

DON'T GET CAUGHT RED-HANDED!



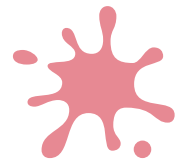
Cleaning your hands is one of the most effective and important infection prevention actions, but it only works when done right!

ARE YOU UP TO THE CHALLENGE?

Compete against your colleagues or just test your own skills! Are you a hand hygiene pro?



CAUGHT RED HANDED FACILITATOR GUIDE



PURPOSE

Demonstrate effective hand hygiene and safe glove removal (doffing).

SUPPLIES


- Red, washable, poster paint. (Other colors can be used as long as they show up brightly against the gloves you will be using.)
- Assorted sizes of disposable examination gloves.


INSTRUCTIONS


1. Have participants put on (don) gloves, then squirt about 5mL of paint into each participant's hand.
2. Have participants close their eyes and rub their gloved hands as if they were washing their hands at a sink or rubbing in alcohol-based hand sanitizer. Time for 20 seconds.
3. At the end of 20 seconds, instruct participants to stop and open their eyes. Look to see what spots they missed.
4. Ask participants to remove (doff) the gloves. Observe doffing process for potential contamination. Did anyone get caught red-handed?
5. As a final step, remind participants that glove use is not a substitute for cleaning their hands. Gloves do not provide 100% protection against germs and hand hygiene should always be performed after the removal of gloves.



FACILITATOR TIPS

 Make it fun! Consider having staffing compete against each other to see whose hand hygiene skills are the best.

 Highlight commonly missed areas: the thumbs, fingertips, and between fingers.

 Review process for safe doffing of gloves. Refer to facility policy or CDC's PPE Sequence poster.

