

Virtual Training Opportunity: Reducing Stigma Associated with Fetal Alcohol Spectrum Disorders (FASDs)

Are you interested in growing skills to reduce barriers to prevention and create a more supportive community for those impacted by fetal alcohol spectrum disorders (FASDs)? Do you want actionable strategies to reduce stigma that you can implement in your work to promote substance-free pregnancies?

Join us Wednesday, September 16, 2026 from 11am-1pm MDT (1-3pm EST) for **Reducing Stigma Associated with Fetal Alcohol Spectrum Disorders (FASDs)**, an **interactive, two-hour virtual training** presented by the Center for Health and Safety Culture at Montana State University (MSU) in collaboration with the National Association of County and City Health Officials (NACCHO). This engaging training provides the opportunity to interact with other participants via a breakout session and dive into practical approaches for reducing stigma around FASDs.

Please note that this is an **interactive, synchronous** training. Cameras are encouraged to be on, and participants will be asked to actively engage in discussions with others. To maintain an open space for participation, **no recording will be available after the training**. Your participation will enhance the overall experience for everyone!

This important training will empower you with knowledge and tools to understand the stigma surrounding FASDs and steps you can take to reduce stigma when promoting substance-free pregnancies and addressing FASDs. By attending, you'll:

- **Identify** how stigma manifests and the factors that contribute to stigma in the context of FASDs,
- **Recognize** the impact of stigma on individuals and communities,
- **Learn** effective ways to reduce stigma,
- **Gain** actionable strategies to implement in your work to promote substance-free pregnancies and support those impacted by FASDs, and
- **Leave** with clear next steps to continue your work in reducing stigma and promoting change.

This training is perfect for anyone working to promote substance-free pregnancies, including health educators, nurses, substance use prevention professionals, prevention specialists, and local health department staff. Attendees will also have the chance to provide valuable feedback to shape future training sessions.

Register for the training [here](#). Visit the [project website](#) for resources and to learn more about MSU's partnership with NACCHO.

We look forward to seeing you there!