National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention



Think. Test. Treat TB Campaign Overview

February 2023

Agenda

- 1. Introductions
- 2. Tuberculosis background
- *3. Think. Test. Treat TB* campaign overview
- 4. Campaign year one highlights
- 5. Campaign year two activities
- 6. Working together



Tuberculosis (TB) Disease: Only the Tip of the Iceberg There are two types of TB conditions: latent TB infection and TB disease.

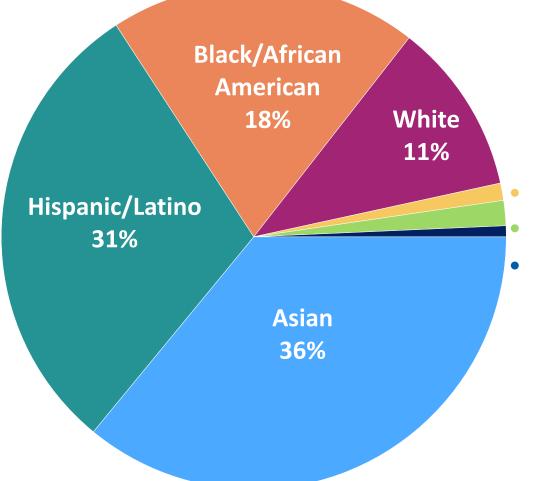
People with TB disease are sick from active TB germs. They usually have symptoms and may spread TB germs to others.

People with latent TB infection do not feel sick, do not have symptoms, and cannot spread TB germs to others.

But, if their TB germs become active, they can develop **TB disease**.

Millions of people in the U.S. have latent TB infection. Without treatment, they are at risk for developing TB disease.

Percentage of TB Cases by Race/Ethnicity,* United States, 2021 (N=7,882)⁺



Most cases occur among non-U.S.-born persons (71%), with the majority identifying as Asian or Hispanic.

American Indian/Alaska Native, 1% Native Hawaiian/Other Pacific Islander, 1%

Multiple race, 1%

*All races are non-Hispanic; multiple race indicates two or more races reported for a person but does not include persons of Hispanic or Latino origin. *Percentages are rounded. Percentages of unknowns/missing are <1% and are not displayed in graph.

Ending TB requires expanding testing and treatment of latent TB infection

- Clinicians, especially those serving populations at risk for TB, have a critical role in TB elimination.
- CDC is engaging with healthcare providers to provide information and education about latent TB infection to increase awareness and encourage testing and treatment.



THINK. TEST. TREAT TB Campaign Overview

The Campaign: Think. Test. Treat TB is the first national multilingual communications campaign to increase testing for LTBI

Public Health Goal: Increase testing and treatment for latent tuberculosis infection (LTBI)

Priority Audiences: Internal and family physicians (MDs, Dos), nurse practitioners (NPs), and physician assistants (PAs) who practice in community-based clinics, HRSA federally qualified health centers (FQHCs), private providers, refugee clinics, and civil surgeons

Communications Objectives:

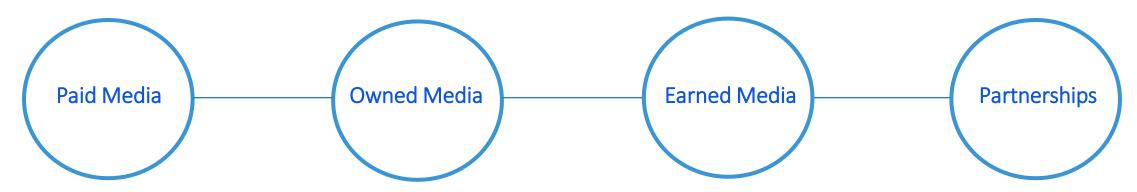
- Raise awareness among HCPs regarding populations most at risk for latent TB infection and risk of infection with TB
- Increase knowledge of treatment for latent TB infection (especially shorter regimens)
- Motivate healthcare providers to test and treat high risk patients





www.cdc.gov/thinktesttreattb

THINK. TEST. TREAT TB: Year One Campaign Activities



- Comprehensive digital, TV, out of home, social and print paid media
- Leveraged trade association partnerships and platforms through cross-device activations layering geo-targeting
- Built campaign website with English and Vietnamese landing pages and a resource database

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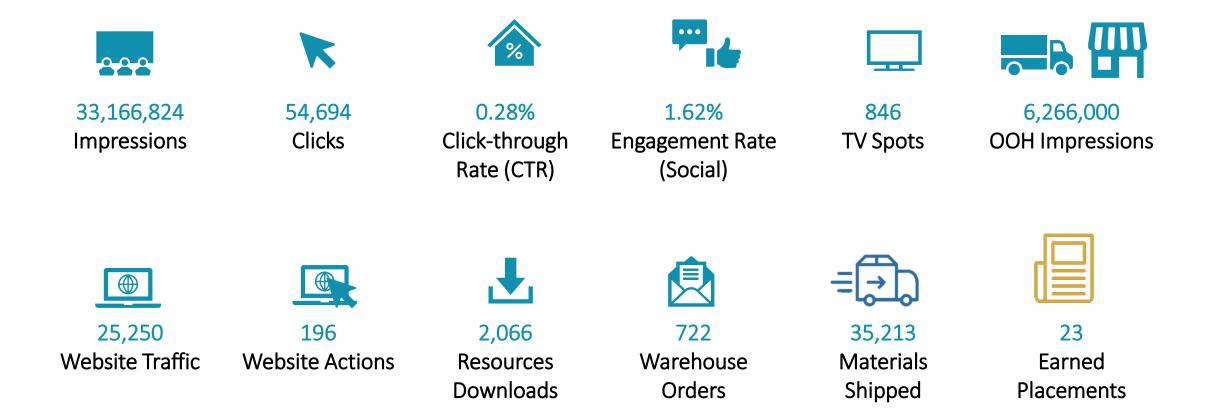
- Leveraged CDC TB Twitter and Facebook to share social posts and shareable graphics
- Conducted World TB Day outreach to share 2021 TB data and announce campaign launch
- Conducted outreach to Asian American media around World TB Day and during Asian American and Pacific Islander Heritage Month featuring local health experts and communitybased organizations
- Developed a partner toolkit with resources in English and Vietnamese

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- Engaged national and local partners
- Launched in-kind placements with digital partners

THINK. TEST. TREAT TB: Year One Campaign Results

The integrated campaign was distributed and amplified across paid, earned and owned channels to both consumers and healthcare providers, exceeding industry benchmarks.



2023 Campaign Strategic Imperatives

- Help healthcare providers understand the urgency of testing in their community
- Elevate the healthcare provider's role in protecting the community from TB
- **Continue to arm providers with patient tools** about latent TB infection to ease the burden of patient education among time-strapped providers
- **Highlight that short and convenient treatments** are now available
- Remind doctors to discuss potential barriers that could disrupt a patient's treatment plan and share community resources that can support patients



2023 Paid Media Strategies

In 2023, we are building on learnings from 2022 to expand our engagement with healthcare providers through increased investment and a revised communication channel mix

- Maintain and increase a mix of partners and provider platforms (ex: Medscape, American Family Physician)
- **Continue larger investment** in specific geographic markets (ex: areas with high TB incidence)
- Evolve email strategy and test new partners (ex: Bulletin Healthcare)
- Increase overall reach and efficiency (ex: programmatic advertising)
- Introduce new formats like in-feed ("native") ads



2023 Paid Media Partnerships

We are tapping into a diverse mix of digital channels that aims to reach healthcare provider audiences across multiple digital touch points.

Paid efforts will work to increase knowledge around latent TB infection, encourage healthcare providers to learn more on the CDC website and, ultimately, motivate them to test and treat their high-risk patients.





Think. Test. Treat TB Creative Materials

- Public Service Announcement video (ENG & VIET)
- Print Advertisements
- Digital Ads
- Education Materials





Education Materials

- Clinic Poster
- Fact Sheets
- Conversation Guides
- Materials in Chinese, English, Ilocano, Marshallese, Spanish, Tagalog, and Vietnamese
- Available for download or order through the CDC Warehouse

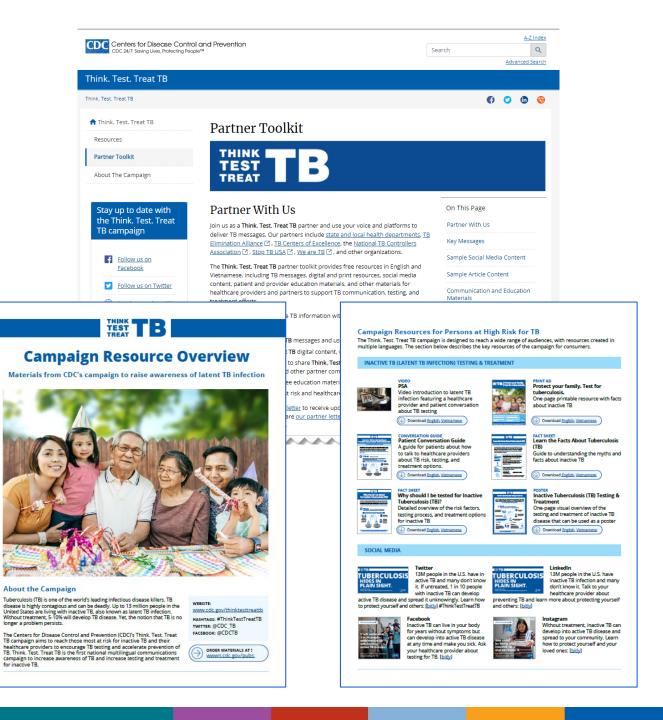
Inactive Tuberculosis (TB) TEST B **Testing & Treatment** Why should I be tested Up to 13 million people in the United States may have inactive TB for Inactive Tuberculosis (TB)? (also called latent TB infection). Without treatme inactive TB will get sick with active TB disease. others through the air. You can help preve Tuberculosis, or TB disease, is highly contagious and can be deadly. TB germs can live in your **Think** Am I at risk for TB infe body for years without causing symptoms. This is called inactive TB or latent TB infection. Without Learn the Facts About Tuberculosis (TB) Talk to your healthcare provider about gett treatment, inactive TB can become active TB disease at any time and make you sick. Once TB becomes active, it can spread from person to person through the air. Getting tested and treated for inactive TB can protect yourself, your family and friends, and your community. Understanding TB can help protect yourself, your family, and your community Think Are you at risk for TB infection? Tuberculosis (TB) is a complicated health issue and is often misunderstood. TB can live in your body for years without symptoms. This is called inactive TB or latent TB infection. Millions of people in the United States have inactive TB but don't know it. Inactive TB can become active TB disease at any time and make you sick. It is estimated that up to 13 million people in the United States live with inactive TB, which if left Anyone can get TB, but you have a higher risk for TB if you: untreated can develop into active TB disease. Learn the facts and ask your healthcare provider about testing for TB infection. with someone who has active TB disea: When most people think of TB, they think about symptoms like FACT. coughing and difficulty breathing. While this is true for active TB TB germs can remain B do not have any symptoms and know for sure if vo nune syster TEST TB se of certai TEST TB ith inactive TB will get th condition ead to others and can b h as diabetes How Do I Talk to My Healthcare ctive TB disease is much Talking with Your Patients about ne systems or those w Provider about Inactive Tuberculosis (TB)? Latent Tuberculosis (TB) Infection A Conversation Guide for Patients e air when someone ngs. People nearby may b A Conversation Guide for Healthcare Providers accine (also fected ver time. Tuberculosis (TB) germs can live in your body for years without causing symptoms. This is called inactive TB or latent TB infection. Inactive TB can become active TB disease at anytime Tuberculosis (TB) remains an important preventable disease in the United States. It is estimated touching bed linens of and make you sick. Once inactive TB becomes active TB disease. TB can spread from person that up to 13 million people in the United States live with latent TB infection (sometimes also called sharing food, drink, o to person through the air. Starting a conversation with your doctor is the first step to inactive TB). Because latent TB infection can develop into active TB disease, patients can become protecting your family, friends, and community from this highly contagious disease. very sick and may unknowingly spread TB to others, including friends, family, or healthcare workers. Here are some tips for talking with your healthcare provider about inactive TB during se who have spent time Testing and treating latent TB infection is a critical step to eliminating TB disease in the your next visit. as a family member, frier United States and protecting your community. As a trusted source of health information in your community, it's important to initiate a conversation about latent TB infection and TB disease with your patients since there may be a lack of awareness about or stigma associated with these conditions. hink Discuss Your Risk Here are 4 tips to start the conversation: TB is a leading cause of deaths worldwide, and too many people still suffer from TB in the United States. There are several risk factors for TB so it's important to talk with your healthcare provider about your risk. Introduce TB & Explain Latent TB Infection and TB Disease ne can get TB, but you have a higher risk for TB if you: People with TB can be found in every state; where we work, where we live, where we learn, and where we spend cently spent time time with family and friends. has active TR disease Latent TB infection is a condition in which a person is infected with the TB bacteria but does not currently have have a weake active TB disease. People with latent TB infection do not your patients about nmune system cause of certai have signs and symptoms of TB disease and cannot spread latent TB infection and medications or TB bacteria to others. However, if these bacteria become those in Asia, Africa TB disease since many active and multiply, latent TB infection can develop into ich as diabete people may not be TB disease. Once active, TB can be spread from person to familiar with or have person through the air. certain misconception about these conditions Latent TB infection can be treated to prevent TB disease k in places with high ris for TB transmission, such as roup settings where TE Here are some auick However, if left untreated, it can develop into active TB ospitals, homeless shelter mon, such a facts you can share: tional facilities, an disease which can be fatal and can spread to others. prisons, or iail including friends and family.

https://www.cdc.gov/thinktesttreattb/partnerToolkit

Think. Test. Treat TB Think. Test. Treat TB f Think, Test, Treat TB Partner Toolkit Resources THINK Partner Toolkit TEST About The Campaign TREAT Partner With Us On This Page Stay up to date with the Think. Test. Treat Partner With Us Join us as a Think. Test. Treat TB partner and use your voice and platforms to **TB** campaign deliver TB messages. Our partners include state and local health departments, TB Key Messages Elimination Alliance 🖸 , TB Centers of Excellence, the National TB Controllers Association C, Stop TB USA C, We are TB C, and other organizations. Sample Social Media Content Follow us on The Think. Test. Treat TB partner toolkit provides free resources in English and Facebook Sample Article Content Vietnamese, including TB messages, digital and print resources, social media Follow us on Twitter content, patient and provider education materials, and other materials for Communication and Education healthcare providers and partners to support TB communication, testing, and Materials treatment efforts. In addition to the partner toolkit, a Campaign Resource Read more about TB Overview 📙 [PDF – 2 MB] provides a list of materials available for download and from the CDC CDC Letter print. Use these resources to share TB information with your partners. Examples include: Subscribe to get TB Post Think. Test. Treat TB messages and use the hashtag #ThinkTestTreatTB on social media.

Partner Toolkit

- Key Messages
- Social Media
- Sample Article Content
- Communication and Education Materials
- Partner Letter
- Campaign ResourceOverview



Timeline; New Assets Soon Available

Early March	New assets available:
	 Social media assets and copy for World TB Day
	 Social media assets and copy for AAPI Heritage Month
	Partner toolkit to be updated with new social media assets and copy, delivered to
	partners in advance of campaign launch for partners' awareness and preparation
Monday, March 20	Campaign Launch
	Partners encouraged to post social media assets and copy this week, including
	new World TB Day asset
Friday, March 24	World TB Day
	Partners encouraged to post social media assets and copy, including new World
	TB Day asset
Мау	Asian American and Pacific Islander Heritage Month
	Partners encouraged to post social media assets and copy, including new AAPI
	Heritage Month asset this month

How your Organization can help Think. Test. Treat TB

- Use information and resources from the Partner Toolkit to share with your networks
- Amplify campaign-related content from @CDC_TB (Twitter) and @CDCTB (Facebook)
- Download/order patient education materials



Start the conversation about TB testing in your office. **Prevent TB in** your community.



www.cdc.gov/thinktesttreattb

Contact Email: tbinfo@cdc.gov

For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



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