### Intra- and Interpersonal Shared Risk and Protective Factors
- Physical abuse
- Sexual abuse
- Emotional abuse
- Parental separation or divorce
- Emotional neglect
- Physical neglect
- Physical or intellectual disability
- Family history of trauma
- Familial support
- Educational attainment
- Access to basic needs
- Resiliency
- Self-efficacy
- Spirituality
- Violence in the household
- Substance misuse in household
- Mental illness in household
- Parental incarceration

### Community, Social, and Structural Shared Risk and Protective Factors
- Financial challenges (e.g., unemployment)
- Housing instability
- Food insecurity
- Providing social support
- Providing extracurricular activities
- Reducing the stigma associated with help-seeking behaviors
- Enhancing health equity and addressing disparities
- Teaching life skills (e.g., effective coping strategies and problem-solving skills)
- Access to quality medical care and mental health services
- Availability of lethal means (e.g., firearms or medications)

### Identified Shared Risk and Protective Factors:

1. 
2. 
3. 
4. 
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20.
Evidence-Based Strategies
Importance and Changeability of Shared Risk and Protective Factors

For each identified risk and protective factor, consider its importance and changeability. Replicate this process for each factor your team has recognized as relevant to your community.

How much does this risk or protective factor contribute to the intersection of suicide, overdose, and ACEs in our community?

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________________________________________________________________________
________________________________________________________________________

How relevant is this issue for the population of focus?

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If we were to address this risk or protective factor, would any other risk or protective factors be impacted? Which ones?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Evidence-Based Strategies
Importance and Changeability of Shared Risk and Protective Factors

Changeability
Are we ready to address this risk or protective factor?

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Do we have the resources to address this risk or protective factor?

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Are there any evidence-based strategies to address this risk or protective factor?

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How long do we think we would need to see change in this risk or protective factor?

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________________________________________________________________________
Based on your answers, plot these shared risk and protective factors in the grid below.

Pay closest attention to those shared factors that have **high importance and high changeability**. Next, look at the factors that have **high importance and low changeability**, as the focus may need to be on increasing LHD or community capacity to address this issue. Finally, consider **low importance/high changeability** factors, as these may provide your staff and/or community with a “win”, and provide opportunities to build awareness, support, and capacity to tackle more important factors in the future.

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