

# 5 STEPS

## FOR SAFE BLOOD GLUCOSE MONITORING

1

### PERFORM HAND HYGIENE

USE AN ALCOHOL-BASED HAND RUB OR WASH WITH SOAP AND WATER.



2

### WEAR GLOVES

WEAR GLOVES DURING ANY PROCEDURE THAT INVOLVES POTENTIAL EXPOSURE TO BLOOD OR BODY FLUIDS.



3

### USE A NEW FINGERSTICK DEVICE

FINGERSTICK DEVICES SHOULD **NEVER** BE USED FOR MORE THAN ONE PERSON.



4

### REMOVE GLOVES AND PERFORM HAND HYGIENE

CHANGE GLOVES BETWEEN PATIENT CONTACTS. DISCARD GLOVES IN APPROPRIATE RECEPTACLES. PERFORM HAND HYGIENE IMMEDIATELY AFTER REMOVING PPE.



5

### CLEAN AND DISINFECT THE METER

THE METER SHOULD BE CLEANED AND DISINFECTED AFTER **EVERY** USE ACCORDING TO THE MANUFACTURER'S INSTRUCTIONS. IF A MANUFACTURER DOES NOT SPECIFY HOW THE METER SHOULD BE CLEANED AND DISINFECTED, THEN IT SHOULD **NOT BE SHARED**.

