staff Information	
Total Number of: <ul style="list-style-type: none"> • Full-Time Staff: • Part-Time Staff: • Administrative/Office Staff: • Other/Support Staff: 	FT: _____ PT: _____ A/O: _____ Other: _____
Do staff travel between programs/sister-programs or buildings? <i>(If Yes, please describe how often)</i>	
Program Points of Contact (POC) <i>For child care homes and similar smaller ECE spaces, please list as most appropriate.</i>	
COVID-19 Coordinator	Name:
	Email:
	Phone Number:
Facility Maintenance	Name:
	Email:
	Phone Number:
Local Public Health Agency OR <i>child care Consultant</i>	Name:
	Email:
	Phone Number:
State Public Health Agency (<i>Regional Specialist</i>)	Name:
	Email:
	Phone Number:
Community Information	
Are you familiar with using local/state COVID-19 websites to find regularly updated information?	a. Yes b. No
Does your ECE program direct families and staff to a COVID-19 testing facility? <i>(If yes, please provide facility information)</i>	
Additional Information:	

Section 3: Use and Care of Masks, Hygiene, and other Personal Protective Measures

Section 3: Use and Care of Masks, Hygiene, and other Personal Protective Measures

- a. *In accordance with state or local laws*, do all children ages 2 and over wear masks that cover their mouth and nose unless eating, drinking, sleeping, or unable to wear masks for other health and safety reasons?

Yes No Unsure

- b. *In accordance with state or local laws*, do parents, guardians, staff, and other visitors wear masks that cover their mouth and nose the entire time they are in the facility unless eating and/or drinking where appropriate?

Yes No Unsure

- c. Do caregivers teach children handwashing procedures with running warm water for at least 20 seconds?

Yes No Unsure

- d. If soap and water are unavailable, is there hand sanitizer containing at least 60% alcohol readily available to be used in areas that warrant handwashing with adult supervision?

Yes No Unsure

- e. Has it been communicated that children and providers should wash their hands with soap and water at the following key times? (check all that apply)

Arrival at the facility

Before and after preparing food, drinks, or bottles

Before and after eating or handling food, or feeding children

Before and after helping a child put on or adjust their mask

Before and after administering medication or medical ointment

Before and after completing a diaper change

After using the bathroom or assisting a child in the bathroom

After having contact with bodily fluids

After handling garbage or other waste

After touching or removing a mask

Resources & Guidance:

1. Review the [CDC's handwashing](#) guidance.
2. [FDA's safe use of hand sanitizer](#) to keep staff and children safe.
3. [CDC's mask wearing](#) guidance for unvaccinated people.

Appendix: Key Terms and Definitions

Emergency Operations Plan (EOC) – A plan that is developed in collaboration with regulatory agencies and state/local public health departments to describe prevention strategies for public health emergencies such as Covid-19. This plan should:

- describe steps to take when a child or staff member has been exposed to someone with Covid-19, has symptoms of Covid-19, or tests positive Covid-19.
- document policy or protocol differences for people who are fully vaccinated for COVID-19 versus those who are not fully vaccinated.
- consider the range of needs among staff, children, and families, including children’s developmental needs, children with disabilities, children with healthcare needs, and children experiencing homelessness.

Close contact – Any level of contact of less than six (6) feet for a cumulative total of 15 minutes or more over a 24-hour period.

EPA Approved Sanitizer – Alcohol-based sanitizer that contains at least 60% ethanol.

Child Care Health Consultant – An official of the local public health department that works with child care centers and family care homes to assess, plan, implement, and evaluate strategies to achieve high quality, safe, and healthy child care environments by focusing on topics that include, childhood immunizations, childhood nutrition, risk reduction, emergency preparedness, and dental health.

Regional Child Care Health Specialist – An official of the state health department that serves as the primary area (region-specific) child care health consultant.

Cohort – Keeping people together in a small group and having each group stay together throughout an entire day. This strategy is often used to avoid mixing different groups to limit the spread of COVID-19 and potentially isolation or quarantine resulting from a confirmed or suspected case.