



## Evidence-Based Strategies

# Finding the best evidence-based strategy for your community and identified its needs

Use this checklist to assess whether potential strategies area good fit.

Potential Strategy: \_\_\_\_\_  
\_\_\_\_\_

What gap/need do you hope it will address? \_\_\_\_\_  
\_\_\_\_\_

Considerations	Yes	No
Is it evidence-based?		
» Have you found peer-reviewed articles (e.g., research studies, meta analyses, literature reviews with outcome study findings)		
» Have you found evaluation reports or federal reports that speak to the strategy's impact on the risk or protective factor?		
Has this strategy produced positive outcomes for individuals like those in your population of focus?		
Does this strategy address prevention at the primary level?		
» The secondary level?		
» The tertiary level?		



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Considerations	Yes	No
Will this strategy impact at least one of the shared risk or protective factors you identified as high importance/high changeability, high importance/low changeability, or low importance/high changeability?		
Is this strategy culturally appropriate for your community?		
Is this strategy practical? Does your LHD and/or community have the resources (staff, training, financial, time/energy) to support this strategy?		
Is this strategy in line with the priorities identified by the leadership in your LHD and community?		
Does this strategy build upon any prevention strategies you have already implemented in your community?		
» Which ones?		
» How will this improve what is already offered?		

### Have you answered yes to the questions above?

» **Yes:** This strategy may be a good fit to meet your community's identified needs. Continue with the checklist.

» **No:** Consider learning more about the strategy's effectiveness and approach or choose another strategy and then return to these questions. If your responses are still no, this strategy is not likely a good fit to meet your community's identified needs.

What other questions does your team have about this strategy? \_\_\_\_\_

### Who else should you involve in this discussion?

• Existing Partners: \_\_\_\_\_

• Potential Partners/Other community organizations: \_\_\_\_\_

• Community members: \_\_\_\_\_

• Members with lived experience: \_\_\_\_\_